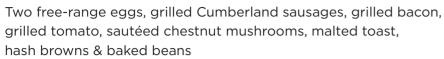
BREAKFAST & LUNCH MENU 10am to 3pm daily

GET FREE COFFEE WITH FULL BREAKFAST





£14.95

Half English Breakfast A smaller portion featuring one free-range egg, a Cumberland sausage, grilled bacon, grilled tomato, sautéed chestnut mushrooms, malted toast,

hash brown & baked beans. Perfect for a lighter appetite

Full English breakfast

Full Vegetarian breakfast	£14.75
-	

Two free-range eggs, grilled vegetarian sausages, sliced avocado, grilled tomato, sautéed chestnut mushrooms, malted toast, hash browns & baked beans

Scrambled eggs £7.95 Three free range scrambled eggs, chestnut mushrooms and malted toast

£9.95 **Mushroom omelette**

Three eggs omelette with mushrooms, cheddar cheese, fries and mixed leaves

£6.50 **Bacon Bap** Grilled bacon in a brioche bap

£7.95 Sausage bap

Grilled Cumberland sausages in a brioche bap

£7.55 Bacon & egg bap

Bacon, Sausage, egg & hash brown bap £9.85

Grilled bacon, grilled Cumberland sausages, fried egg and hash brown in a brioche bap £10.95

Eggs Benedict Grilled traditional English breakfast muffin, two poached eggs,

slices of honey roast ham and Hollandaise sauce

Grilled bacon and fried egg in a brioche bap

Eggs Florentine £9.80

Grilled traditional English breakfast muffin, two poached eggs, baby spinach and Hollandaise sauce

£10.95 **Grilled Sourdough and Avocado**

SANDWICHES & WRAPS

Beef Baguette



Toasted Sourdough bread with crushed avocado and two poached eggs

Grilled seeded brown baguette with roast beef, cheese, aioli, avocado mayonnaise, lettuce, tomatoes & fries

Bacon, Lettuce and Tomato £10.75

Crispy bacon, lettuce, tomato, ketchup & fries **Breaded fish fingers** £10.75

Three fish fingers, tartar sauce, lettuce & fries

£11.95 **Tuna melt**

Tuna mayo, cheddar cheese & fries

Grilled Chicken, Bacon & Avocado £12.95 Grilled chicken, bacon, crushed avocado, & fries

Crispy Chicken strips with hummus £12.95 Fried chicken, hummus, lettuce,

£15.95 The Club

Triple decker chicken sandwich, bacon, fried egg, tomato, garlic mayo, lettuce, white bread & fries

£10.95 **Crispy Halloumi**

Crispy breaded halloumi, lettuce, sweet chilli sauce & fries

Pico de Gallo, & fries



THE CASTLEBAR

BURGERS	FROM £8.00	
THE CASTLEBAR CHEESE BURGER		£8.00
Griddled two beef patties with range sauce, gherkin,	lettuce and cheese	
CHIPOTLE BEEF BURGER		£8.50
Griddled two beef patties with range sauce, Habane gherkin, lettuce, jalapeños and cheese	o sauce,	
SMOKED HOUSE		£8.95
Griddled two beef patties with range sauce, BBQ sau gherkin, lettuce, cheese, crispy bacon & caramelized		
ULTRA-CRUNCHY FRIED CHICKEN I	BREAST BURGERS	
THE CHEESY CHICKEN BURGER		£8.00
Crunchy fried chicken breast, cheese, range sauce, h sliced gherkin, lettuce & cheese	abanero sauce,	
BACON & CHICKEN		£8.50
Crunchy fried chicken breast, cheese, range sauce,		
Smoked BBQ sauce, sliced gherkin, lettuce, crispy or	nions & bacon	
ADD FOR EXTRA DELICIOUSNESS		
Chips from £3.50 / Bacon £1.50 / Cheese £1.50 / Egg	g £1.50	

SIDES		SAUCES	
French fries	£4.95	Chipotle	£1.10
Cajun French fries	£5.45	Sweet Chilli	£1.10
Chunky chips	£5.50	Garlic Mayo	£1.10
Sweet potato fries	£7.15	Tartare	£1.10
		BBQ	£1.10
(Hot Chilli	£1.10

T: 020 8977 3909 69-71 HIGH STREET, TEDDINGTON, TW11 8HA

FOOD ALLERGIES AND INTOLERANCES

Please speak to our staff about the ingredients in your meal. Be aware that all our dishes are prepared in a kitchen where nuts and gluten are present as well as other allergens, we cannot guarantee that any items is completely free from allergens, A discretionary 12.5% service charge will be added to your bill.

