

SMALL PLATES  
Perfect with Prosecco!♥

3 for £14.00 / 5 for £20.00

BREAD AND OLIVES (V) Crusty bread and mixed olives	4.99
SOUTHERN-FRIED CHICKEN GOUJONS With sticky BBQ sauce	6.49
PANKO-CRUMBED CALAMARI STICKS With lemon mayo	6.49
GARLIC BREADED MUSHROOMS (V) With garlic mayo	5.99
CHICKEN WINGS Coated in sticky BBQ or peri-peri sauce	6.49
PROSECCO PRAWN COCKTAIL Crispy coated filo king prawns with Prosecco cocktail sauce and cucumber ribbons	6.49
MARGHERITA ARANCINI (V) Crispy coated rice balls, filled with red pepper, tomato and melted cheese, served with peri-peri mayo	6.49
CHICKEN & CHORIZO CROQUETTES Three crispy bites, with a smoky chicken & chorizo filling, served with peri-peri sauce	6.49
STEAMED BUNS Bao steamed buns with your choice of filling: <b>Jackfruit in a sticky BBQ sauce (VG)</b> <b>Shredded shawarma chicken with sour cream</b> <b>Slow-cooked beef in a smoky sweet BBQ sauce</b>	6.49

TOSTADAS

TOPPED WITH...

BBQ CHICKEN, BACON AND CHEESE	9.49
SHREDDED SHAWARMA CHICKEN With guacamole, sour cream and red pepper drops	9.99
SMOKY SOYA SLOPPY JOE (VG) With vegan bacon-flavoured crumb, Violife grated mature, onion, peppers and vegan mayo	9.99



SHAREERS

Fab with a cocktail tree



S&L Sharer

S&L SHARER It's our fave! BBQ slow-cooked beef sliders, Carolina-style BBQ-glazed riblets, chicken wings, garlic bread strips, beer-battered onion rings, crudites, fries and dips, including vodka Bloody Mary sauce. (Presentation may vary)	15.99
CHEESY-TOPPED NACHOS (V) Crunchy nachos topped with grated cheese, guacamole, tomato salsa, sour cream and jalapeños	9.99
QUINOA CHILLI NACHOS (VG) Crunchy nachos topped with butternut squash & black bean quinoa chilli, Violife grated mature, guacamole, tomato salsa, vegan mayo and jalapeños	11.49
CHICKEN FEAST WITH FRIENDS Southern-fried chicken goujons, beer-battered onion rings, sticky BBQ chicken & cheese sliders, crispy chicken wings and chicken & chorizo bites, served with fries, garlic bread strips and dips	14.99
VEGAN FEAST WITH FRIENDS (VG) Smoky soya sloppy joe-topped nachos, baked falafel bites, sticky BBQ Jackfruit steamed buns, olives and flatbread topped with a vegan bacon-flavoured crumb and Violife grated mature - with a selection of dips, including vodka Bloody Mary sauce	14.49
FEAST WITH FRIENDS Southern-fried chicken goujons, breaded mushrooms, Margherita arancini, shredded shawarma chicken-topped nachos, beer-battered onion rings, garlic bread strips, fries and a selection of dips, including vodka Bloody Mary sauce	14.99

♥ Share the Love

SIDES

FLAVOURED FRIES Almond pesto and Italian hard cheese (V) Italian hard cheese and streaky bacon	4.99
FRIES AND GARLIC MAYO (V)	3.99
CHIPS AND GARLIC MAYO (V)	3.99
SWEET POTATO FRIES AND GARLIC MAYO (V)	4.99
GARLIC BREAD STRIPS (V)	3.99
BUTTERY MASH (V)	3.99
SIDE SALAD (VG) Mixed leaves with a lemon & olive oil dressing, cucumber, onion, avocado, peppers, soya beans and tomatoes, finished with omega and sesame seeds	3.99
BEER-BATTERED ONION RINGS (V)	3.99
SEASONAL VEG (V)	3.99

