

SMALL PLATES
Perfect with Prosecco!♥

3 for £11.00 / 5 for £17.00

BREAD AND OLIVES (V)	3.49
Crusty bread and mixed olives	
SOUTHERN-FRIED CHICKEN GOUJONS	4.99
With sticky BBQ sauce	
PANKO-CRUMBED CALAMARI STICKS	4.99
With lemon mayo	
GARLIC BREADED MUSHROOMS (V)	4.49
With garlic mayo	
CHICKEN WINGS	4.99
Coated in sticky BBQ or peri-peri sauce	
PROSECCO PRAWN COCKTAIL	4.99
Crispy coated filo king prawns with Prosecco cocktail sauce and cucumber ribbons	
MARGHERITA ARANCINI (V)	4.99
Crispy coated rice balls, filled with red pepper, tomato and melted cheese, served with peri-peri mayo	
CHICKEN & CHORIZO CROQUETTES	4.99
Three crispy bites, with a smoky chicken & chorizo filling, served with peri-peri sauce	
STEAMED BUNS	4.99
Bao steamed buns with your choice of filling:	
Jackfruit in a sticky BBQ sauce (VG)	
Shredded shawarma chicken with sour cream	
Slow-cooked beef in a smoky sweet BBQ sauce	

TOSTADAS

TOPPED WITH...

BBQ CHICKEN, BACON AND CHEESE	7.99
SHREDDED SHAWARMA CHICKEN	8.49
With guacamole, sour cream and red pepper drops	
SMOKY SOYA SLOPPY JOE (VG)	8.49
With vegan bacon-flavoured crumb, Violife grated mature, onion, peppers and vegan mayo	



SHAREERS

Fab with a cocktail tree



S&L Sharer

S&L SHARER	14.49
It's our fave! BBQ slow-cooked beef sliders, Carolina-style BBQ-glazed riblets, chicken wings, garlic bread strips, beer-battered onion rings, crudites, fries and dips, including vodka Bloody Mary sauce. (Presentation may vary)	
CHEESY-TOPPED NACHOS (V)	8.49
Crunchy nachos topped with grated cheese, guacamole, tomato salsa, sour cream and jalapeños	
QUINOA CHILLI NACHOS (VG)	9.99
Crunchy nachos topped with butternut squash & black bean quinoa chilli, Violife grated mature, guacamole, tomato salsa, vegan mayo and jalapeños	
CHICKEN FEAST WITH FRIENDS	13.49
Southern-fried chicken goujons, beer-battered onion rings, sticky BBQ chicken & cheese sliders, crispy chicken wings and chicken & chorizo bites, served with fries, garlic bread strips and dips	
VEGAN FEAST WITH FRIENDS (VG)	12.99
Smoky soya sloppy joe-topped nachos, baked falafel bites, sticky BBQ Jackfruit steamed buns, olives and flatbread topped with a vegan bacon-flavoured crumb and Violife grated mature - with a selection of dips, including vodka Bloody Mary sauce	
FEAST WITH FRIENDS	13.49
Southern-fried chicken goujons, breaded mushrooms, Margherita arancini, shredded shawarma chicken-topped nachos, beer-battered onion rings, garlic bread strips, fries and a selection of dips, including vodka Bloody Mary sauce	

♥ Share the Love

SIDES

FLAVOURED FRIES	3.49
Almond pesto and Italian hard cheese (V)	
Italian hard cheese and streaky bacon	
FRIES AND GARLIC MAYO (V)	2.49
CHIPS AND GARLIC MAYO (V)	2.49
SWEET POTATO FRIES AND GARLIC MAYO (V)	3.49
GARLIC BREAD STRIPS (V)	2.49
BUTTERY MASH (V)	2.49
SIDE SALAD (VG)	2.49
Mixed leaves with a lemon & olive oil dressing, cucumber, onion, avocado, peppers, soya beans and tomatoes, finished with omega and sesame seeds	
BEER-BATTERED ONION RINGS (V)	2.49
SEASONAL VEG (V)	2.49

£5 LUNCH

AVAILABLE MON-FRI, UNTIL 4PM

- HALLOUMI & AVOCADO SANDWICH OR WRAP (V)
- SOUTHERN-FRIED CHICKEN SANDWICH OR WRAP
- CHILLI CON CARNE AND RICE
- CHICKEN & BACON SALAD
- FISH FINGER SANDWICH OR WRAP
- QUINOA CHILLI (VG)
- BREADED SCAMPI

Let's do lunch



OPEN SANDWICHES

RED PEPPER HOUMOUS (VG)	7.49
Toasted farmhouse bread topped with houmous, quinoa, chickpea & butternut squash salad, avocado, slow-roasted tomatoes and olives - served with topped nachos	
CRAYFISH AND KING PRAWNS	7.49
Toasted farmhouse bread topped with crayfish in a Prosecco cocktail sauce, finished with cucumber ribbons and crispy coated filo king prawns - served with fries	
SHREDDED SHAWARMA CHICKEN	6.99
Toasted farmhouse bread topped with sour cream, shredded shawarma chicken, cucumber ribbons, mixed leaves and spring onion - served with fries	



