

STARTERS

Soup of the Day

Homemade soup served with toasted bread and butter.

(CG, C, M)

Sharing Mezze Platter

A selection of Dips, Original Hummus, Oregano Hummus, Smoked Paprika Hummus, Taziki and Mixed olives. served with Naan bread, grilled cherry tomatoe.

(CG, M, MU, SS)

Baked Cheese Camembert

A gorgeously gooey baked camembert cheese studded with garlic and rosemary, served with toasted bread and fresh grapes.

(CG,M)

Buffalo Chicken Wings

A deep fried wings , tossed and coated in Frank's RedHot sauce served with creamy blue cheese dipping sauce.

(MU, SD, CG, M)

Garlic Mushroom

Fresh button mushroom sauteed in butter, garlic, mixed herbs and white wine and served with garlic bread

(CG,M, SD)

Nachos

Served with melted cheddar & mozzarella cheese mix, tomatoe salsa, sour cream and Jalapenos.

(M,CG)

Prawns in Garlic and Herbs

A gorgeous sauteed prawns cooked in a flavourful garlic, and fresh corainder served with toasted bread garlic.

(CR ,CG, M)

Salt & Pepper Squid Fritti

A golden fried and light coated squid served with homemade garlic mayo sauce and lemon wedges.

(F, CG ,E)

Crispy Pork Belly

Slow-roasted pork belly with garlic and herbs, crowned with a golden crispy crackling layer and served with homemade apple puree.

(SD, M)

Butterfly King Prawns

Made with a succulent prawns inside and crispy golden coating outside, served with sweet chillie sauce and fresh lemon wedge.

(CR, CG, E, M, SD)

Pork Crackling

A delicious treat, bursting with flavour, crunchness and cooked to perfection, served with homemade apple sauce.

(CG)

£6.99

£11.99

£10.99

£10.99

£8.99

£8.99

£9.99

£8.99

£10.99

£9.99

£8.99



SALADS

Classic Caesar Salad

Long Live the Caesar salad! Homemade with fresh iceberg lettuce, croutons, parmeasan cheese and creamy Caesar dressing.
(F, M, CG, E, MO)

£10.99

ABC Salad

Mixed leaf lettuce, avocado, bacon, grilled chicken, cherry tomatoes and a creamy Caesar dressing.
(M, E)

£10.99

Classic Prawn Cocktail

Mixed leaf lettuce, classic prawn cocktail sauce, avocado, cherry tomatoes.
(M, E)

£10.99

Greek Salad

A simple chopped tomatoe, cucumber, red onion, Bell pepper, herbs, Feta cheese, black olives and crispy pita bread dressed classic French dressing.
(SD,CG, E,M)

£9.99

Dare to make your salad a meal ? Just add :

Grilled Chicken Breast	£3.99
Grilled Halloumi (M)	£3.99
Grilled Bacon	£2.99
Grilled Salmon	£3.99
Sauteed Prawns (CR, M,)	£6.99

SIDES

Chunky Chips Our Way	£4.50
Chunky Chips	£3.50
Cheesy Chips (M)	£3.99
Spicy Rice	£2.99
Naan Bread (CG, M)	£2.99
Sweet Potato Fries	£3.99
Onion Rings (CG)	£2.99
Mixed Vegetables (M)	£3.50
House Salad	£2.99
Mashed Potatoes (M)	£3.50
Peppercorn Sauce (M, SD)	£1.99
Mushroom Sauce (M, SD)	£2.29
Corn on the Cub (M)	£3.99
Gravy (M, CG)	£1.50

KIDS MENU

Bang and Mash (M, CG)	£7.99
Fish Finger & Chips (F, CG)	£7.99
Chicken Coujons & Chips (CG)	£7.99
Macarroni & Marinara Sauce (CG, M, SD, C)	£6.99



GRILLED TO PERFECTION

Sirloin on the Grill

Truly " the most popular steak " grilled perfectly and served with satueed mushroom, grilled onion, grilled tomatoe, chunky chips and your choice of mushroom creamy sauce or peppercon sauce.
(M, SD, CG)

