

## **MIX** MATCH

## DISHES THAT WORK ANY WAY YOU WANT CHOOSE AS A STARTER, MAIN OR TO SHARE

S&L CHICKEN WINGS SOURD FAVE

shake, dip or do both! 427 kcal

**IBÉRICO HAM CROQUETTES** 

SWEETCORN FRITTERS VG-M

**CRISPY COATED PRAWNS** 

372 kcal

679 kcal

**BRAVAS LOADED** 

TATER BITES VI SOUAD FAVE

With baconnaise. 557 kcal

Shake-your-way wings! Crispy chicken

wings served with miso & bacon flavour

seasoning, sweet piquanté pepper sauce

and sticky BBQ sauce - ready for you to

With sweet chilli sauce, roasted sweetcorn

cucumber ribbons and spring onion. 546 kcal

and a wasabi mayo dip, served with

With a sweet piquanté pepper sauce.

With peri-peri and garlic & herb sauce.

## PEPPADEW® BITES V COLUMN FAVOR

Filled with cream cheese and coated with a light, crispy panko-style crumb, served with a sweet piquanté pepper sauce. 282 kcal

SWEETCORN FRITTE

**DUCK POPCORN** Crispy duck popcorn, cucumber ribbons,

**CRISPY SHREDDED CHICKEN** With sweet chilli sauce and salt &

spring onion and Hoisin sauce. 604 kcal

## pepper seasoning. 455 kcal

HALLOUMI FRIES 🖤 With sticky BBQ sauce. 411 kcal

**CHICKEN & CHORIZO SKEWERS** 

## With balsamic glaze. 391 kcal

CHEESY NACHOS

Why not add a topper?

sauce (+103 kcal)

1578 kcal

SHEESE® NACHOS W

Loaded with grated cheese, smashed

avocado, nacho cheese, sour cream,

jalapeños and pico de gallo salsa. 1360 kcal

Pulled Chicken with a sweet piquanté

Loaded with grated Sheese®, smashed avocado, Sheese® sauce, jalapeños, pico

de gallo salsa and garlic & herb sauce.

Nacho cheese dip topped with jalapeños,

**NACHO CHEESE FONDUE SHARER** 

served with red pepper sticks, tortilla

chips, crispy shredded chicken,

flatbread and tater bites. 1052 kcal

**CRISPY CHICKEN BAO BUNS** 

Two fried bao buns with crispy shredded chicken, chilli jam and rocket. 712 kcal

## **SHARERS**

**CHEESE & BACON LOADED FRIES** Skin-on fries loaded with nacho cheese,

## KATSU LOADED FRIES 🐠

smoked bacon, spring onion and sour cream, topped with hard cheese shavings. 1345 kcal

Skin-on fries loaded with curry sauce, spring onion and sweet & sour pickled onion. 1219 kcal

## With your choice of:

 Crispy smoked tofu (6) (+286 kcal) Crispy shredded chicken (+343 kcal)

CHEESEBURGER LOADED FRIES

### Skin-on fries loaded with nacho cheese, chopped pickle & onion and

baconnaise. 1253 kcal With your choice of: • Beef burger (+210 kcal)

## THIS™ Isn't Beef burger ( (+249 kcal)

S&L MEAT FEAST Chicken wings with sticky BBQ sauce, garlic bread, crispy shredded chicken with peri-peri sauce and spring onion, crispy duck popcorn with Hoisin sauce, tater

## Full allergen information is available on request from our team. Our menus do not list all ingredients.

bites and rocket leaves. 1852 kcal Adults need around 2000 kcal a day. \*Our miso mayo contains alcohol. \*\*Contains oats

**CMAINS** 

## **S&L** SHARER FOR TWO

CRISPY TOFU @

**BURRATA DETROIT** 

**TOAST** 

721 kcal

514 kcal

451 kcal

DUO OF DIPS 🖤

The Tofoo Co. smoked tofu with

a sweet chilli dressing, cucumber

Detroit-style pizza bread topped

with cheese and tomato sauce, baked and loaded with burrata

and finished with blossom honey

Whipped feta and red pepper &

sesame houmous with hot honey.

pico de gallo salsa and flatbread.

With a garlic & herb dip and lemon.

**CRISPY CALAMARI BITES** 

and a sweet piquanté pepper sauce.

ribbons, coriander and chilli. 354 kcal

Chicken wings with sweet piquanté pepper sauce, chicken & chorizo skewers, Ibérico ham croquettes with baconnaise, garlic bread, slow-roasted tomatoes & mixed olives, crispy shredded chicken with sweet chilli dressing and salt & pepper seasoned fries with chilli & spring onion. 2533 kcal

## CAESAR SALAD BOWL SOUND FAVEL

Spinach, iceberg lettuce, soya beans, focaccia croutons, Italian hard cheese shavings and creamy Caesar dressing. 682 kcal Why not add a topper?

