

YOUR BREAKFAST YOUR MENU

TUCK INTO A PROPER BREAKFAST

IT'S
YOUR
PUB

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BREAKFAST MENU

Do you have any allergies? Please inform staff of any allergies before placing your order, even if you have ordered the dish/drink before, as ingredients can change and menus do not list all ingredients. Full allergen information is available for all food & drinks, detailing the 14 legally declarable allergens contained in our dishes/drinks.

QT'S
YOUR
PUB

START THE DAY RIGHT

BACON SANDWICH **V**

With white bread. 665 kcal

VEGGIE BREAKFAST **V**

Two **Quorn** sausages, two fried free-range eggs, baked beans, hash browns, button mushrooms, grilled tomato and a slice of toast with butter. With white bread 1039 kcal. With brown bread 1042 kcal.

CUMBERLAND SAUSAGE SANDWICH **V**

635 kcal. **Quorn** With white bread 684 kcal. **Quorn** With brown bread 689 kcal. Vegetarian option available **V**.

THE FULL SCOTTISH BREAKFAST **V**

Two Lorne sausages, two rashers of bacon, two fried free-range eggs, baked beans, tattie scones, 2 slices of black pudding, button mushrooms, grilled tomato and a slice of toast with white toast & butter. 1499kcal

EGGS BENEDICT **V**

Toasted muffin with bacon and poached free-range eggs, topped with hollandaise sauce. 707 kcal

TRADITIONAL BREAKFAST **V**

Lorne sausage, bacon, fried free-range egg, baked beans, tattie scone, black pudding, button mushrooms, half a grilled tomato and a slice of toast with butter. 913kcal

ON TOAST

Served on your choice of toasted white 373 kcal or brown 379 kcal farmhouse bread with butter

AVOCADO ON TOAST **V**

With guacamole, poached free-range egg and slow-roasted tomatoes. 628 kcal

EGGS ON TOAST **V**

Choose poached +200 kcal, fried +208 kcal or scrambled free-range eggs. +306 kcal With brown bread 518 kcal. With white bread 515 kcal.

TOAST **V**

With white bread 419 kcal or brown bread 424 kcal
With strawberry jam +76 kcal or honey +61 kcal

Adults need around 2000 kcal a day

SANDWICH & DRINK

STEP 1:

Choose your sandwich

On white farmhouse bread with butter

Bacon 700 kcal,

Sausage 769 kcal,

OR **Quorn** Sausage **V** 697kcal

Swap to brown farmhouse bread +6 kcal

STEP 2:

Choose your drink

Pot of Tea with Milk +43 kcal,

Coffee with Milk +46 kcal,

Regular Cappuccino +47 kcal,

Espresso +1 kcal,

Latte +61 kcal or Hot Chocolate +258 kcal

SIDE ORDERS

Why not add some side orders?

Bacon +82 kcal, Beans **VE** +78 kcal,

Sausage +132kcal, **Quorn** Sausage **VE**

+108kcal, Toast: **V** Brown bread +212 kcal,

White bread **V** +209kcal, Fried egg **V**

+104 kcal, Hash brown **VE** +258 kcal,

Mushrooms **V** +51 kcal, Poached egg **V**

+100 kcal, Scrambled egg +306 kcal,

Tomato **VE** +18 kcal

V Suitable for vegetarians. **VE** Suitable for vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Do you have any allergies? Please inform a team member of any allergies before placing your order, even if you have eaten the dish before, as ingredients can change, and menus do not list all ingredients. Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes. Whilst all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. Ingredients are based on standard product formulations, variations may occur. Calories/nutritional values stated are subject to change. † Fish and poultry dishes may contain bones and/or shell. All products and offers are subject to availability. Management reserves the right to refuse custom and/or withdraw/change offers (without notice), at any time. Photography/illustration is for guidance only. Prices include VAT, at the current rate. Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SU.