SANDWICHES & WRAPS

ALL OF OUR SANDWICHES ARE SERVED ON YOUR CHOICE OF A WHITE OR MULTISEED ARTISAN SUB OR IN A WHEATBRAN WRAP - AND SERVED WITH FRIES

CHICKEN, BACON & STICKY BBQ CHEESE MELT	7.49
CHICKEN, BACON AND AVOCADO	7.99
With lettuce, tomato and mayo	
HALLOUMI AND AVOCADO (V)	7.99
With tomato, mixed leaves and mayo	
SOUTHERN-FRIED CHICKEN	6.99
With grated cheese, tomato, mixed leaves and mayo	
RUMP STEAK	8.49
Grilled rump steak, topped with sautéed onion, melting mozzarella and Cheddar, mixed leaves and sticky BBQ sauce	
FISH FINGER	7.49
Hand-battered cod goujons with mixed leaves and tartare sauce	

SWAP FRIES FOR SWEET POTATO FRIES (V) OR FLAVOURED FRIES FOR 1.49

- Almond pesto and Italian hard cheese (V)
- Italian hard cheese and streaky bacon

Full allergen information is available, on request, from a team member.

MAINS

FISHCAKE SALAD Smoked haddock, spinach & Cheddar melt-in-the-middle breaded fishcakes, served on a bed of mixed leaves tossed in a lemon & olive oil dressing, cucumber, onion, avocado, peppers, soya beans and tomatoes, finished with omega and sesame seeds	10.49	CUMBERLAND SAUSAGES AND MASH Three pork sausages, buttery mash, peas and sautéed onion & red wine gravy	7.49
SMOTHERED CHICKEN Chicken breast topped with streaky bacon, melting mozzarella, Cheddar and a sticky BBQ sauce, served with chips, beer-battered onion rings, peas and grilled tomato	8.99	CHILLI CON CARNE AND RICE Served with nachos, sour cream and tomato salsa	7.49
SUPER MIXED SALAD (VG) Mixed leaves tossed in a lemon & olive oil dressing with cucumber, onion, avocado, peppers, soya beans and tomatoes, finished with omega and sesame seeds	6.99	PESTO LINGUINE (VG) Linguine pasta bound in almond pesto with wilted spinach, slow-roasted tomatoes and sautéed mushrooms	8.99
With southern-fried chicken and bacon 8.99 With 10oz rump steak 11.99		CHICKEN, PANCETTA & BRIE PIE In a white wine sauce, topped with a puff pastry lid and served with buttery mash, seasonal veg and red wine gravy	9.99
BATTERED COD AND CHIPS Hand-battered cod fillet, chips, tartare sauce and your choice of peas or mushy peas	10.49	QUINOA CHILLI (VG) Butternut squash & black bean quinoa chilli, served with spicy rice, nachos, guacamole, salsa and vegan mayo	7.99
HALLOUMI AND CHIPS (V) Hand-battered halloumi, chips, tartare sauce and your choice of peas or mushy peas	9.99	THAI CURRY (VG) Coconut curry with cauliflower, green beans, mangetout and peppers, served with basmati rice	8.49
BREADED SCAMPI With chips, tartare sauce and your choice of peas or mushy peas	8.49	BUTTERNUT SQUASH LASAGNE (V) With spinach, goat's cheese and roasted tomatoes, served with garlic bread strips and a mixed side salad	7.99
SMOKED CHEEZE & BEETROOT TART (VG) A vegan cheese filling with a butternut squash & onion chutney, encased in a beetroot pastry tart, with a quinoa, chickpea, butternut squash, soya bean & sesame seed side salad	10.49	CHICKEN TIKKA MASALA With basmati rice, sour cream and a naan bread	8.49
LASAGNE Our lasagne is made with minced beef and pork, in a red wine ragù sauce with smoked bacon, served with garlic bread strips and a mixed side salad	7.99	10oz RUMP STEAK With fries, grilled tomato, beer-battered onion rings and button mushrooms – just tell us how you like it!	11.99
		Add crispy coated filo king prawns 1.99 Add panko-crumbed calamari sticks 1.99 Add peppercorn sauce 1.49	

GUILT FREE
under 700 kcal

QUINOA, CHICKPEA & BUTTERNUT SQUASH SALAD (VG) Served on a bed of lemon & olive oil mixed salad leaves, with soya beans, omega and sesame seeds and roast baby potatoes	8.99
CHICKEN FILLET BURGER AND SALAD Grilled chicken breast in a glazed soft bun, served with our mixed side salad	9.99
SUPER MIXED SALAD (VG) Mixed leaves tossed in a lemon & olive oil dressing with cucumber, onion, avocado, peppers, soya beans and tomatoes, finished with omega and sesame seeds	6.99
With chicken and bacon 8.99 With grilled salmon 10.99	