£22.99

The Plough Grill

The ultimate grill combo of lamb chop, chicken skewer, and 125g sirloin steak roasted mushrooms, grilled onion, grilled tomatoe, chunky chips and your choice of mushroom or peppercorn sauce.
(M, SD, CG)

£21.99

Salmon on the Grill

Grilled salmon fillet served with roasted potatoes, mixed vegetables sautee and your choice of lemon & butter sauce or Hollandaises sauce.
(F, M, E)

£19.99

Wild Boar Burger

Chargrilled wild boar burger loaded with flavors served with caramelized onion, homemade cole slaw and fried chunky chips
(CG, MU)

£13.95

The Plough Burger

Chargrilled beef nestled between pillowy buns served with cheese, bacon, caramelized onion, homemade cole slaw and fried chunky chips.
(CG, M, MO, SD)

£14.99

Chicken Burger

Crispy seasoned chicken breast, topped with a tomatoe relish sauce and piled onto soft bun with onion, gherkins, lettuce served with fried chunky chips and homemade cole slaw.
(CG, M, MO, SD)

£13.99

Veggie Burger

Mixed grilled veggies, squeaky halloumi cheese. purely delicious! Served with gherkins and fried chunky chips.
(CG, M, MO, SD)

£12.99

Smoked Grilled Chicken Peri Peri

Succulent chicken supreme basted in fiery peri-peri marinade and grilled to smoky perfection, served with chunky chips and mixed leaves salad.
(SD)

£15.99

BBQ Baby Back Ribs

Smoky, sweet, savory, and pull-apart tender – these baby back ribs have it all, served with onion pickles, gherkins, homemade cole slaw and chunky chips.

£17.99

Homemade Chicken Kebal Skewers

Marinated chargrilled chicken kebab, served with chunky chips, mixed leaves salad and our homemade creamy hot sauce.
(M)

£15.50

TRADITONAL

Fish and Chips

Battered cod fillet, tartar sauce, garden peas, served with chunky chips.
(CG, F, MO, E)

£15.99

Crispy Pork Belly

Slow-roasted pork belly with garlic and herbs, crowned with a golden crispy crackling layer, served with homemade apple puree and chunky chips.
(MO, SD)

£19.99

Chicken New Yorker

Grilled chicken breast smothered in chopped bacon and melted cheese served with chunky chips and mixed vegetables sautee.
(M)

£15.99

Scampi and Chips

A deep fried succulent scampi served with chunky chips, tarter sauce and garden peas.
(CR, GC, E)

£15.99

Bangers and Mash

A classic grilled sausages served with creamy mashed potatoes, Yorkshire pudding and rich onion gravy.
(M, CG)

£14.99

Chicken Curry

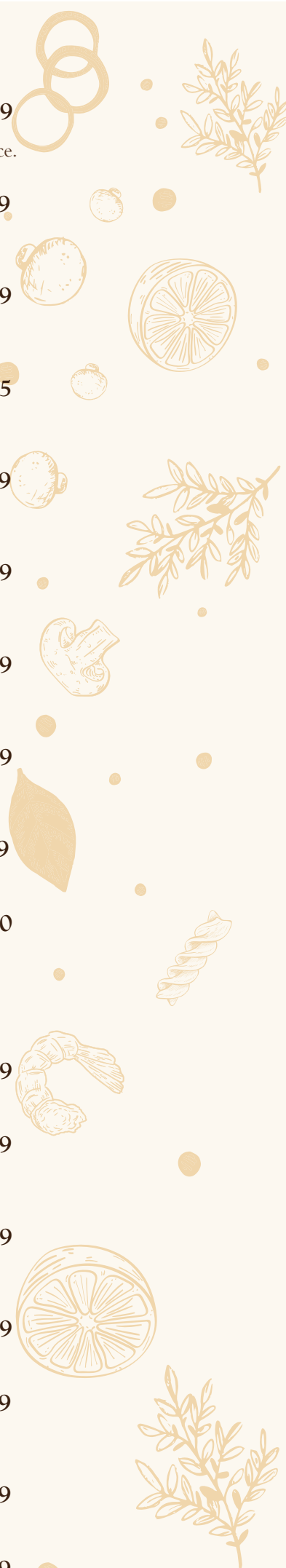
Home style mild chicken curry served with rice, mini naan and mixed leaves salad.
(M, CG)

£14.99

Vegetable Curry

Home style mild vegetable curry served with rice, mini naan and mixed leaves salad
(M, CG)

£14.99



CHEF'S PIES

Steak and Ale Pie

£15.99

A classic comfort dish made of tender meat, a rich filling and crisp, flaky shortcrust pastry served with chunky chips and mixed leaves salad.