### Crispy smoked tofu (+431 kcal) • Grilled chicken breast (+184 kcal)

**FAJITA CHICKEN PASTA** 

Penne pasta with pulled chicken breast in a creamy sauce with onion and mixed peppers, finished with coriander, spring onion and lime. 1259 kcal

## KATSU CURRY

A rich curry sauce with basmati rice, red chilli, spring onion and coriander. 534 kcal. With your choice of:

### • Crispy smoked tofu ( +431 kcal) Crispy coated chicken (+418 kcal)

### FISH & CHIPS Hand-battered fish with skin-on fries, tartare sauce

and your choice of peas (+76 kcal) or mushy peas (+91 kcal). 1400 kcal

## **SCAMPI & CHIPS**

Crispy, golden scampi with skin-on fries, tartare sauce and your choice of peas (+76 kcal) or mushy peas (+91 kcal).

Why not add a topper?

HAWAIIAN RICE BOWL VG-M Sticky coconut rice with soya beans and roasted corn, sweet & sour pickled onion,

grilled pineapple and sweet chilli sauce. 630 kcal

### Crispy smoked tofu (6 (+431 kcal)) • Grilled chicken breast (+184 kcal)

**GARLIC & CHILLI PRAWN LINGUINE** 

With spinach, lemon, capers and pico de gallo. 465 kcal

Macaroni in a creamy Monterey Jack cheese sauce, served with a green salad. 837 kcal Why not add a topper?

MAC 'N' CHEESE V

• Crispy shredded BBQ chicken (+396 kcal) Crispy BBQ smoked tofu (6 (+340 kcal))

Bacon, sweet piquanté peppers & jalapeños (+226 kcal)

SMOTHERED CHICKEN

Jack cheese, streaky bacon and sticky BBQ sauce, served with skin-on fries and your choice of peas (+76 kcal) or rocket (+2 kcal). 735 kcal **CHICKEN & CHORIZO SKEWERS** 

Your choice of grilled chicken breast (+184 kcal) or crispy coated chicken breast (+418 kcal), topped with Monterey

## With a green salad, pico de gallo and red pepper &

sesame houmous, served with skin-on fries. 1004 kcal PULLED CHIPOTLE BEEF LINGUINE

## With a rich tomato sauce, rocket and Italian

hard cheese shavings. 422 kcal FAJITA PASTA 🐠

with coriander, spring onion and lime 895 kcal **STEAK & FRIES** 

Penne pasta in a Sheese® sauce with onion,

sova beans and mixed peppers, finished

8oz sirloin steak with skin-on fries, slow-roasted tomatoes, peppercorn sauce and your choice of peas (+76 kcal) or rocket (+2 kcal). 931 kcal



## **BURGERS**

SERVED IN A SOFT GLAZED BUN WITH MISO MAYO\*. LETTUCE AND CHOPPED

PICKLE & ONION, WITH SKIN-ON FRIES (+455 kcal) OR SIDE SALAD (+55 kcal) **SWAP TO SWEET POTATO FRIES** (+342 kcal) **OR TATER BITES** (+564 kcal)

## MEXICAN CHICKEN BURGER Crispy coated chicken burger topped with jalapeños,

pico de gallo, Yucatan-style diced chicken, roasted tomato salsa and tortilla chips, served in nacho cheese and chipotle hot sauce dip. 983 kcal



BACON CHEESEBURGER SAULD FAVE

BBQ sauce and cheese sauce. 1039 kcal

BREADED CHICKEN BURGER With streaky bacon, chilli jam, Monterey Jack cheese and cheese

## sauce. 1097 kcal

**VEGAN SHEESE® BURGER** Grilled plant-based THIS™ Isn't Beef burger, grated Sheese®, sweet & sour pickled onion, Sheese® sauce, chilli jam and rocket. 808 kcal

Two beef patties, streaky bacon, Monterey Jack cheese,

## VEGGIE CHEESEBURGER •• Grilled plant-based THIS™ Isn't Beef burger, Monterey Jack

cheese, sweet & sour pickled onion, cheese sauce, chilli jam and rocket. 795 kcal

## SERVED UNTIL 4PM. ALL SERVED WITH SKIN-ON FRIES (+455 kcal) OR SIDE SALAD (+55 kcal)

STEAK SANDWICH SOUND FA CHICKEN & BACON SANDWICH Crispy coated chicken, streaky bacon, Sirloin steak slices, sweet & sour avocado, red pepper & sesame houmous, baconnaise and rocket pickled onion, balsamic glaze, in rosemary focaccia. 1082 kcal

