

— *Discover our* —

**NON-GLUTEN  
CONTAINING  
MENU**

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## Starters

### BAKED CHIP SHOP CROQUETTES (VG) £4.29

Pea & potato chip shop bites in a salt & vinegar-flavoured batter, served with vegan mayonnaise

### CHICKEN & CHORIZO SKEWERS £4.79

Grilled and topped with sautéed peppers and onion, then drizzled with a balsamic glaze

### NACHOS (V) £6.99

Our nachos are served with melting mozzarella, Cheddar, jalapeños, salsa, guacamole and sour cream

### SMOKY BBQ BEEF NACHOS £8.49

Tortilla chips topped with slow-cooked beef in a smoky sweet BBQ sauce, melting mozzarella, Cheddar, jalapeños, salsa, guacamole and sour cream

### SMOKY SOYA SLOPPY JOE NACHOS (VG) £6.99

Tortilla chips with a smoky soya topping, Violife grated mature, jalapeños, salsa, guacamole and vegan mayonnaise

## Mains

### SMOKED CHEEZE & BEETROOT TART (VG) £9.49

A vegan cheeze filling with butternut squash & onion chutney, encased in a beetroot pastry tart, with a quinoa, chickpea, butternut squash, soya bean, sesame seed & roast baby potato house salad

### SUN-DRIED TOMATO TORTE (VG-M) £9.99

A crunchy sunflower seed base, topped with vegan cream cheeze, flavoured with sun-dried tomato, with a quinoa, chickpea, butternut squash, soya bean, sesame seed & roast baby potato house salad.

Contains almonds

### ROAST LAMB SHANK £11.49

Slow-cooked lamb, with a rosemary & red wine sauce, served with buttery mashed potato and seasonal vegetables

### BRAISED BEEF BOURGUIGNON £11.49

Braised rib beef steak in a rich red wine sauce with baby onions and bacon lardons, served with bubble and squeak

### CHICKEN & BACON SALAD £8.99

Grilled chicken and crispy bacon, served on top of an avocado, soya bean & slow-roasted tomato mixed salad, finished with lemon & olive oil dressing and an omega & sesame seed sprinkle

### BAKED SMOKED HADDOCK FLORENTINE FISHCAKES £9.99

Smoked haddock, spinach & Cheddar melt-in-the-middle breaded fishcakes, served on top of an avocado, soya bean & slow-roasted tomato mixed salad, finished with lemon & olive oil dressing and an omega & sesame seed sprinkle

## Sides

BUTTERY MASH (V) £2.49

HOUSE SIDE SALAD (VG) £2.49

BABY POTATOES (VG) £2.49

SEASONAL VEGETABLES (V) £2.49

## Desserts

VANILLA ICE CREAM (V) £2.29

CRUMBLE OF THE DAY (V) £3.99

We offer a selection of fruit crumbles, served with custard or ice cream: please ask for today's variety

### *Ask a team member for allergy advice*

(V) = This dish is suitable for vegetarians (VG) = This dish is suitable for vegans

(VG-M) = Suitable for Vegans, however produced in a factory that handles milk and/or egg with a may contain warning.

Please note that we do not operate a dedicated vegetarian/vegan kitchen area. See main menu for full terms and conditions, plus allergen guidance.

We'd love to hear your feedback: [www.loveourpub.co.uk](http://www.loveourpub.co.uk)