





MIDWEEK EATS

&

MEETS

1 COURSE & A DRINK

£14

2 COURSES & A DRINK

£18

MONDAY-FRIDAY 4PM-9PM

STARTERS

CRISPY CALAMARI BITES

With a garlic & herb dip and lemon. 451 kcal

CRISPY SHREDDED CHICKEN

With sweet chilli sauce and salt & pepper seasoning. 455 kcal

HALLOUMI FRIES

With sticky BBQ sauce. 411 kcal

CRISPY COATED PRAWNS

With a sweet piquanté pepper sauce. 372 kcal

IBÉRICO HAM CROQUETTES

With baconnaise. 557 kcal

BRAVAS LOADED TATER BITES

With peri-peri and garlic & herb sauce. 679 kcal

SWEETCORN FRITTERS

With sweet chilli sauce, roasted sweetcorn and a wasabi mayo dip, served with cucumber ribbons and spring onion. 546 kcal

CRISPY TOFU

The Tofo Co. smoked tofu with a sweet chilli dressing, cucumber ribbons, coriander and chilli. 354 kcal

MAINS

GARLIC & CHILLI PRAWN LINGUINE

With spinach, lemon, capers and pico de gallo. 465 kcal

SMOTHERED CHICKEN

Your choice of grilled chicken breast (+184 kcal) or crispy coated chicken breast (+418 kcal), topped with Monterey Jack cheese, streaky bacon and sticky BBQ sauce, served with skin-on fries and your choice of peas (+76 kcal) or rocket (+2 kcal). 735 kcal

FISH & CHIPS


Hand-battered fish with skin-on fries, tartare sauce and your choice of peas (+76 kcal) or mushy peas (+91 kcal). 1400 kcal

CHICKEN & CHORIZO SKEWERS

With a green salad, pico de gallo and red pepper & sesame houmous, served with skin-on fries. 1004 kcal

HAWAIIAN RICE BOWL

Sticky coconut rice with soya beans and roasted corn, sweet & sour pickled onion, grilled pineapple and sweet chilli sauce. 630 kcal

- Why not add a topper?
- Crispy smoked tofu  +£2 (+431 kcal)
 - Grilled chicken breast +£2 (+184 kcal)

MAC 'N' CHEESE

Macaroni in a creamy Monterey Jack cheese sauce, served with a green salad. 837 kcal

Why not add a topper?

- Crispy shredded BBQ chicken +£2 (+396 kcal)
- Crispy BBQ smoked tofu  +£2 (+340 kcal)
- Bacon, sweet piquanté peppers & jalapeños +£2 (+226 kcal)

FAJITA CHICKEN PASTA

Penne pasta with pulled chicken breast in a creamy sauce with onion and mixed peppers, finished with coriander, spring onion and lime. 1259 kcal


FAJITA PASTA

Penne pasta in a Sheese® sauce with onion, soya beans and mixed peppers, finished with coriander, spring onion and lime. 895 kcal

KATSU CURRY

A rich curry sauce with basmati rice, red chilli, spring onion and coriander. 534 kcal

With your choice of:

- Crispy smoked tofu  (+431 kcal)
- Crispy coated chicken (+418 kcal)

PULLED CHIPOTLE BEEF LINGUINE

With a rich tomato sauce, rocket and Italian hard cheese shavings. 422 kcal

ALL OUR BURGERS ARE SERVED IN A SOFT GLAZED BUN WITH MISO MAYO*, LETTUCE AND CHOPPED PICKLE & ONION, WITH SKIN-ON FRIES (+455 kcal) OR SIDE SALAD (+55 kcal)

SWAP TO SWEET POTATO FRIES +£1.75 (+342 kcal)

OR TATER BITES + £1.25 (+564 kcal)

BACON CHEESEBURGER

Two beef patties, streaky bacon, Monterey Jack cheese, BBQ sauce and cheese sauce. 1039 kcal

BREADED CHICKEN BURGER

With streaky bacon, chilli jam, Monterey Jack cheese and cheese sauce. 1097 kcal

VEGGIE CHEESEBURGER

Grilled plant-based THIS™ Isn't Beef burger, Monterey Jack cheese, sweet & sour pickled onion, cheese sauce, chilli jam and rocket. 795 kcal

DESSERTS

WARM MINI CHURROS

Filled with caramel and served with sumptuous caramel and Belgian chocolate sauces. 426 kcal

SALTED CARAMEL CHOCOLATE BROWNIE BITES**

With Belgian chocolate sauce and freeze-dried raspberries. 295 kcal

SALTED CARAMEL CHEEZECAKE BITES**

With Biscoff sauce. 569 kcal

BEER&CIDER: AMSTEL Pint (4.1% ABV), PERONI Pint (4.1% ABV), BIRRA MORETTI Pint (4.6% ABV), ASAHI Pint (4.6% ABV), GUINNESS Pint (4.2% ABV), INCH'S CIDER Pint (4.5% ABV), BEAVERTOWN NECK OIL Pint (4.3% ABV), BRIXTON RELIANCE Pint (4.2% ABV) OR OLD MOUT BERRIES & CHERRIES 500ml (4% ABV)

&WINE: VINUVA PROSECCO 125ml (10.5% ABV), EL VELERO, VERDEJO BLANCO 175ml (10% ABV), EL VELERO, TEMPRANILLO GARNACHA ROSADO 175ml (10% ABV), EL ZONDAZ, TEMPRANILLO 175ml (12.5% ABV) OR GERARD BERTRAND GRIS BLANC ROSÉ ORGANIC 175ml (13% ABV)