**SWAP TO SWEET POTATO FRIES** (+342 kcal) **OR TATER BITES** (+564 kcal) PREFER A TORTILLA WRAP? JUST ASK! (+112 kcal)

### PLANT POWER SANDWICH VG-M Avocado, red pepper & sesame houmous, slow-roasted tomatoes, sweet & sour pickled

onion, cucumber ribbons, miso mayo\* and rocket served in rosemary focaccia. 520 kcal

## miso mayo\* and rocket served in rosemary focaccia. 599 kcal

FISH FINGER BUN Hand-battered fish goujons, tartare sauce, gherkins and iceberg lettuce served in a bun. 542 kcal

ADD A SLICE OF MONTEREY JACK CHEESE (+83 kcal) OR SHEESE (+58 kcal) TO ANY SANDWICH

**COUNT FORGET TO ADD A SIDE** 

### With a garlic & herb dip. 567 kcal **SWEET POTATO FRIES 10** 342 kcal Make it cheesy **(** (+166 kcal) SIDE SALAD @

With spring onion and chilli. 462 kcal ONION RINGS **1** 571 kcal

SALT & PEPPER FRIES 100

SKIN-ON FRIES 1 455 kcal

MAC 'N' CHEESE W 407 kcal

and spring onion with olive oil. 55 kcal LOADED TATER BITES VG-M

## With roasted corn, our signature miso & bacon flavour sauce and chilli jam. 806 kcal

GARLIC BREAD VG-M

Filled with caramel and served with

ADD A SCOOP OF POPCORN FLAVOURED ICE CREAM **(** +137 kcal)

sumptuous caramel and Belgian

SALTED CARAMEL CHOCOLATE

chocolate sauces. 426 kcal

Cucumber ribbons, rocket, spinach, pico de gallo

## **SWEETS** TREATS WARM MINI CHURROS **(1)**

ICE CREAM COOKIE BITES **(1)** Vanilla flavour ice cream coated in crushed

strand sprinkles. 303 kcal

CRISPY FRIED CUSTARD

SALTED CARAMEL

stated are subject to change.

registered trademark of Lotus Bakeries.

ADD A SCOOP OF POPCORN FLAVOURED ICE CREAM (+137 kcal)

chocolate flavour cookies with a vanilla flavoured filling served with salted caramel sauce, freeze-dried raspberries and sugar

With salted caramel sauce and raspberry coulis for dipping. 647 kcal

CHEEZECAKE BITES\*\* VG-M With Biscoff sauce. 569 kcal

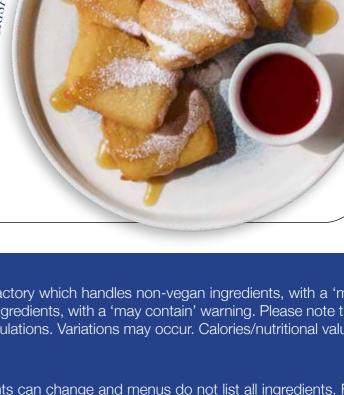
COUPLE OUR MOUTHWATERING DESSERTS

# ADD A SCOOP OF POPCORN FLAVOURED ICE CREAM (+137 kcal)

### **BROWNIE BITES\*\*** VG-M With Belgian chocolate

raspberries. 295 kcal ADD A SCOOP OF POPCORN FLAVOURED ICE CREAM **W** (+137 kcal)

sauce and freeze-dried



WITH A COFFEE OR COCKTAIL!

allergen information detailing the 14 legally declarable allergens contained is available for all our food and drinks. While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. There is significant risk of cross-contamination in our deep fat fryers.

All menu items are subject to availability. Images are for illustrative purposes only. Prices are in pounds sterling and include VAT at the current rate. We accept Delta, Maestro, MasterCard and Visa. Prices for products not stated on the menu are available at the bar or on the app. If a service charge is added to the bill, this is entirely discretionary and is paid to those employees providing the service. All tips are retained by our team members.

All vegan cheeze used in our dishes is non-dairy. \*Contains alcohol. Fish and poultry dishes may contain bones. All weights are approximate uncooked. Biscoff is a

Management reserves the right to withdraw/change offers (without notice) at any time.

Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SJ

## (V) Suitable for vegetarians. (VG) Suitable for vegans. (VG-M) Made with vegan ingredients but produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. (V-M) Made with veggie ingredients but produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Ingredients are based on standard product formulations. Variations may occur. Calories/nutritional values Please inform staff of any allergies before placing your order, even if you have eaten a dish before, as ingredients can change and menus do not list all ingredients. Full