Enjoy with our natured low-alcohol wines

BURGERS

ALL OF OUR BURGERS ARE SERVED IN A SOFT GLAZED BUN, WITH BURGER SAUCE, KETCHUP, LETTUCE, CHOPPED PICKLE AND ONION – WITH FRIES AND A STICKY BBQ DIP, UNLESS OTHERWISE STATED

CHEESE & BACON BEEF BURGER Beef burger topped with a burger cheese slice and streaky bacon	9.99
Upgrade to smoky burger patty 1.49*	
SMOKY BEEF BURGER** Our smoky beef burger packed with flavoursome chuck and brisket, topped with burger cheese slices, streaky bacon and slow-cooked beef in a smoky sweet BBQ sauce	11.99
SOUTHERN-FRIED CHICKEN BURGER Topped with a burger cheese slice, streaky bacon and sticky BBQ sauce	10.49
SMOTHERED CHICKEN BURGER Chicken breast topped with a burger cheese slice, streaky bacon and sticky BBQ sauce	9.99
CHIPOTLE BEAN BURGER (V) BBQ chipotle quinoa, smoked Cheddar, red pepper and sweetcorn – in a breadcrumb coating	8.99
REUBEN BURGER* Beef burger topped with slow-cooked beef rib, a burger cheese slice and French's® mustard	10.49
Upgrade to smoky burger patty 1.49**	
MOVING MOUNTAINS® B12 BURGER (VG-M)* Plant-based meat-free burger, layered with red pepper houmous, lettuce, smoky soya sloppy joe and Violife grated mature, between a toasted sesame seed beetroot bun – served with vodka Bloody Mary dip and topped nachos	10.99



BURGER & A DRINK
£7

MON & TUE, ALL DAY

*£1 supplement, **£2 supplement
Choose a glass of house wine (175ml), Amstel (pint), a Coke Zero, Diet Coke or Schweppes lemonade (Coca-Cola is subject to a 15p sugar-tax surcharge, per drink.)

SWAP FRIES FOR SWEET POTATO FRIES (V) OR FLAVOURED FRIES FOR 1.49

ADD ANOTHER PATTY OR CHICKEN BURGER FOR 1.49

BURGER TOPPERS

STREAKY BACON	99P	MUSHROOMS (VG)	49P
SLOW-COOKED BEEF	1.49	BEER-BATTERED ONION RINGS (V)	49P
BURGER CHEESE SLICE (V)	49P	SMOKY SOYA SLOPPY JOE (VG)	1.49
FRIED EGG (V)	49P	HALLOUMI (V)	1.49
JALAPEÑOS (VG)	49P		



DESSERTS

Any 3 for £7.00

WARM BROWNIE BITES (V) With chocolate-flavoured sauce and strawberries	2.99	WARM MINI CHURROS (V) With caramel and chocolate-flavoured dipping sauces	2.99
BAILEYS PROFITEROLES (V) Boozy and served with chocolate-flavoured sauce	2.99	PORNSTAR ETON MESS (V) Two mini shots of layered whipped cream, meringue and a Prosecco, vodka, mango & passion fruit compote	2.99
SALTED CARAMEL BITES (VG-M) With chocolate-flavoured sauce	2.99	MACARINGUES (V) What's the cross between a macaroon and a meringue? A macaringle! Deliciously sandwiched with whipped cream	2.99
BLACKCURRANT MOUSSE BAR (VG) With raspberry coulis	2.99		
LIMONCELLO DRIZZLE SPONGE (V) Zesty sponge served warm with raspberry coulis	2.99		

Please give us your feedback – for details, log on to: www.lettuceknow.co.uk. **Do you have any allergies?** Full allergen information is available for all dishes – please ask a team member before ordering food and drinks, as menus do not list all ingredients. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee separation of allergens or that products are 100% free from allergens, owing to cross-contamination, as we do not have specific allergen-free zones in our kitchens. Even if you have eaten a dish previously, please inform staff of any food allergies, before placing your order, so that every kitchen precaution may be taken to prevent cross-contamination. We cannot guarantee that any dishes are free from nut traces. Fish and poultry dishes may contain bones. All weights are approximate uncooked. 50% off-food offer (not in conjunction with any other offer) will be removed from bars on bank holiday weekends and on 25/12/19 and 1/1/20. Prices are in pounds sterling and include VAT, at the current rate. We accept Delta, Maestro, MasterCard and Visa. Our waiters receive all cash tips. For credit-card tips, an 8% charge is deducted to cover processing costs. Slug & Lettuce does not profit from this charge. All menu items are subject to availability. Images are for illustrative purposes only. Management reserves the right to withdraw/change offers (without notice), at any time. We thank you for your custom and hope that you have enjoyed our Slug & Lettuce dishes. For more information, please visit our website, where you can subscribe to our newsletters and receive the latest offers and updates from the S&L team. You can also reserve tables, check further details from our allergy information link and download our menu online: www.slugandlettuce.co.uk

Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (V) Suitable for vegetarians. (VG) Suitable for vegans. (VG-M) Suitable for vegans, yet may contain traces of milk and/or egg.