# BRUNCH UNTIL 4PM

#### PIGS IN BLANKETS WAFFLE EGGS £8

Two poached eggs on a toasted waffle with Rubies in the Rubble™ tomato relish, pigs in blankets, hollandaise sauce and rocket with salt, pepper and chilli seasoning. 1100 kcal

#### S&L WAFFLE EGGS **\$\Pi\$\$** £7.50

Two poached eggs on a toasted waffle with Rubies in the Rubble™ tomato relish, hollandaise sauce and rocket. 825 kcal Add The Jolly  $Hog^{TM}$  streaky bacon (+56 kcal) or a Proper Porker sausage (+184 kcal) £1 EACH

#### **S&L** HOUSE BREAKFAST £9.50

Fried egg, bacon, The Jolly Hog™ Proper Porker sausages, slow-roasted tomatoes, mushrooms, hash browns, toast & butter and your choice of lightly spiced beans (+12 kcal) or classic baked beans. 1348 kcal

#### S&L PLANT-BASED BREAKFAST VG-M £9

Avocado, slow-roasted tomatoes, mushrooms, hash browns, toast, two vegan Quorn™ sausages, and your choice of lightly spiced beans (+12 kcal) or classic baked beans. 1110 kcal

#### **DOUGHNUT & WAFFLE STACK £7.50**

With Jude's Caramel Cookie Dough Brownie ice cream, salted caramel sauce, marshmallows, vanilla cheesecake mousse and an Oreo® biscuit crumb. 972 kcal

## BERRY PANCAKE TACOS **1** £7.50 SOULD FAVE

With vanilla cheesecake mousse, cherry compote, amaretto flavour syrup and crushed raspberries. 333 kcal

# SAUSAGE SANDWICH £8 SOUND FAVEL

The Jolly Hog™ Proper Porker sausages and Rubies in the Rubble™ tomato relish in rosemary focaccia. 582 kcal

#### AVOCADO ON FOCACCIA TOAST VG-M £7 With baby spinach and basil oil. 533 kcal

Add a poached egg **(** +101 kcal) or The Jolly  $Hog^{TM}$  streaky bacon (+56 kcal) £1 EACH

# S&L MEXICAN BRUNCH V £8.50 SOLID FAVEL

Lightly spiced bean chilli in tomato sauce, wilted spinach, fried egg, hot honey Buffalo sauce and spring onion with tortilla chips for dipping. 432 kcal

LEVEL UP YOUR BRUNCH! £1 EACH The Jolly Hog™ streaky bacon 56 kcal / The Jolly Hog™ Proper Porker sausage 184 kcal / baked beans @ 78 kcal / fried egg 🖤 104 kcal / poached egg 🖤 101 kcal / scrambled egg 🖤 372 kcal /

Quorn<sup>TM</sup> sausage  $\bigcirc$  108 kcal / hash browns  $\bigcirc$  267 kcal / rosemary focaccia VI-M 133 kcal / toast & butter V 404 kcal

# **CSANDWICHES** UNTIL

ALL SERVED WITH SKIN-ON FRIES OR SIDE SALAD (-167 kcal) SWAP TO SWEET POTATO FRIES +£1.50 (-16 kcal) PREFER A TORTILLA WRAP? JUST ASK! (+112 kcal)

#### FISH FINGER BUN £9.50 SOUND FAVEL

Hand-battered fish goujons, tartare sauce, gherkins and iceberg lettuce in a bun. 849 kcal

#### STEAK SANDWICH £12

Sirloin steak slices, sweet & sour pickled onion, balsamic glaze,

Rubies in the Rubble™ tomato relish and rocket in rosemary focaccia. 811 kcal

Buttermilk coated chicken, The Jolly Hog™ streaky bacon, avocado, red pepper & sesame houmous, miso mayo\* and rocket in rosemary focaccia. 1246 kcal PLANT POWER SANDWICH VG-M £10.50

**CHICKEN & BACON SANDWICH £11** 

Avocado, red pepper & sesame houmous, slow-roasted tomatoes, sweet & sour pickled onion, cucumber ribbons, miso mayo\* and rocket in rosemary focaccia. 1069 kcal

