

— *Discover our* —

**NON-GLUTEN
CONTAINING
MENU**

Starters

BAKED CHIP SHOP CROQUETTES (VG) £4.49

Pea & potato chip shop bites in a salt & vinegar-flavoured batter, served with vegan mayonnaise

CHICKEN & CHORIZO SKEWERS £4.99

Grilled and topped with sautéed peppers and onion, then drizzled with a balsamic glaze

NACHOS (V) £7.49

Our nachos are served with melting mozzarella, Cheddar, jalapeños, salsa, guacamole and sour cream

SMOKY BBQ BEEF NACHOS £8.99

Tortilla chips topped with slow-cooked beef in a smoky sweet BBQ sauce, melting mozzarella, Cheddar, jalapeños, salsa, guacamole and sour cream

SMOKY SOYA SLOPPY JOE NACHOS (VG) £7.49

Tortilla chips with a smoky soya topping, Violife grated mature, jalapeños, salsa, guacamole and vegan mayonnaise

Mains

SMOKED CHEEZE & BEETROOT TART (VG) £9.99

A vegan cheeze filling with butternut squash & onion chutney, encased in a beetroot pastry tart, with a quinoa, chickpea, butternut squash, soya bean, sesame seed & roast baby potato house salad

SUN-DRIED TOMATO TORTE (VG-M) £10.49

A crunchy sunflower seed base, topped with vegan cream cheeze, flavoured with sun-dried tomato, with a quinoa, chickpea, butternut squash, soya bean, sesame seed & roast baby potato house salad.

Contains almonds

ROAST LAMB SHANK £11.99

Slow-cooked lamb, with a rosemary & red wine sauce, served with buttery mashed potato and seasonal vegetables

BRAISED BEEF BOURGUIGNON £11.99

Braised rib beef steak in a rich red wine sauce with baby onions and bacon lardons, served with bubble and squeak

CHICKEN & BACON SALAD £9.49

Grilled chicken and crispy bacon, served on top of an avocado, soya bean & slow-roasted tomato mixed salad, finished with lemon & olive oil dressing and an omega & sesame seed sprinkle

BAKED SMOKED HADDOCK FLORENTINE FISHCAKES £10.49

Smoked haddock, spinach & Cheddar melt-in-the-middle breaded fishcakes, served on top of an avocado, soya bean & slow-roasted tomato mixed salad, finished with lemon & olive oil dressing and an omega & sesame seed sprinkle

Sides

BUTTERY MASH (V) £2.79

HOUSE SIDE SALAD (VG) £2.79

BABY POTATOES (VG) £2.79

SEASONAL VEGETABLES (V) £2.79

Desserts

VANILLA ICE CREAM (V) £2.49

CRUMBLE OF THE DAY (V) £4.29

We offer a selection of fruit crumbles, served with custard or ice cream: please ask for today's variety

Ask a team member for allergy advice

(V) = This dish is suitable for vegetarians (VG) = This dish is suitable for vegans

(VG-M) = Suitable for Vegans, however produced in a factory that handles milk and/or egg with a may contain warning.

Please note that we do not operate a dedicated vegetarian/vegan kitchen area. See main menu for full terms and conditions, plus allergen guidance.

We'd love to hear your feedback: www.loveourpub.co.uk