

# Novus All Day Core Menu - Allergen Information

Dish Name	Cereals containing Gluten :									Tree Nuts :															
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites

## Starters

Bang Bang Chicken Salad										✓	✓															M		✓	M	
Beef Bresola										✓	✓	✓	✓	M	✓	M	M	M	M	M	M	M					M			✓
Beer Battered Mozzarella Sticks	✓	✓								✓	✓																			
Bloody Mary Meatballs	✓	✓					✓																	✓						
Boxed Camembert Bake	✓	✓	M		M	M						M	✓	M	M	M	M	M	M	M	M	M				M				
Calamari	✓	✓							✓	✓																				
Classic Prawn Cocktail	✓	✓					✓	✓				M	✓	M	M	M	M	M	M	M	M	M			✓	✓	M	✓		
Corn Tortilla Nachos	M											M	✓																✓	
Garlic & Parsley Bread	✓	✓										M	M																	
Goats Cheese Fig Orange	✓	✓																									M			
Halloumi and Pepper Skewer													✓	✓																
Lamb Kofta																											M			
Popcorn Chicken	✓	✓									✓																	✓		

M = May Contain - High Risk of Cross Contamination at Manufacturing Site

WARNING: SOME DISHES MAY CONTAIN NUTS OR TRACES OF NUTS

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**Dish Name**

**Cereals containing Gluten :**

- Wheat  
 Spelt (Wheat)  
 Kamut (Wheat)  
 Rye  
 Barley  
 Oats

- Fish  
 Crustaceans  
 Molluscs  
 Eggs  
 Soybeans  
 Milk

**Tree Nuts :**

- Almonds  
 Hazelnut  
 Walnut  
 Cashew nut  
 Pecan nut  
 Brazil nut  
 Pistachio nut  
 Macadamia nut or Queensland nu  
 Peanuts  
 Celery  
 Mustard  
 Sesame  
 Sulphur dioxide/sulphites  
 Lupin

**Sandwiches**

Chargrilled Peppers, Avocado and Cream Cheese																													
Chicken & Bacon Ciabatta																											M		
Fish Finger Sandwich											M											M	M	M					
Med Vegetable Halloumi Sandwich																													
Southern Fried Chicken Wrap																													
Steak Sirloin & Bacon Jam Sandwich																								M					

**Burgers**

Beef Burger 8oz											M												M		M			
Cheeseburger											M												M		M			
Fried Chicken Burger											M													M				
Grilled Chicken Burger											M												M		M			
Halloumi & Mushroom Burger											M												M		M			
Tower Burger											M												M					

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**Dish Name**

**Cereals containing Gluten :**

- Wheat
- Spelt (Wheat)
- Kamut (Wheat)
- Rye
- Barley
- Oats

- Fish
- Crustaceans
- Molluscs
- Eggs
- Soybeans
- Milk

**Tree Nuts :**

- Almonds
- Hazelnut
- Walnut
- Cashew nut
- Pecan nut
- Brazil nut
- Pistachio nut
- Macadamia nut or Queensland nut
- Peanuts
- Celery
- Mustard
- Sesame
- Sulphur dioxide/sulphites
- Lupin

**Mains**

Dish Name	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
28 day aged Ribeye Steak with peppercorn sauce, Chips & Salad	M									M	✓	✓										✓			✓	
All Day Breakfast	✓	✓								✓	✓	✓														✓
BBQ Chicken Melt	✓	✓								✓	✓	✓														✓
Chicken Burrito	✓	✓			✓						M	✓														✓
Chicken Caesar Salad	✓	✓								✓	✓	✓														✓
Chicken Schnitzel Garlic and Herb	✓	✓								✓	✓	✓														✓
Dressed Crab	✓	✓		M	✓	M		✓		✓	✓	✓											✓			
Fajita - Chicken	✓	✓								✓	✓	✓														✓
Fajita - Smoked Paprika Steak	✓	✓								✓	✓	✓														✓
Fajita - Vegetables	✓	✓								✓	✓	✓														✓
Fish and Chips	✓	✓			✓		✓			✓	✓	✓														✓
Gourmet Mushroom Mezzaluna Pasta with Spinach and Pinenuts	✓	✓								✓	✓	✓														✓
Hand Carved Ham, Free Range Eggs and Chips										✓	✓	✓														
Ribeye Steak with Peppercorn Sauce, Chips and Salad										✓	✓	✓										✓				
Roasted Salmon, Sweet Chilli, Chips and Salad							✓	✓		✓	✓	✓														
Salmon Fillet Nicoise							✓	✓		✓	✓	✓									M					
Sausage & Mash Londoner	✓	✓								✓	✓	✓										✓		M	✓	
Sausage & Mash Cumberland	✓	✓								✓	✓	✓												M	✓	
Sirloin Steak, Chips & Salad	M									M	✓	✓										✓				

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**Mains Continued...**

Steak & Ale Pie with Mash & Gravy	✓	✓			✓					✓	✓															✓	
Thai Green Chicken Curry	✓	✓					✓				✓		M	M	M	M	M	M	M	M	M				M		
Veggie Burrito	✓	✓			✓					M	✓															✓	

**Pizza**

Great Wall of China	✓	✓								✓	✓														✓	✓	
Med Gateway	✓	✓									✓														✓	✓	
The Big Apple	✓	✓			✓		✓				✓											✓	✓		M		
The Mexican	✓	✓									✓														M		
Tropical Nights	✓	✓									✓														M		

**Sides**

Chips																											
Mini Cumberland Cocktail Sausages	✓	✓																					✓			✓	
Mixed Salad																											
Onion Rings	✓	✓			✓																						
Seasonal Greens																											
Sweet Potato Fries																											

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**Desserts**

Apple Pie with Custard	✓	✓							✓		✓	M	M	M	M	M	M	M	M	M					✓	
Chocolate Brownie	✓	✓							✓		✓	M	M	M	M	M	M	M	M	M						
Chocolate Fudge Cake	✓	✓							✓		✓	M	M	M	M	M	M	M	M	M						
New York Cheesecake with Strawberries									✓	M	✓	M	M	M	M	M	M	M	M	M						
Sticky Toffee Pudding with Vanilla Ice Cream	✓	✓							✓		✓	M	M	M	M	M	M	M	M	M						
White Chocolate Raspberry Meringue									✓	✓	✓	M	M	M	M	M	M	M	M	M						

**Grazing**

Chips																										
Classic Sharer Platter	✓	✓			✓		✓		✓	✓	✓											✓	✓		✓	
Southern Fried Chicken Fillets	✓	✓								✓												✓	✓			
Vegetarian Platter	✓	✓								M	✓										M			✓	✓	

**Late Night**

Margherita Pizza	✓	✓									✓															
Pepperoni Pizza	✓	✓								M	✓															

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