## ADD A SLICE OF MONTEREY JACK CHEESE W (83 kcal) OR SHEESE® (1-64 kcal) TO ANY SANDWICH 50p

## **CMADE FOR SHARING** SERVED FROM MIDDAY

# THE S&L SHARER FOR 2

Halloumi fries with hot honey Buffalo sauce, nachos with Prosecco cheese sauce\*, peri-peri chicken skewers, ibérico ham croquettes with miso mayo\*, garlic bread, slow-roasted tomatoes, mixed olives and salt & pepper seasoned fries with chilli & spring onion. 2534 kcal

# £21.50

# WARM TEAR & SHARE FOCACCIA **\$\Omega\$** £14 \$\square\$ \$\omega\$ \$\ome

With Prosecco cheese fondue\*, olives and rocket. 1521 kcal Make it 1 - swap to Prosecco Sheese® sauce\* (-29 kcal) Share with 2–3 besties!

TRIO OF FRIES WITH 5 DIPS **1** £9.50

Skin-on fries, salt & pepper seasoned fries and sweet potato fries with Prosecco cheese sauce<sup>⋆</sup>, Rubies in the Rubble<sup>™</sup> tomato relish, miso mayo\*, BBQ sauce and hot honey Buffalo dips. 1662 kcal. Share with 2-3 besties!

#### CHOOSE 1 AS A STARTER, OR MIX & MATCH OUR PICKY PLATES AND DESSERTS Perfect for one person! - 3 FOR £14.50 - 5 FOR £23 ~ Ideal to share between 2 people

CRISPY CALAMARI BITES £7 SQUAD FAVEL

CRISPY BRIE WEDGES **\$\Pi\$\$** £6.50

With a mango, chilli & pineapple dip. 416 kcal

#### HALLOUMI FRIES V £7 SQUAD FAVEL With sticky BBQ sauce. 411 kcal

#### RED PEPPER & SESAME HOUMOUS 1 £6 SOULAD FAVEL With slow-roasted tomato relish, red pepper, mixed olives

and tortilla chips. 464 kcal

#### CRISPY KING PRAWN SKEWERS £8 SOUND FAVEL With a coconut coating, served with a mango,

chilli & pineapple dip 307 kcal CRISPY SHREDDED CHICKEN £7

## With a mango, chilli & pineapple dressing. 420 kcal

**IBÉRICO HAM CROQUETTES £6.50** 

#### With miso mayo\*. 463 kcal PIGS IN BLANKETS £6.50

With cran-B-Q sauce and crumbled pork, fig & orange stuffing 702 kcal

# **CHICKEN SKEWERS £7**

With slow-roasted tomatoes, mixed olives, rocket and balsamic. 253 kcal

#### With a garlic & herb dip and lemon. 575 kcal CRISPY TERIYAKI TOFU @ £6.50

The Tofoo Co. smoked tofu with terivaki sauce. cucumber ribbons, coriander and chilli. 503 kcal

PADRÓN PEPPERS @ £6 Seasoned with garlic & basil oil. 165 kcal

## With Prosecco cheese sauce\*, smoked pulled turkey,

**CHEESY TURKEY NACHOS £7** 

cran-B-Q sauce and sweet & sour red onion. 904 kcal

## HAND-BATTERED FISH GOUJONS £7

With tartare sauce. 374 kcal

## MUST BE TWO OF THE SAME

• Grated halloumi, chilli jam, hot honey Buffalo sauce and rocket. **17** 764 kcal

## TWO CRISPY BAO BUNS - CHOOSE FROM: SOUND FAVE

• Crispy shredded chicken, chilli jam, hot honey

#### Buffalo sauce and rocket. £7.50 784 kcal • Smoked pulled turkey and cran-B-Q sauce. £7 672 kcal

CHEESY NACHOS V £6.50 SOURD FAVEL

#### With fresh avocado, Rubies in the Rubble™ tomato relish. red chillies and Prosecco cheese sauce\*. 849 kcal

Make it 10 – swap to Prosecco Sheese® sauce\* (-10 kcal)

