



STEAK SANDWICH



BACON CHEESEBURGER

# LUNCH MENU

## SANDWICHES

AVAILABLE UNTIL 4PM

ALL SERVED WITH SKIN-ON FRIES (+455 kcal) OR SIDE SALAD (+97 kcal)

SWAP TO SWEET POTATO FRIES +£1.50 (+342 kcal) OR TATER BITES (+564 kcal) +£1  
PREFER A TORTILLA WRAP? JUST ASK! (+112 kcal)

### STEAK SANDWICH £13.95



Sirloin steak slices, sweet & sour pickled onion, balsamic glaze, miso mayo\* and rocket served in rosemary focaccia. 599 kcal

### PLANT POWER SANDWICH VG-M £12.45

Avocado, red pepper & sesame houmous, slow-roasted tomatoes, sweet & sour pickled onion, cucumber ribbons, miso mayo\* and rocket served in rosemary focaccia. 677 kcal

### FISH FINGER BUN £11.45

Hand-battered fish goujons, tartare sauce, gherkins and iceberg lettuce served in a bun. 542 kcal

### CHICKEN & BACON SANDWICH £12.95

Crispy coated chicken, The Jolly Hog™ streaky bacon, avocado, red pepper & sesame houmous, miso mayo\* and rocket in rosemary focaccia. 975 kcal

ADD A SLICE OF MONTEREY JACK CHEESE V (+83 kcal)  
OR SHEESE® VG (+64 kcal) TO ANY SANDWICH +50p

## BURGERS

SERVED IN A SOFT GLAZED BUN WITH MISO MAYO\*, LETTUCE AND CHOPPED PICKLE & ONION, WITH SKIN-ON FRIES (+455 kcal) OR SIDE SALAD (+97 kcal)

SWAP TO SWEET POTATO FRIES +£1.50 (+342 kcal) OR TATER BITES (+564 kcal) +£1

### BREADED CHICKEN BURGER £15.45

The Jolly Hog™ streaky bacon, chilli jam, Monterey Jack cheese and cheese sauce. 1021 kcal

### VEGGIE CHEESEBURGER V £14.45

Grilled plant-based THIS™ Isn't Beef burger, Monterey Jack cheese, sweet & sour pickled onion, cheese sauce, chilli jam and rocket. 800 kcal

### VEGAN SHEESE® BURGER VG £14.45

Grilled plant-based THIS™ Isn't Beef burger, grated Sheese®, sweet & sour pickled onion, Sheese® sauce, chilli jam and rocket. 821 kcal

### BACON CHEESEBURGER £15.45



Two beef patties, The Jolly Hog™ streaky bacon, Monterey Jack cheese, BBQ sauce and cheese sauce. 964 kcal

## LIGHT BITES

UNDER 700 CALORIES

### AVOCADO & POACHED EGG V-M £8.95

On focaccia toast with roasted corn, vegan mayo and a splash of balsamic glaze. 632 kcal

• Add The Jolly Hog™ streaky bacon (+63 kcal) +£1

### S&L EGGS BENEDICT £8.95

Two poached eggs and two rashers of bacon on a toasted English muffin, topped with hollandaise sauce and spinach. 694 kcal

### S&L MEXICAN BRUNCH V £10.45

Lightly spiced bean chilli in tomato sauce, wilted spinach, fried egg, peri-peri sauce, pico de gallo salsa and spring onion with grilled flatbread for dipping. 528 kcal



£10

## SANDWICH, BURGER OR LIGHT BITE & SOFT DRINK

MONDAY TO FRIDAY, MIDDAY UNTIL 4PM

REGULAR GLASS OF SCHWEPPE'S LEMONADE (70 kcal), COCA-COLA ZERO SUGAR (2 kcal), DIET COKE (1 kcal),  
OASIS EXOTIC ZERO CAN 330ML (7 kcal), OASIS SUMMER FRUITS CAN 330ML (59 kcal)  
OR 330ML BOTTLE OF STILL OR SPARKLING WATER (0 kcal)

### ADD AN ALCOHOLIC DRINK +£2 CHOOSE FROM:

A PINT OF AMSTEL (4.1%ABV) OR INCH'S CIDER (4.5%ABV) OR A 175ML GLASS OF HOUSE WINE (RED, WHITE OR ROSÉ)\*\*

### MAKE IT PREMIUM +£3 CHOOSE FROM:

A PINT OF PERONI (5%ABV), MORETTI (4.6%ABV), GUINNESS (4.1%ABV) \*\*OR A 25ML SPIRIT & MIXER\*\*\* – GORDON'S GIN (37.5%ABV),  
SMIRNOFF VODKA (37.5%ABV), CAPTAIN MORGAN WHITE RUM (37.5%ABV) OR CAPTAIN MORGAN SPICED RUM (35%ABV)

Adults need around 2000 kcal a day. \*Contains alcohol. \*\*Brands might differ across sites. \*\*\*Choose from Diet Coke, Coca-Cola Zero Sugar, Schweppes tonic, Schweppes lemonade, orange juice or cranberry juice. Biscoff is a registered trademark of Lotus Bakeries. Full allergen information is available on request from our team. Our menus do not list all ingredients. See main menu for full info and T&Cs.