

& NON-GLUTEN CONTAINING INGREDIENTS MENU

The meals on this menu are made with ingredients which do not intentionally contain gluten. However, we handle gluten-containing ingredients in our kitchens, so cannot guarantee 100% free from. Please make a team member aware when ordering from the NGCI menu.



& BRUNCH

S&L EGGS BENNY **V**

Two poached eggs on a toasted seed roll with Rubies in the Rubble™ tomato relish, hollandaise sauce and rocket. *640 kcal*
Add *The Jolly Hog™ streaky bacon (+56 kcal)*
or *a Proper Porker sausage (+184 kcal)* **£1 EACH**

S&L HOUSE BREAKFAST

Fried egg, bacon, The Jolly Hog™ Proper Porker sausages, slow-roasted tomatoes, mushrooms, hash browns and your choice of lightly spiced beans (+90 kcal) or classic baked beans (+78 kcal). *1068 kcal*

AVOCADO & BABY SPINACH **V**

On a toasted seed roll, with basil oil. *635 kcal*
Add a *poached egg **V** (+101 kcal)* or
The Jolly Hog™ streaky bacon (+56 kcal) **£1 EACH**

S&L MEXICAN BRUNCH **V**

Lightly spiced bean chilli in tomato sauce, wilted spinach, fried egg, peri-peri sauce and spring onion with tortilla chips for dipping. *419 kcal*

S&L PLANT-BASED BREAKFAST **VG**

Avocado, slow-roasted tomatoes, mushrooms, hash browns and your choice of lightly spiced beans (+90 kcal) or classic baked beans (+78 kcal). *896 kcal*

LEVEL UP YOUR BRUNCH! £1 EACH

The Jolly Hog™ streaky bacon *56 kcal* / The Jolly Hog™ Proper Porker sausage *184 kcal* / baked beans **VG** *78 kcal* / fried egg **V** *104 kcal* / poached egg **V** *101 kcal* / scrambled egg **V** *372 kcal* / hash browns **VG** *267 kcal*

& SANDWICHES

ALL SERVED WITH SKIN-ON FRIES (+455 kcal) OR SIDE SALAD (+190 kcal).

SWAP TO SWEET POTATO FRIES +£1.50 (+342 kcal)
ADD A SLICE OF MONTEREY JACK CHEESE **V** (+83 kcal)
OR SHEESE® **VG** (+64 kcal) TO ANY SANDWICH 50p

STEAK SANDWICH

Sirloin steak slices, sweet & sour pickled onion, balsamic glaze, Rubies in the Rubble™ tomato relish and rocket in a seeded roll. *491 kcal*

PLANT POWER SANDWICH **V**

Avocado, red pepper & sesame houmous, slow-roasted tomatoes, sweet & sour pickled onion, cucumber ribbons, miso mayo* and rocket in a seeded roll. *749 kcal*

& PICKY BITS

CRISPY TOFU **VG**

The Tofoo Co. smoked tofu with mango, chilli and pineapple dressing, served with cucumber ribbons, coriander and chilli. *335 kcal*

RED PEPPER & SESAME HOUMOUS **VG**

With slow-roasted tomato relish, red pepper, mixed olives and tortilla chips. *464 kcal*

ROASTED PATATAS BRAVAS **VG**

With garlic & herb sauce, hot peri-peri sauce and coriander. *417 kcal*

CHICKEN SKEWERS

With slow-roasted tomatoes, mixed olives, rocket and balsamic. *253 kcal*

SPICY PIGS IN BLANKETS

With hot peri-peri sauce, salt & pepper seasoning and rice cracker crumbs. *432 kcal*

CHEESY NACHOS **V**

With fresh avocado, Rubies in the Rubble™ tomato relish, red chillies and Prosecco cheese sauce*. *849 kcal*
Make it **VG** – swap to Prosecco Sheese® sauce* (-10 kcal)

& A BIT ON THE SIDE

TRIO OF FRIES WITH 6 DIPS **VG**

Skin-on fries, salt & pepper seasoned fries and sweet potato fries, with a selection of Rubies in the Rubble™ tomato relish, miso mayo*, BBQ sauce, garlic & herb sauce, ketchup and peri-peri dips. *1879 kcal. Share with 2-3 besties!*

SKIN ON FRIES **VG**

455 kcal

SWEET POTATO FRIES **VG**

342 kcal

SIDE SALAD **VG**

Quinoa, cucumber ribbons, rocket, Tenderstem® broccoli, spinach and spring onion with a basil dressing *190 kcal*

& BURGERS

SERVED IN A SEEDED BUN WITH MISO MAYO*, LETTUCE AND CHOPPED PICKLE & ONION, WITH SKIN-ON FRIES (+455 kcal) OR SALAD (+190 kcal)
SWAP TO SWEET POTATO FRIES +£1.50 (+342 kcal)

BACON CHEESEBURGER

Two beef patties, The Jolly Hog™ streaky bacon, Monterey Jack cheese, BBQ sauce and cheese sauce. *1030 kcal*

MUSHROOM & HALLOUMI BURGER **V**

Grilled flat mushrooms, halloumi, chilli jam and rocket. *852 kcal*

MUSHROOM & SHEESE® BURGER **V**

Grilled flat mushrooms, Sheese®, chilli jam and rocket. *752 kcal*



SALADS & LARGE PLATES

STEAK & FRIES

8oz sirloin steak with skin-on fries, slow-roasted tomatoes, flat mushroom and your choice of peas (+79 kcal) or rocket (+2 kcal). *930 kcal*

ASIAN NOODLE SALAD

Cucumber ribbons, spring onion, baby corn, fine rice noodles, red peppers, spinach, rocket, mango, pineapple & chilli dressing and crunchy rice cracker crumbs. *221 kcal*
Add *grilled chicken skewers (+182 kcal)*

SMOTHERED CHICKEN

Grilled chicken breast, topped with Monterey Jack cheese, The Jolly Hog™ streaky bacon and sticky BBQ sauce, served with skin-on fries and your choice of peas (+79 kcal) or rocket (+2 kcal). *832 kcal*

THAI RED CURRY **VG**

A rich Panang curry sauce with basmati rice, Tenderstem® broccoli, red chilli, spring onion, coriander and lime. *490 kcal*
Why not add a topper to your curry?
Grilled chicken breast (+184 kcal)
Crispy smoked tofu **VG** (+437 kcal)

& SOMETHING SWEET

SALTED CARAMEL CHEEZECAKE BITES **VG-M**

With Belgian chocolate sauce. *349 kcal*

LITTLE MOONS™ MOCHI ICE CREAM **V**

Passionfruit & Mango mochi [mow-chee] with a cherry compote. Contains cashew nuts. *259 kcal*
Want a **VG-M** option (238 kcal)? Just ask the team!



Adults need around 2000 kcal per day. Do you have any allergies? Please inform the team before ordering.
*Our Prosecco cheese/Sheese® sauces and miso mayo contain alcohol. For full allergen information and terms & conditions check our main menu.