

* NON GLUTEN CONTAINING INGREDIENTS

The meals on this menu are made with ingredients which do not intentionally contain gluten. However, we handle gluten-containing ingredients in our kitchens, so we cannot guarantee 100% free from; therefore, these meals are not suitable for people with coeliac disease.

BREAKFAST

BREAKFAST ROLLS

BACON 3.50 427 kcal
FRIED EGG & CHEESE (V) 6.50 416 kcal
BACON, EGG & CHEESE 4.00 573 kcal

THE BIG BACON BREAKFAST 6.00

Bacon, fried eggs, hash browns, mushroom, grilled tomato, baked beans and a toasted seeded bread roll. 1126 kcal

VEGGIE EGGIE BREAKFAST (V) 6.00

Fried eggs, hash browns, mushrooms, grilled tomato, baked beans and a toasted seeded bread roll. 941 kcal

VEGAN BREAKFAST (VG) 6.00

Grilled avocado, hash browns, mushrooms, grilled tomato and baked beans. 608 kcal

RATED PLATES

AVO SALAD (VG) 11.00

Baby gem lettuce, rocket, avocado, roasted peppers, sweet & sour onion, tomatoes, spring onion and a garlic & herb sauce dip. 446 kcal

TOP YOUR SALAD WITH:

TANDOORI CHICKEN +254 kcal **2.50**
ITALIAN CHEESE (V) +91 kcal **1.50**
CRISPY COATED SMOKED TOFU BITES (VG) +525 kcal **2.50**
GRILLED HALLOUMI (V) +375 kcal **2.00**
SMOKED CHICKEN THIGH +255 kcal **2.50**

TANDOORI CHICKEN SKEWERS 13.50

Succulent tandoori chicken skewers with skin-on fries, sweetcorn riblets, baby gem lettuce, mint mayo, fresh tomato salsa & coriander. 1196 kcal

BUDDHA BOWL (V) 11.50

Zesty coriander & lime rice, mango, tomato & onion salsa, sweetcorn riblets, roasted peppers, sour cream, red chilli and coriander. 472 kcal

ADD ON TOP:

BBQ BEEF BURNT ENDS +299 kcal **2.50**
SLICES OF CHORIZO +156 kcal **1.75**

FAJITA CHICKEN RICE BOWL 13.50

Fajita spiced smoked chicken thigh with zesty coriander & lime rice, mango, tomato & onion salsa, sweetcorn riblets, roasted peppers, sour cream, coriander and red chilli. 737 kcal

VEGAN ALTERNATIVE AVAILABLE 1122 kcal

CRISPY SWEET CHILLI SMOKED TOFU SKEWERS (VG) 14.00

Crispy sweet chilli smoked tofu skewers with sweetcorn riblets, skin-on fries, mint mayo, baby gem lettuce, fresh tomato salsa and coriander. 1406 kcal

SHARERS

Recommend for two people.

NACHOS EL CLÁSICO (V) 12.00

Topped with grated cheese, guac, cheese sauce, fresh tomato salsa, sour cream, jalapeños & rocket. 1098 kcal

VEGAN ALTERNATIVE AVAILABLE 1310 kcal

SWEETCORN RIBLETS (VG) 15.00

1695 kcal

NOW CHOOSE YOUR SAUCE:

FRANK'S® REDHOT® SAUCE & GARLIC HERB SAUCE (VG) +121 kcal
INFERNO HOT SAUCE (VG) +1.00 +41 kcal

SMALL PLATES

SWEETCORN RIBLETS (VG) 6.00

396 kcal

NOW CHOOSE YOUR SAUCE:

FRANK'S® REDHOT® SAUCE & GARLIC HERB SAUCE (VG) +59 kcal
INFERNO HOT SAUCE (VG) +13 kcal

SWICY HALLOUMI (V) 6.50

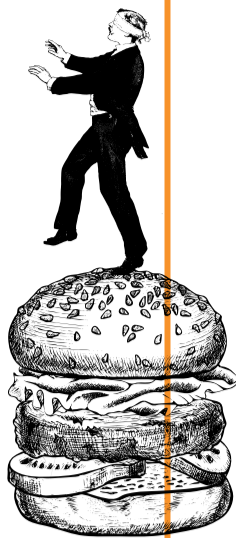
Delicate halloumi bites tossed in sweet chilli, lime & coriander sauce, served with rocket leaves and a lime wedge. 534 kcal

