

— *Discover our* —

**NON-GLUTEN
CONTAINING
MENU**

Starters

BAKED CHIP SHOP CROQUETTES (VG) £5.29

Pea & potato chip shop bites in a salt & vinegar-flavoured batter, served with vegan mayonnaise

CHICKEN & CHORIZO SKEWERS £5.79

Grilled and topped with sautéed peppers and onion, then drizzled with a balsamic glaze

NACHOS (V) £8.99

Our nachos are served with melting mozzarella, Cheddar, jalapeños, salsa, guacamole and sour cream

SMOKY BBQ BEEF NACHOS £10.49

Tortilla chips topped with slow-cooked beef in a smoky sweet BBQ sauce, melting mozzarella, Cheddar, jalapeños, salsa, guacamole and sour cream

SMOKY SOYA SLOPPY JOE NACHOS (VG) £8.99

Tortilla chips with a smoky soya topping, Violife grated mature, jalapeños, salsa, guacamole and vegan mayonnaise

Mains

SMOKED CHEEZE & BEETROOT TART (VG) £11.49

A vegan cheese filling with butternut squash & onion chutney, encased in a beetroot pastry tart, with a quinoa, chickpea, butternut squash, soya bean, sesame seed & roast baby potato house salad

SUN-DRIED TOMATO TORTE (VG-M) £11.99

A crunchy sunflower seed base, topped with vegan cream cheese, flavoured with sun-dried tomato, with a quinoa, chickpea, butternut squash, soya bean, sesame seed & roast baby potato house salad.

Contains almonds

ROAST LAMB SHANK £13.49

Slow-cooked lamb, with a rosemary & red wine sauce, served with buttery mashed potato and seasonal vegetables

CHICKEN & BACON SALAD £10.99

Grilled chicken and crispy bacon, served on top of an avocado, soya bean & slow-roasted tomato mixed salad, finished with lemon & olive oil dressing and an omega & sesame seed sprinkle

BAKED SMOKED HADDOCK FLORENTINE FISHCAKES £11.99

Smoked haddock, spinach & Cheddar melt-in-the-middle breaded fishcakes, served on top of an avocado, soya bean & slow-roasted tomato mixed salad, finished with lemon & olive oil dressing and an omega & sesame seed sprinkle

SMOKED SALMON SALAD £11.99

Smoked salmon served on top of an avocado, soya bean & slow-roasted tomato mixed salad, finished with lemon & olive oil dressing and an omega & sesame seed sprinkle

Sides

BUTTERY MASH (V) £2.99

HOUSE SIDE SALAD (VG) £2.99

BABY POTATOES (VG) £2.99

SEASONAL VEGETABLES (V) £2.99

Desserts

ARRAN DAIRY ICE CREAM (V) £2.99

Ask for our range of flavours

CRUMBLE OF THE DAY (V) £4.49

We offer a selection of fruit crumbles, served with custard or Arran dairy ice cream: please ask for today's variety

Ask a team member for allergy advice

(V) = This dish is suitable for vegetarians (VG) = This dish is suitable for vegans

(VG-M) = Suitable for Vegans, however produced in a factory that handles milk and/or egg with a may contain warning.

Please note that we do not operate a dedicated vegetarian/vegan kitchen area. See main menu for full terms and conditions, plus allergen guidance.

We'd love to hear your feedback: www.loveourpub.co.uk

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