

# **LUNCH MENU**

## **SANDWICHES**

SERVED UNTIL 4PM. ALL SERVED WITH SKIN-ON FRIES (+455 kcal) OR SIDE SALAD (+55 kcal) SWAP TO SWEET POTATO FRIES + £1.75 (+342 kcal) OR TATER BITES + £1.25 (+564 kcal) PREFER A TORTILLA WRAP? JUST ASK! (+112 kcal)

#### CHICKEN & BACON SANDWICH £12.95

Crispy coated chicken, streaky bacon, avocado, red pepper & sesame houmous, baconnaise and rocket in rosemary focaccia. 1082 kcal

#### STEAK SANDWICH £15.95

Sirloin steak slices, sweet & sour pickled onion, balsamic glaze, miso mayo\* and rocket served in rosemary focaccia. 599 kcal

#### FISH FINGER BUN £11.95

Hand-battered fish goujons, tartare sauce, gherkins and iceberg lettuce served in a bun. 542 kcal

#### PLANT POWER SANDWICH VG-M £12.45

Avocado, red pepper & sesame houmous, slow-roasted tomatoes, sweet & sour pickled onion, cucumber ribbons, miso mayo\* and rocket served in rosemary focaccia. 520 kcal

ADD A SLICE OF MONTEREY JACK CHEESE (\*\*) (+83 kcal) OR SHEESE\* (\*\*) (+58 kcal) TO ANY SANDWICH +50p

### **SURGERS**

SERVED IN A SOFT GLAZED BUN WITH MISO MAYO\*, LETTUCE AND CHOPPED PICKLE & ONION, WITH SKIN-ON FRIES (+455 kcal) OR SIDE SALAD (+55 kcal)

SWAP TO SWEET POTATO FRIES + £1.75 (+342 kcal) OR TATER BITES + £1.25 (+564 kcal)

#### BACON CHEESEBURGER £15.95

Two beef patties, streaky bacon, Monterey Jack cheese, BBQ sauce and cheese sauce. 1039 kcal

#### VEGAN SHEESE® BURGER @ £15.45

Grilled plant-based THIS™ Isn't Beef burger, grated Sheese®, sweet & sour pickled onion, Sheese® sauce, chilli jam and rocket. 808 kcal

#### VEGGIE CHEESEBURGER **1** £15.45

Grilled plant-based THIS™ Isn't Beef burger, Monterey Jack cheese, sweet & sour pickled onion, cheese sauce, chilli jam and rocket. 795 kcal

#### **BREADED CHICKEN BURGER £15.95**

With streaky bacon, chilli jam, Monterey Jack cheese and cheese sauce. 1097 kcal

### **LIGHT BITES**

### TOMATO & CHEESE QUESADILLA © £10.95

Three spicy salsa, cheese & jalapeno corn quesadillas topped with pico de gallo, sweet & sour pickled onion, avocado and peri-peri sauce. 881 keal Why not add a topper?

- Pork in spicy chipotle & citrus sauce +£1.50 (+108 kcal)
- Pulled chipotle beef +£1.50 (+66 kcal)
- Yucatan-style diced chicken +£1.50 (+103 kcal)

### AVOCADO & POACHED

EGG V-M £8.95

On focaccia toast with roasted corn, vegan mayo and a splash of balsamic glaze. 511 kcal

#### S&L EGGS BENEDICT £9.45