## **SODESSERTS** LITTLE MOONS™ MOCHI ICE CREAM £5.50 – CHOOSE FROM:

#### Contains cashew nuts. Want a VG-M option (238 kcal)? Just ask the team!

- Belgian Chocolate & Hazelnut with chocolate sauce. VG-M 303 kcal
- SALTED CARAMEL CHEEZECAKE BITES VG-M £4.50 With Lotus Biscoff sauce. 457 kcal ADD A SCOOP OF JUDE'S BROWNIE COOKIE DOUGH ICE CREAM V +£1 (+105 kcal)

# MAGNUM® ICE CREAM BITES £5.50

# Classic, almond and white chocolate ice cream bites served with vanilla

# cheesecake mousse, salted caramel sauce and sprinkles. 377 kcal

357 kcal

#### With an Oreo® biscuit crumb, salted caramel sauce and chocolate Sauce. 407 kcal. Want a VG-M option (299 kcal)? Just ask the team!

MILLIONAIRE'S BROWNIE BITES **\$4.50** 

ADD A SCOOP OF JUDE'S BROWNIE COOKIE DOUGH ICE CREAM V +£1 (+105 kcal) WARM MINI CHURROS V-M £4.50

#### Filled with caramel and served with sumptuous caramel and Belgian chocolate sauces. 426 kcal ADD A SCOOP OF JUDE'S BROWNIE COOKIE DOUGH

ICE CREAM **♥** +£1 (+105 kcal)

#### SKIN-ON FRIES **1** £3.50 GARLIC BREAD **\$23.50** SIDE SALAD \$3

**CODON'T FORGET TO ADD A SIDE** 

**SWEET POTATO FRIES 4** 342 kcal

*Make it cheesy!* **♥** (+166 kcal) **+50p** 

With a garlic & herb dip. 619 kcal

#### Quinoa, cucumber ribbons, rocket, Tenderstem® broccoli, spinach and spring onion with a basil dressing. 190 kcal

# SERVED FROM MIDDAY

ASIAN NOODLE SALAD 1 £13

# **DON'T FANCY SHARING? WE HAVE YOU COVERED!**

**CMAIN COURSES** 

#### Cucumber ribbons, spring onion, baby corn, Macaroni in a creamy Monterey Jack fine rice noodles, red peppers, spinach, cheese sauce, served with a dressed green rocket, mango, pineapple & chilli dressing

and crunchy rice cracker crumbs. 221 kcal

#### salad. 875 kcal Make it festive! Add smoked pulled turkey, sticky BBQ & cranberry sauce, pigs in

MAC 'N' CHEESE **11.50** 

blankets, spring onion and slow-roasted tomatoes, finished with garlic & basil oil and toasted rosemary focaccia.  $(+326 \ kcal) + £2.50$ 

MAC 'N' CHEEZE VG-M £14 Topped with crispy coated tofu, sticky BBQ and cranberry sauce, spring onion and slow-roasted tomatoes. Finished with garlic & basil oil and toasted rosemary focaccia.

# SMOTHERED CHICKEN £11.50

1642 kcal

or crispy buttermilk chicken breast (+325 kcal), topped with Monterey Jack cheese, The Jolly Hog™ streaky bacon and sticky BBQ sauce, served with skin-on fries and your choice of peas (+79 kcal) or rocket (+2 kcal). 550 kcal **SBURGERS** 

#### Topped with your choice of: • Crispy shredded chicken (+530 kcal)

• Grilled chicken skewers (+182 kcal) Crispy tofu in teriyaki sauce (1) (+495 kcal) PERI-PERI CHICKEN SKEWERS £12.50 With a garlic & basil oil dressed green

salad, a tortilla wrap and a cool garlic, mint

#### & cucumber dip, served with your choice of warm grains & brown rice with kale, tomato, soya beans & red onion (+228 kcal) or seasoned skin-on fries (+357 kcal).