£6 LUNCH

AVAILABLE MON-FRI, UNTIL 4PM

- HALLOUMI & AVOCADO SANDWICH OR WRAP (V)
- SOUTHERN-FRIED CHICKEN SANDWICH OR WRAP
- CHILLI CON CARNE AND RICE
- CHICKEN & BACON SALAD
- FISH FINGER SANDWICH OR WRAP
- QUINOA CHILLI (VG)
- BREADED SCAMPI

Let's do Lunch



OPEN SANDWICHES

RED PEPPER HOUMOUS (VG) Toasted farmhouse bread topped with houmous, quinoa, chickpea & butternut squash salad, avocado, slow-roasted tomatoes and olives - served with topped nachos	8.99
CRAYFISH AND KING PRAWNS Toasted farmhouse bread topped with crayfish in a Prosecco cocktail sauce, finished with cucumber ribbons and crispy coated filo king prawns - served with fries	8.99
SHREDDED SHAWARMA CHICKEN Toasted farmhouse bread topped with sour cream, shredded shawarma chicken, cucumber ribbons, mixed leaves and spring onion - served with fries	8.49



SANDWICHES & WRAPS

ALL OF OUR SANDWICHES ARE SERVED ON YOUR CHOICE OF A WHITE OR MULTISEED ARTISAN SUB OR IN A WHEATBRAN WRAP - AND SERVED WITH FRIES

CHICKEN, BACON & STICKY BBQ CHEESE MELT	8.99
CHICKEN, BACON AND AVOCADO With lettuce, tomato and mayo	9.49
HALLOUMI AND AVOCADO (V) With tomato, mixed leaves and mayo	9.49
SOUTHERN-FRIED CHICKEN With grated cheese, tomato, mixed leaves and mayo	8.49
RUMP STEAK Grilled rump steak, topped with sautéed onion, melting mozzarella and Cheddar, mixed leaves and sticky BBQ sauce	9.99
FISH FINGER Hand-battered cod goujons with mixed leaves and tartare sauce	8.99

SWAP FRIES FOR SWEET POTATO FRIES (V) OR FLAVOURED FRIES FOR 1.49

- Almond pesto and Italian hard cheese (V)
- Italian hard cheese and streaky bacon

Full allergen information is available, on request, from a team member.

# MAINS

<b>FISHCAKE SALAD</b> Smoked haddock, spinach & Cheddar melt-in-the-middle breaded fishcakes, served on a bed of mixed leaves tossed in a lemon & olive oil dressing, cucumber, onion, avocado, peppers, soya beans and tomatoes, finished with omega and sesame seeds	11.99	<b>CUMBERLAND SAUSAGES AND MASH</b> Three pork sausages, buttery mash, peas and sautéed onion & red wine gravy	8.99
<b>SMOTHERED CHICKEN</b> Chicken breast topped with streaky bacon, melting mozzarella, Cheddar and a sticky BBQ sauce, served with chips, beer-battered onion rings, peas and grilled tomato	10.49	<b>CHILLI CON CARNE AND RICE</b> Served with nachos, sour cream and tomato salsa	8.99
<b>SUPER MIXED SALAD (VG)</b> Mixed leaves tossed in a lemon & olive oil dressing with cucumber, onion, avocado, peppers, soya beans and tomatoes, finished with omega and sesame seeds	8.49	<b>PESTO LINGUINE (VG)</b> Linguine pasta bound in almond pesto with wilted spinach, slow-roasted tomatoes and sautéed mushrooms	10.49
<b>With southern-fried chicken and bacon 10.49</b> <b>With 10oz rump steak 13.49</b>		<b>CHICKEN, PANCETTA &amp; BRIE PIE</b> In a white wine sauce, topped with a puff pastry lid and served with buttery mash, seasonal veg and red wine gravy	11.49
<b>BATTERED COD AND CHIPS</b> Hand-battered cod fillet, chips, tartare sauce and your choice of peas or mushy peas	11.99	<b>QUINOA CHILLI (VG)</b> Butternut squash & black bean quinoa chilli, served with spicy rice, nachos, guacamole, salsa and vegan mayo	9.49
<b>HALLOUMI AND CHIPS (V)</b> Hand-battered halloumi, chips, tartare sauce and your choice of peas or mushy peas	11.49	<b>THAI CURRY (VG)</b> Coconut curry with cauliflower, green beans, mangetout and peppers, served with basmati rice	9.99
<b>BREADED SCAMPI</b> With chips, tartare sauce and your choice of peas or mushy peas	9.99	<b>BUTTERNUT SQUASH LASAGNE (V)</b> With spinach, goat's cheese and roasted tomatoes, served with garlic bread strips and a mixed side salad	9.49
<b>SMOKED CHEEZE &amp; BEETROOT TART (VG)</b> A vegan cheese filling with a butternut squash & onion chutney, encased in a beetroot pastry tart, with a quinoa, chickpea, butternut squash, soya bean & sesame seed side salad	11.99	<b>CHICKEN TIKKA MASALA</b> With basmati rice, sour cream and a naan bread	9.99
<b>LASAGNE</b> Our lasagne is made with minced beef and pork, in a red wine ragù sauce with smoked bacon, served with garlic bread strips and a mixed side salad	9.49	<b>10oz RUMP STEAK</b> With fries, grilled tomato, beer-battered onion rings and button mushrooms – just tell us how you like it!	13.49
		<b>Add crispy coated filo king prawns 2.99</b> <b>Add panko-crumbed calamari sticks 2.99</b> <b>Add peppercorn sauce 2.49</b>	

