

Gluten Free Menu

BREAKFAST

GF LEIF BREAKFAST £11.95

Two fried eggs, two bacon rashers, mushrooms, hash brown, grilled tomato, beans and gluten free toast

GF VEGGIE BREAKFAST £11.95

Two fried eggs, avocado, two hash browns, grilled tomato, mushrooms, beans and gluten free toast

GF BREAKFAST SANDWICH £9.00

Served on gluten free bread with side salad and hash brown.

- Salmon & Scrambled Egg

- Bacon & Fried Egg

EGGS ON TOAST £5.50

Two poached, scrambled or fried eggs on gluten free toast. See below for additional accompaniments.

- Bacon/Salmon **+£2.25 each**

- Avocado/Mushrooms/Egg/Hash Brown/Heinz Beans/Tomato **+£1.75 each**

SALADS

GOATS CHEESE & BAKED FIG £10.25

Grilled goats cheese served on toasted GF bread with mixed leaves, roasted red peppers, walnuts and baked fig with a balsamic dressing

CHICKEN & BACON £10.25

Grilled Chicken Breast, Crispy Bacon Strips, Mixed Leaves, Cucumber, Tomato, Roasted Red Peppers, Olives, French Dressing

PRAWN & AVOCADO £10.25

Prawns, Avocado, Roasted Red Pepper, Tomato, Cucumber, Mixed Leaves, Sweet Chilli Sauce

NICOISE £10.25

Tuna, Boiled Egg, French Beans, New Potatoes, Olives Tomatoes, Mixed Leaves, French Dressing

SANDWICHES £9.00

All served on gluten free bread with crisps & side salad.

Upgrade to chips for an extra £2.00.

- SMOKED CHEDDAR, CHORIZO & TOMATO

- BRIE, BACON & CRANBERRY

- B.L.T WITH MAYO (+CHICKEN £1.50)

- GOAT'S CHEESE & CARAMELISED ONION

- PRAWNS, AVOCADO & SWEET CHILLI

- GRILLED HALLOUMI, ROASTED RED PEPPER & SWEET CHILLI

BURGERS

Served Bun-less with GF chunky chips and side salad.

Change to sweet potato fries for +50p

AUBREY ALLEN BEEF BURGER £14.95

Cheddar, bacon, mayo, relish

CHICKEN BREAST £14.95

Bacon, Avocado, Mayo, Relish

VG MOVING MOUNTAINS BURGER £14.95

Vegan cheese, relish, lettuce, onion

SIDES/SHARERS

CHUNKY CHIPS £4.00

SWEET POTATO FRIES £4.50

HOUSE SALAD WITH BALSAMIC £4.50

NACHOS £12.50

Tortilla chips loaded with salsa, guacamole, sour cream, melted cheese and jalapenos
(+chicken and bacon £1.50)

BOXED BAKED CAMEMBERT £11.50

Camembert baked with garlic and rosemary served with chutneys and GF bread