284942-EI-CASTLEBAR-4 folded MENUS-TEDDINGTON-SP.indd 21/10/2025 17:15

TAPAS -

VEGETARIAN

Crispy halloumi skewers with Zucchini & peas salad (V)

Sautéed Galician Padron peppers (V-VE-GF)

Patatas bravas con aioli (V)

Golden Onions rings

with spicy dipping sauce (V)



£8.50

£7.50

£6.00

£10.75

£10.00

£9.00

£10.75

£8.95

£8.95

£8.95

MEAT

Chicken Quesadilla	
with melted cheese & Pico de Gallo	

Spanish ham croquettes

with caramelized onions and aged balsamic vinegar

Korean Style Bao Buns

with pulled beef brisket in Peking duck sauce

FISH

Monkfish & North Atlantic prawns croquettes

With diced gherkin, cucumbers & saffron sauce



KIDS MENII

KIDS MENO	
Chicken Goujons & fries	£8.75
Fish finger & fries	£7.75
Chicken burger & fries	£9.50
Beef burger & fries	£9.50
Sausages, fries & garden peas	£7.00

DESSERTS

Churros with chocolate sauce & strawberries

Churros dusted in cinnamon sugar with warm chocolate sauce

Warm chocolate fondant

Baked soft chocolate fondant with Carte D'or vanilla ice cream

Apple Tarte Tatin Apple, sultana & cinnamon tarte tatin with salted caramel ice cream and caramel sauce

Sticky toffee pudding

Served with salted caramel ice cream and toffee sauce

Ice cream Selection

Choose between: Vanilla, Chocolate, Salted Caramel



PIZZA MENU

Pizza Caprese al Forno

Stone-baked and hand-stretched, topped with San Marzano tomato sauce, creamy mozzarella, and vine-ripened cherry tomatoes. Finished with fresh basil leaves and a drizzle of extra virgin olive oil

Mediterranean Veggie Pizza

£11.95 A colourful medley of fresh vegetables and Mediterranean flair. Topped with tender spinach

leaves, chestnut mushrooms, sweet red onions, golden sweetcorn, and rich Spanish olives. This pizza is layered over our signature tomato base and melted mozzarella for a wholesome, satisfying bite with every slice

Pepperoni Inferno

£13.95

A fiery favourite with a twist! Classic, crispy pepperoni slices are laid over a zesty tomato base, layered with melting mozzarella, and finished with a kickof jalapeños and a dash of chilli flakes

Pesto Chicken Pizza £13.95

Tender grilled chicken breast, creamy basil pesto, and melted mozzarella on a crisp stone-baked base. Accented with cherry tomatoes and a sprinkle of fresh rocket, this pizza delivers a perfect balance of savoury, herby, and lightly peppery flavours

Meat Feast Pizza £14.95

A rich and satisfying blend of premium meats and bold flavours. This pizza features succulent Cumberland sausage, smoked streaky bacon, honey-roast ham, and tender pulled beef, complemented by the subtle heat of fresh jalapeños Finished with our signature tomato sauce and melted mozzarella for a perfectly balanced and indulgent experience

Shredded Steak & caramelized onions Pizza

£15.95

£10.95

Tender strips of marinated beef steak, caramelised onions, and roasted mushrooms sit atop a hearty ale-infused tomato base, layered with melted mozzarella and mature cheddar. Finished with a sprinkle of cracked black pepper, this pizza delivers deep, warming flavours

SNACKS & SIDES —

Crispy homemade Tri-colour nachos

£9.95

Homemade nachos, melted cheese, with Mexican salsa, sliced jalapeños, guacamole & sour cream Add chicken Tinga just for extra £3

Golden chicken goujons

£9.95

Six pieces of succulent chicken breast paned in Japanese breadcrumbs with sweet chilli sauce

Spicy chicken wings Glazed with Jack Daniel's BBQ sauce

£9.95

MAIN COURSES -

Chargrilled Chicken with Avocado & Chipotle

£18.50

Succulent chargrilled chicken breast served with a crisp mixed leaf salad, ripe avocado, fresh Pico de Gallo, Spanish olives, and a smoky chipotle dressing, accompanied by golden fries

£18.50 **Chicken Faiitas**

Sizzling chicken, mixed peppers & onions, guacamole, sour cream, grated cheddar cheese, Mexican sauce & tortilla wrap

Chicken loaded fries

Golden fries, topped with melted cheese, Texas chicken, garlic mayo, Pico de Gallo, jalapeños & grilled lime

Beef loaded fries

Golden fries, topped with melted cheese, avocado mayonnaise, beef strips, garlic mayo, Pico de Gallo, Jalapeños and grilled lime



£13.50

£12.90

284942-EI-CASTLEBAR-4 folded MENUS-TEDDINGTON-SP.indd 2 21/10/2025 17:15