## GUILT FREE under 700 kcal

<b>QUINOA, CHICKPEA &amp; BUTTERNUT SQUASH SALAD (VG)</b> Served on a bed of lemon & olive oil mixed salad leaves, with soya beans, omega and sesame seeds and roast baby potatoes	10.49
<b>CHICKEN FILLET BURGER AND SALAD</b> Grilled chicken breast in a glazed soft bun, served with our mixed side salad	11.49
<b>SUPER MIXED SALAD (VG)</b> Mixed leaves tossed in a lemon & olive oil dressing with cucumber, onion, avocado, peppers, soya beans and tomatoes, finished with omega and sesame seeds	8.49
<b>With chicken and bacon 10.49</b> <b>With grilled salmon 12.49</b>	



Enjoy with our natured low-alcohol wines

# BURGERS

**ALL OF OUR BURGERS ARE SERVED IN A SOFT GLAZED BUN, WITH BURGER SAUCE, KETCHUP, LETTUCE, CHOPPED PICKLE AND ONION – WITH FRIES AND A STICKY BBQ DIP, UNLESS OTHERWISE STATED**

<b>CHEESE &amp; BACON BEEF BURGER</b> Beef burger topped with a burger cheese slice and streaky bacon	11.49
<b>Upgrade to smoky burger patty 1.99*</b>	
<b>SMOKY BEEF BURGER**</b> Our smoky beef burger packed with flavoursome chuck and brisket, topped with burger cheese slices, streaky bacon and slow-cooked beef in a smoky sweet BBQ sauce	13.49
<b>SOUTHERN-FRIED CHICKEN BURGER</b> Topped with a burger cheese slice, streaky bacon and sticky BBQ sauce	11.99
<b>SMOTHERED CHICKEN BURGER</b> Chicken breast topped with a burger cheese slice, streaky bacon and sticky BBQ sauce	11.49
<b>CHIPOTLE BEAN BURGER (V)</b> BBQ chipotle quinoa, smoked Cheddar, red pepper and sweetcorn – in a breadcrumb coating	10.49
<b>REUBEN BURGER*</b> Beef burger topped with slow-cooked beef rib, a burger cheese slice and French's® mustard	11.99
<b>Upgrade to smoky burger patty 1.99**</b>	
<b>MOVING MOUNTAINS® B12 BURGER (VG-M)*</b> Plant-based meat-free burger, layered with red pepper houmous, lettuce, smoky soya sloppy joe and Violife grated mature, between a toasted sesame seed beetroot bun – served with vodka Bloody Mary dip and topped nachos	12.49



## BURGER & A DRINK £9

**MON & TUE, ALL DAY**

\*£1 supplement, \*\*£2 supplement  
Choose a glass of house wine (175ml), Amstel (pint), a Coke Zero, Diet Coke or Schweppes lemonade (Coca-Cola is subject to a 15p sugar-tax surcharge, per drink.)