847 kcal

FISH & CHIPS £13 Hand-battered fish with skin-on fries, tartare sauce and your choice of peas (+79 kcal) or mushy peas (+91 kcal). 1595 kcal WHITBY SCAMPI & FRIES £11.50

Crispy, golden scampi with skin-on fries,

(+79 kcal) or mushy peas (+91 kcal). 836 kcal

tartare sauce and your choice of peas

rice, red chilli, spring onion and coriander. 505 kcal With your choice of: • Crispy buttermilk chicken breast (+325 kcal)

# • Crispy coated smoked tofu (+437 kcal)

THAI RED CURRY @ £12 A rich Panang curry sauce with basmati rice, Tenderstem® broccoli, red chilli,

#### Why not add a topper to your curry? • Grilled chicken breast (+184 kcal) +£2 • Crispy smoked tofu (6 (+437 kcal) +£2

spring onion, coriander and lime. 490 kcal

**FAJITA CHICKEN PASTA £12** Penne pasta with pulled chicken breast in a creamy sauce with onion and mixed peppers, finished with fresh coriander, spring onion and lime. 1259 kcal

# Your choice of grilled chicken breast (+184 kcal)

SERVED IN A SOFT GLAZED BUN WITH MISO MAYO\*, LETTUCE AND CHOPPED PICKLE & ONION, WITH SKIN-ON FRIES OR SALAD (-167 kcal). UPGRADE TO SWEET POTATO FRIES +£1.50 (-15 kcal) XMAS CHEESEBURGER £14.50 Two beef patties with Monterey Jack cheese, cheese sauce, smoked pulled turkey and pork,

#### **VEGAN SHEESE® BURGER** \$12.50 Grilled plant-based soya burger, grated Sheese®, sweet & sour pickled onion,

BACON CHEESEBURGER £13.50 SOUND FAVEL

Two beef patties, The Jolly Hog™ streaky bacon,

Monterey Jack cheese, BBQ sauce and cheese sauce. 1385 kcal

Bacon Cheeseburger Sheese® sauce, chilli jam and rocket. 1183 kcal **VEGGIE CHEESEBURGER \$12.50** Grilled plant-based soya burger, Monterey Jack cheese, sweet & sour pickled onion,

fig & orange stuffing, served with pigs in blankets and a sticky BBQ & cranberry dip. 1564 kcal

#### **BUTTERMILK COATED CHICKEN BURGER £13.50** With The Jolly Hog<sup>™</sup> streaky bacon, chilli jam, Monterey Jack cheese and cheese sauce. 1351 kcal

cheese sauce, chilli jam and rocket. 1224 kcal

Adults need around 2000 kcal a day. Full allergen information is available on request from our team.

Our menus do not list all ingredients. \*Our Prosecco cheese/Sheese® sauces and miso mayo contain alcohol. (V) Suitable for vegetarians. (VG) Suitable for vegans. (VG-M) Made with vegan ingredients but produced in a factory which handles non-

Please inform staff of any allergies before placing your order, even if you have eaten a dish before, as ingredients can change and menus do not list all ingredients. Full allergen information detailing the 14 legally declarable allergens contained is available for all our food and drinks. While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. There is significant risk of cross-contamination in our deep fat fryers.

All vegan cheeze used in our dishes is non-dairy. Our Prosecco cheese/Sheese® sauce and miso mayo contain alcohol. Fish and poultry dishes may contain bones. All weights are approximate uncooked. Lotus and Biscoff are registered trademarks of Lotus Bakeries.

All menu items are subject to availability. Images are for illustrative purposes only. Prices are in pounds sterling and include VAT, at the current rate. We accept Delta, Maestro, MasterCard and Visa. Prices for products not stated on the menu are available at the bar or on the

vegan ingredients, with a 'may contain' warning. (V-M) Made with veggie ingredients but produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Ingredients are based on standard product formulations. Variations may occur. Calories/nutritional values stated are subject to change.

app. If a service charge is added to the bill, this is entirely discretionary and is paid to those employees providing the service. All tips are retained by our team members.

Management reserves the right to withdraw/change offers (without notice) at any time.

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