(CG, SD, M)

Chicken and Mushromm Pie

£14.99

This comforting pie is a delightful blend of tender chicken, sliced button mushroom, onion, and a creamy sauce encased in a golden puff pastry crust served with chunky chips and mixed leaves salad

(CG, M, SD)

Salmon and Prawns Pie

£16.99

Scottish salmon and North Atlantic prawns cooked in white wine sauce, covered with Puff pastry and served with mashed potaoes and mixed leaves salad.

(F, CR, M, CG, SD)

THE PLOUGH

EAT  DRINK  CELEBRATE

Tel: 020 8759 1938

Email: info@ploughheathrow.com



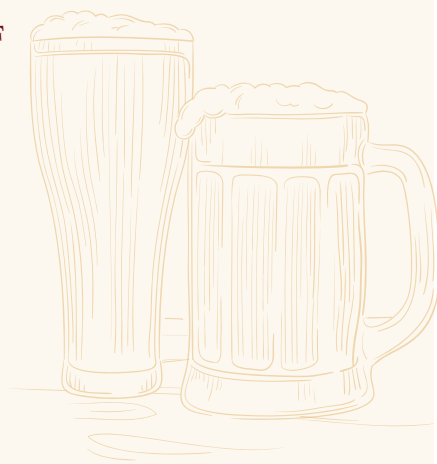
Please Note: we are using nuts in our kitchen and we can not guarantee that our food is nuts free.

v Vegetarian / c Celery / g Gluten / cr Crustaceans / e Eggs / f Fish / l Lupin / m Milk / mu Mustard
n Nuts / p Peanuts / s Sesame / so Soya / s Sulphites / sp Spicy

DRAUGHT BEERS

Foster (ABV 3.7%)
Kronenberg 1664 (ABV 4.6%)
Stella (4.6%)
Birrea Moretti (ABV 4.6%)
Madri (ABV 4.6%)
Inches (ABV 4.5%)
Strongbow Dark Fruits (ABV 4%)
Guinness (ABV 4.2%)
John Smith (ABV 3.4%)
Brixton Reliance Pale Ale (ABV 4.2%)
San Miguel (ABV 5%)

PINT	HALF
5.70	3.00
6.20	3.10
6.10	3.10
6.30	3.20
6.30	3.20
5.50	2.75
6.20	3.10
5.80	3.00
4.60	2.50
6.50	3.30
6.50	3.30



BOTTLED BEER & Ale

New Castle
Theakston Old Peculiar
Budwieser
Peroni
Corona
Hienken
San Miguel-Alc Free
Birra Moretti Zero

6.00
6.20
4.20
4.20
4.20
4.20
4.20
4.20



BOTTLED CIDER ORIGINAL

Thatcher Haze
Magners Original
Thatcher Zero

6.75
6.75
6.40



BOTTLED CIDER FRUITS

Kopparberg Mixed Fruit
Rekorderlig Wild Berries
Old Mout Cider Strawberry & Apple
Bulmers Red Berries & Lime

6.75
6.75
6.75
6.85



BOTTLED READY TO DRINK

Smirnoff Ice
WKD Blue

4.00
3.75

BRANDY

Hennessy Very Special
Courvoisier VS
Martell VS Fine

25ml	50ml
4.35	8.50
4.15	8.30
4.25	8.40



LIQUEUR & SHOTS

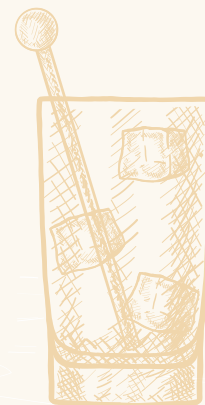
Malibu
Jack Daniel's Honey Liqueur
Jack Daniel's Fire
Tia Maria
Baileys
Disaronno
Jägermeister
Goldschlager
Aperol
Campari
Antica Sambuca Classic
Antica Sambuca with Liquorice Flavour

