

# **YOUR BREAKFAST YOUR MENU**

**TUCK INTO A PROPER BREAKFAST**

**IT'S  
YOUR  
PUB**

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# BREAKFAST MENU

**Do you have any allergies?** Please inform staff of any allergies before placing your order, even if you have ordered the dish/drink before, as ingredients can change and menus do not list all ingredients. Full allergen information is available for all food & drinks, detailing the 14 legally declarable allergens contained in our dishes/drinks.

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## BIG BREAKFASTS

### THE FULL ENGLISH BREAKFAST

Two Cumberland sausages, two rashers of bacon, two fried free-range eggs, baked beans, hash browns, button mushrooms, grilled tomato, black pudding and a slice of toast with butter. *1500 kcal*

### THE FULL VEGGIE BREAKFAST

Two  sausages, two fried free-range eggs, baked beans, hash browns, button mushrooms, grilled tomato and a slice of toast with butter. *1059 kcal*

### TRADITIONAL BREAKFAST

Cumberland sausage, bacon, fried free-range egg, baked beans, hash brown, button mushrooms, black pudding, half a grilled tomato and a slice of toast with butter. *919 kcal*

## SMALL BITES

### CUMBERLAND SAUSAGE SANDWICH

*683 kcal*

 SAUSAGE SANDWICH 

*635 kcal*

### AVOCADO ON TOAST

With guacamole, poached free-range egg and slow-roasted tomatoes *628 kcal*

Adults need around 2000 kcal a day

### EGGS BENEDICT

A toasted muffin with bacon and poached free-range eggs topped with Hollandaise sauce. *707 kcal*

### EGGS ON TOAST

Choose poached *409 kcal*, fried *417 kcal*, or free-range scrambled eggs. *515 kcal*

### TOAST

White bread *419 kcal* or brown bread *424 kcal*  
With strawberry jam *+76 kcal* or honey *+61 kcal*

## ADD-ONS

FRIED  *+104 kcal*, SCRAMBLED  *+306 kcal*, OR POACHED  
FREE-RANGE EGG  *+100 kcal*

HASH BROWNS 

*+258 kcal*

BAKED BEANS 

*+78 kcal*

BACON

*+82 kcal*

BUTTON MUSHROOMS 

*+82 kcal*

GRILLED TOMATO 

*+18 kcal*

CUMBERLAND SAUSAGE

*+132 kcal*

 SAUSAGE 

*+108 kcal*

 Suitable for vegetarians.  Suitable for vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Do you have any allergies? Please inform a team member of any allergies before placing your order, even if you have eaten the dish before, as ingredients can change, and menus do not list all ingredients. Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes. Whilst all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. Ingredients are based on standard product formulations, variations may occur. Calorie/nutritional values stated are subject to change. † Fish and poultry dishes may contain bones and/or shell. All products and offers are subject to availability. Management reserves the right to refuse custom and/or withdraw/change offers (without notice), at any time. Photography/illustration is for guidance only. Prices include VAT, at the current rate. Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SJ.