**SWAP FRIES FOR SWEET POTATO FRIES (V) OR FLAVOURED FRIES FOR 1.49**

**ADD ANOTHER PATTY OR CHICKEN BURGER FOR 1.99**

## BURGER TOPPERS

<b>STREAKY BACON</b>	1.49	<b>MUSHROOMS (VG)</b>	99P
<b>SLOW-COOKED BEEF</b>	1.99	<b>BEER-BATTERED ONION RINGS (V)</b>	99P
<b>BURGER CHEESE SLICE (V)</b>	99P	<b>SMOKY SOYA SLOPPY JOE (VG)</b>	1.99
<b>FRIED EGG (V)</b>	99P	<b>HALLOUMI (V)</b>	1.99
<b>JALAPEÑOS (VG)</b>	99P		



## DESSERTS = 79p

**Any 3 for £7.00**

<b>WARM BROWNIE BITES (V)</b> With chocolate-flavoured sauce and strawberries	2.99	<b>WARM MINI CHURROS (V)</b> With caramel and chocolate-flavoured dipping sauces	2.99
<b>BAILEYS PROFITEROLES (V)</b> Boozy and served with chocolate-flavoured sauce	2.99	<b>PORNSTAR ETON MESS (V)</b> Two mini shots of layered whipped cream, meringue and a Prosecco, vodka, mango & passion fruit compote	2.99
<b>SALTED CARAMEL BITES (VG-M)</b> With chocolate-flavoured sauce	2.99	<b>MACARINGUES (V)</b> What's the cross between a macaron and a meringue? A macaringle! Deliciously sandwiched with whipped cream	2.99
<b>BLACKCURRANT MOUSSE BAR (VG)</b> With raspberry coulis	2.99		
<b>LIMONCELLO DRIZZLE SPONGE (V)</b> Zesty sponge served warm with raspberry coulis	2.99		

Please give us your feedback – for details, log on to: [www.lettucesknow.co.uk](http://www.lettucesknow.co.uk). **Do you have any allergies?** Full allergen information is available for all dishes – please ask a team member before ordering food and drinks, as menus do not list all ingredients. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee separation of allergens or that products are 100% free from allergens, owing to cross-contamination, as we do not have specific allergen-free zones in our kitchens. Even if you have eaten a dish previously, please inform staff of any food allergies, before placing your order, so that every kitchen precaution may be taken to prevent cross-contamination. We cannot guarantee that any dishes are free from nut traces. Fish and poultry dishes may contain bones. All weights are approximate uncooked. 50% off-food offer (not in conjunction with any other offer) will be removed from bars on bank holiday weekends and on 25/12/19 and 1/1/20. Prices are in pounds sterling and include VAT, at the current rate. We accept Delta, Maestro, MasterCard and Visa. Our waiters receive all cash tips. For credit-card tips, an 8% charge is deducted to cover processing costs. Slug & Lettuce does not profit from this charge. All menu items are subject to availability. Images are for illustrative purposes only. Management reserves the right to withdraw/change offers (without notice), at any time. We thank you for your custom and hope that you have enjoyed our Slug & Lettuce dishes. For more information, please visit our website, where you can subscribe to our newsletters and receive the latest offers and updates from the S&L team. You can also reserve tables, check further details from our allergy information link and download our menu online: [www.slugandlettuce.co.uk](http://www.slugandlettuce.co.uk)

Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (V) Suitable for vegetarians. (VG) Suitable for vegans. (VG-M) Suitable for vegans, yet may contain traces of milk and/or egg.