SWICY SMOKED TOFU BITES (VG) 6.50

Crispy coated smoked tofu tossed in sweet chilli, lime & coriander sauce, served with rocket leaves and a lime wedge. 609 kcal

CRAFTED BURGERS

Our burgers are served in a seeded bread roll with burger sauce, iceberg lettuce, chopped onion and gherkin, with skin-on fries and BBQ sauce (unless otherwise stated).



THE MEATY CLASSIC 11.50

Choose between a succulent beef patty or smoked chicken thigh. 727 kcal (excluding Burger Option)
 Beef Patty +287 kcal Smoked Chicken Thigh +255 kcal

THE VEGGIE CLASSIC (V) 11.50

Crispy coated smoked tofu burger. 1098 kcal

THE MEATY MELT 12.50

Choose between a succulent beef patty or smoked chicken thigh, topped with streaky bacon, a burger cheese slice and sticky BBQ sauce. 824 kcal (excluding Burger Option),
 Beef Patty +287 kcal, Smoked Chicken Thigh +255 kcal

THE VEGGIE MELT (V) 12.00

Crispy coated smoked tofu, topped with a burger cheese slice and sticky BBQ sauce. 1175 kcal

BEEFY BLUE 13.00

Succulent beef patty, blue cheese, streaky bacon, caramelised onion and garlic mayo. 1234 kcal

THE CAESAR 13.00

Smoked chicken thigh in a seeded bread roll with a salt, pepper & chilli mayo, baby gem lettuce, garlic & herb sauce and Italian grated hard cheese. Served with skin-on fries and BBQ sauce. 1261 kcal

THE MARGHERITA (V) 11.50

Crispy coated smoked tofu, topped with a Sheese® sauce, fresh basil and pizza sauce. 1162 kcal

THE SPICY BAD LAD 13.00

Smoked chicken thigh, spicy cheese sauce, grilled chorizo slices, PEPPADEW® pepper pieces, Frank's® Red Hot® sauce and coriander. 1084 kcal

LOADED FRIES

SHEESY (VG) 7.50

Grated Sheese® and Sheese® sauce, chargrilled tomato jam, PEPPADEW® pepper pieces, sweet chilli, lime & coriander sauce, fresh tomato salsa and rocket. 1343 kcal

ANGRY FRIES (V-M) 7.50

Grated mozzarella, house cheese sauce, crumbled blue cheese, Frank's® RedHot® sauce and spring onion. 1306 kcal

SIDES

SKIN-ON FRIES (VG) 3.50

455 kcal

SIDE SALAD (VG) 3.00

130 kcal

TATER BITES (VG) 3.00

564 kcal

ROLL WITH IT

Our seeded rolls are served with skin-on-fries.

CRISPY COATED SMOKED TOFU (V) 11.00

Crispy coated smoked tofu bites with salt, pepper & chilli mayo, mixed Leaves, PEPPADEW® pepper sauce and pieces, garlic & herb sauce and fresh tomato salsa. 1478 kcal

SMOKED CHICKEN THIGH 11.50

With salt, pepper & chilli mayo, mixed leaves, grated cheese and sticky BBQ sauce topped with fresh tomato salsa and sweet & sour onion. 1205 kcal

TANDOORI CHICKEN 12.00

Mint mayo, mixed leaves, Tandoori chicken pieces and PEPPADEW® pepper sauce topped with coriander and fresh tomato salsa. 1149 kcal



SWEET TOOTH?

VANILLA FLAVOUR ICE CREAM (V) 4.50.

347 kcal

3 SCOOPS VANILLA NON-DAIRY ICED DESSERT (VG) 4.50

403 kcal