25ml	50ml
3.50	5.99
3.50	5.99
3.50	5.99
3.50	5.99
3.50	5.99
3.50	5.99
3.50	5.99
4.50	6.99
3.50	5.99
3.50	5.99
3.50	5.99
4.50	6.99



PREMIUM SPIRITS

	25ml	50ml
Johnnie Walker Blue Label	29.99	55.99
Hibiki Japanese Harmony Suntory	14.99	24.99
Royal Salute 21 Year Old	28.99	52.99
Don Julio Reposado	8.99	14.99
Crystal Head	7.49	11.99
The Botanist Islay	6.99	10.99
Grey Goose	3.99	7.99



SINGLE MALT/BARREL WHISKEY & BURBON

	25ml	50ml
Highland Park 12 Year Old	6.99	13.55
Glenfiddich 12 Year Old	5.99	10.99
Lagavulin 16 Years Old	7.99	13.99
Jack Daniel's	6.50	11.99

BLENDED WHISKEY & BURBON

	25ml	50ml
Chivas Regal 12 Year Old	4.99	8.50
Johnnie Walker Black Label 12 YO	4.50	8.50
Bell's	4.10	7.99
The Famous Grouse	4.20	7.99
Jameson	4.00	7.80
Jack Daniel's	4.30	7.99



GIN & FLAVOURED GIN

	25ml	50ml
Hendrick's	5.20	9.40
Bombay Sapphire	4.30	8.25
Gordon's London Dry	4.20	7.99
Gordon's Premium Pink	4.20	7.99
Gordon's Mediterranean Orange	4.20	7.99
Gordon's Morello Cherry	4.20	7.99
Gordon's Sicilian Lemon	4.20	7.99
Gordon's Alcohol Free 0%	4.20	7.99



VODKA & FLAVOURED VODKA

	25ml	50ml
Smirnoff No. 21	3.20	6.10
Absolut Original Swedish	3.40	6.30
Absolut Citron Lemon	3.49	6.30
Absolut Raspberri Raspberry	3.49	6.30
Absolut Mango	3.49	6.30
Absolut Wild Berri Berry	3.49	6.30



RUM & TEQUILA

	25ml	50ml
BACARDÍ Carta Blanca Superior	4.60	8.70
Captain Morgan Dark Rum	4.30	8.20
Captain Morgan Spiced Gold	4.40	8.30
Jose Cuervo Especial Reposado	3.55	6.10
Jose Cuervo Especial Silver	3.55	6.10



SPARKLING WINE

	Btl
Moët & Chandon Champagne Impérial Brut, France	79.99

The famous label put you in a party mood – it's also a fantastic wine, crisp and refreshing, but rich and ripe and full of stone fruit flavours

Freixenet Prosecco, Italy	39.99
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Made from the finest Glera grapes in Italy's Prosecco region of Veneto, Freixenet Prosecco is as distinctive as it is delicious, with the lively effervescence of ripe lemon, hints of green apple, and grapefruit flavours.

Prosecco Spumante Extra Dry 20CL, Italy	8.99
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Small and lively bubbles burst onto the tongue. A smooth mousse and subtle wild apples and pear fruits exude from the palate with a refreshing lift on the finish.



WHITE WINE

Btl

Calvet Mâcon-Villages, Chardonnay, France

Tender, balanced, good aromatic freshness, silky texture, an elegant, charming wine with a complex and fresh bouquet of scents.

49.99

Freixenet Pinot Grigio, Italy

This Pinot Grigio is an elegant white wine from the picturesque vineyards of the Garda region. It has floral and delicate fruity character with subtle hints of crisp citrus.

35.99

Casillero del Diablo Pinot Grigio, Chile

full of fresh, vibrant flavours of pear with undertones of citrus fruit, like tangerine. A light to medium-bodied wine with excellent balance and a long, crisp finish.

27.99

The Secretary Bird Chenin Blanc, South Africa

Zippy citrus aromas, and lovely tropical fruit flavours with hints of white pears with some classic baked apple fruit on the palate

19.99

HOUSE WHITE WINE

175ml

250ml

Btl

Hardys VR Chardonnay, Australia

lively white wine full of rich melon and peach flavours with a crisp finish

4.99

6.99

20.00

Hardys VR Pinot Grigio, Australia

Fresh and vibrant white wine with flavours of pear and lychee with a crisp and delicate finish

4.99

6.99

20.00

Hardys VR Sauvignon Blanc, Australia

A crisp and refreshing white wine with flavours of passion fruit and gooseberry, complemented by a citrus finish.

4.99

6.99

20.00

RED WINE

Btl

Raymond Huet Bordeaux, Cabernet Sauvignon, Cabernet Franc and Merlot, France

This garnet red Bordeaux impresses by its dark, almost black color in the glass. The bouquet is lively and fine with a subtle marriage of wood, ripened black fruits, and spices with vanilla and cinnamon notes

45.99

Don Pavral Rioja, Spain

A smooth and elegant Rioja Crianza, aged for 12 months in oak barrels, with layers of oak and fruit. Rich, bright and intense black and red cherry fruit complemented by soft vanilla oak and a hint of peppery spice.

39.99

Jack Rabbit Merlot, Chile

Easy to drink wine, smooth, rich and fruity, full of blackcurrant flavours.

25.99

HOUSE RED WINE

175ml

250ml

Btl

Yellow Tail Shiraz, Australia

Rich and smooth, with juicy red berries and hints of liquorice and spice

5.99

7.50

22.00

Yellow Tail Merlot, Australia

Soft and smooth, with notes of dark plum, mulberries and subtle spice.

5.99

7.50

22.00

Yellow Tail Malbec, Australia

Rich and velvety, with notes of ripe berries, dark chocolate and a hint of spice.

5.99

7.50

22.00

Campo Viejo Rioja Garnacha, Spain

A fruit-driven Garnacha with intense nose and a silky palate

6.99

7.99

25.00

ROSE WINE

Btl

Mateus The Original Rosé 187ml, Portugal

Youthful and fresh wine with a touch of sparkle and lovely hints of red fruit

6.99

Highbridge Californian White Zinfandel, USA

Juicy and refreshing, this White Zinfandel is packed with delicious strawberry, raspberry and cream flavours.

28.99

175ml

250ml

Btl

Echo Falls Rosé, California, USA

A delightful blend of strawberry and watermelon flavours with a hint of sweetness.

5.99

6.99

21.00

BOTTLED WATER

Strathmore Still Spring Water 330ml
Strathmore Sparkling Spring Water 330ml

Btl
2.50
2.50



BOTTLED SOFT DRINK

Coca Cola
Diet Coke
7up
Fanta
San Pellegrino Orange
San Pellegrino Limonata
San Pellegrino Blood Orange
San Pellegrino Pomegranate & Orange
Lipton Peach Ice Tea
Lipton Lemon Ice Tea
Lipton Raspberry Ice Tea
J2O Apple & Mango
J2O Apple & Raspberry
J2O Orange & Passion fruit
Orange Juice
Apple Juice
Robinsons Fruit Shoot Apple & Blackcurrant
Robinsons Fruit Shoot Orange

3.50
3.50
3.20
3.20
3.75
3.75
3.99
3.99
3.49
3.49
3.49
3.75
3.75
3.75
3.75
3.75
2.45
2.45



BOTTLED MIXERS

Schweppes Slimline Tonic Water
Schweppes Tonic Water
Schweppes Slimline Bitter Lemon
Schweppes Soda Water
Schweppes Ginger Ale

2.90
2.90
2.90
2.90
2.90



ENERGY DRINK

Red Bull Energy Drink
Red Bull Energy Drink Sugar Free

3.25
3.25



DRAUGHT SOFT DRINK

Pepsi
Diet Pepsi
Lemonda
Soda Water

Pint Half
3.99 1.99
3.99 1.99
2.99 1.99
1.20 0.60

