

# BE AT ONE

*Cocktail Lounge  
& Late Bar*



---

# 2-4-1 ON ALL COCKTAILS

AVAILABLE DURING HAPPY HOUR.  
ASK BAR TEAM FOR TIMINGS. T&C'S APPLY.



---

DOWNLOAD OUR **MiXR** APP  
FOR A FREE "BIT OF ME" COCKTAIL OR PINT OF BIRRA MORETTI



---

COCKTAILS

**MARGARITAS** 5

**ICONS** 7

**CLASSICS** 8

**90'S TWISTS** 11

**COLLABS** 13

**FRUIT CAVIAR** 15

**NON-ALC** 16

NON  
COCKTAILS

**SHOTS** 17

**WINE & FIZZ** 20

**BEER** 22

---

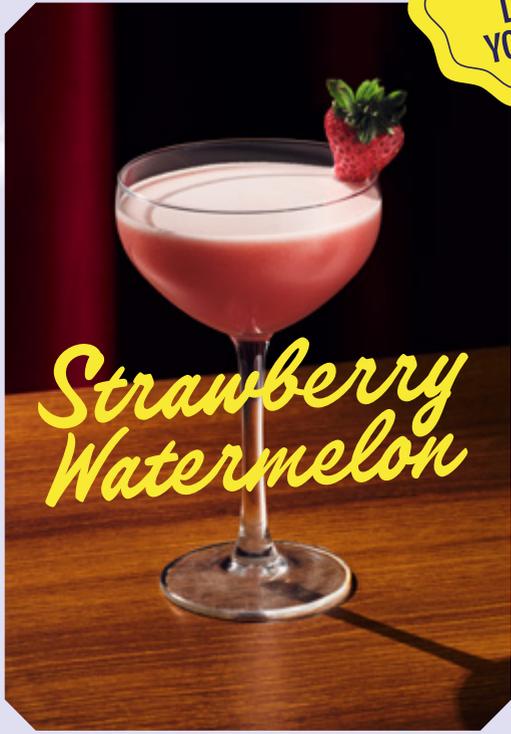


*Blue  
Margarita*



*Frozen  
Mango*

HOW  
DO YOU  
LIKE  
YOURS?



*Strawberry  
Watermelon*



*Chilli  
Mango*

# Margarita

# MAYHEM

## Frozen Margs

Casamigos Blanco Tequila, Lime

*Choose from:*

### **CLASSIC**

served with a salt rim

### **STRAWBERRY**

served with a sugar rim

### **MANGO**

served with a sugar rim

## STRAIGHT UP OR ON THE ROCKS

Keep it classic with Casamigos Blanco Tequila, Lime and Triple Sec

*Or choose your flavour...*

### **CHILLI MANGO**

### **STRAWBERRY WATERMELON**

### **PASSION FRUIT**

### **SPICY GREEN CHILLI**

### **BLUE**

## TWISTS

### **VERDITA MARGARITA**

Casamigos Blanco Tequila, Mint, Coriander, Chilli, Pineapple, Lime

### **AWOOGARITA**

Casamigos Blanco Tequila, Archers Peach Schnapps, Raspberry, Cranberry, Lime

### **MEZCAL MARGS**

Mezcal Verde, Lime, Triple Sec, Agave



*Awoogarita*

**BE AT ONE**

*Cocktail Lounge  
& Late Bar*



*Bit of Me*

# ICONS

*As well as bringing you exciting new drinks, we love to make your old favourites, the tried and tested Be At One icons that you've enjoyed through the years.*

## **PORNSTAR MARTINI**

Vanilla Vodka, Passion Fruit Liqueur, Passion Fruit, Prosecco

## **CUBAN ZOMBIE**

Three Santiago de Cuba Rums, Maraschino Liqueur, Grenadine, Passion Fruit, Pineapple, Lime, Angostura Bitters

## **APEROL SPRITZ**

Aperol, Soda, Prosecco

## **BEVERLY HILLS ICED TEA**

Ketel One Vodka, Tanqueray Gin, Santiago de Cuba Añejo 8YO Rum, Casamigos Blanco Tequila, Triple Sec, Lemon, Sugar, Prosecco

## **ESPRESSO MARTINI**

Chase Vodka, Kahlúa, Coffee

## **BIT OF ME**

Hendrick's Gin, Strawberry, Rhubarb, Soda

## **RASPBERRY BERET**

Cîroc Red Berry Vodka, Chambord, Lemon, Raspberry, Cranberry, Disco Blue Syrup, Schweppes Lemonade

## **RUM PUNCH**

Wray & Nephew Rum, Diplomatico Reserva Exclusiva Rum, Pineapple, Lime, Grenadine, Triple Sec, Almond

## **NEGRONI**

Tanqueray Gin, Sweet Vermouth, Campari



Raspberry Beret

# Classics YOUR WAY

WHAT'S  
YOUR  
FLAVOUR?

*Everyone loves a classic and everyone loves it their own way, so we let you choose! Enjoy your own favourite flavour twist on the classic cocktails below.*

## FROZEN DAIQUIRI

Santiago de Cuba Añejo 8YO Rum, Lime and your choice of flavour...

- Raspberry
- Strawberry
- Mango
- Passion Fruit

## PALOMA

Casamigos Blanco Tequila, Citrus & Schweppes Grapefruit Soda and your favourite flavour...

- Yuzu
- Peach
- Mango
- Strawberry

## SHERBET

Ciroc Vodka stirred down with Citric Syrup and your choice of flavour...

- Apple
- Mango
- Berry
- Pineapple

## TOM COLLINS

Tanqueray Gin, Lemon, Soda and your choice of flavour...

- Cucumber
- Peach
- Raspberry
- Yuzu



**BE AT ONE**

*Cocktail Lounge  
& Late Bar*



*Frozen  
Strawberry  
Daiquiri*



A glass filled with a golden-brown cocktail, ice cubes, and a sprig of fresh mint. The drink is garnished with several slices of banana.

*Banana  
Mai Tai*

A classic coupe glass filled with a vibrant, bright blue cocktail. The drink has a frothy, bubbly texture on top.

*Disco Cosmo*

**PARTY  
LIKE IT'S  
1998**

A martini glass filled with a deep red cocktail. A single marshmallow, skewered with a wooden stick and slightly charred on top, is perched on the rim of the glass.

*Marshmallow  
Manhattan*

A tall glass filled with a pinkish-red cocktail and ice. The drink is garnished with a slice of pineapple, a slice of orange, and a small piece of dried fruit.

*Pineapple  
Seabreeze*

# 90'S TWISTS

---

*The year is 1998 – Cher makes a chart-topping comeback with certified BANGER 'Believe', Sex and The City (and the Cosmopolitan cocktail) becomes a cultural phenomenon, David Beckham gets sent off in the World Cup and an exciting new bar named Be At One opens its doors for the very first time.*

*We tip our hat to 1998 with these unique riffs on iconic '90s cocktails*

---

## **MOJITO ROYALE**

Santiago de Cuba Carta Blanca Rum, Mint, Lime, Prosecco

## **DISCO COSMO**

Ketel One Citroen Vodka, Disco Blue Syrup, Cranberry, Lime

## **PINEAPPLE SEABREEZE**

Cîroc Pineapple Vodka, Sarti, Grapefruit Sherbet, Cranberry Juice, Schweppes Grapefruit Soda

## **BANANA MAI TAI**

Sailor Jerry Spiced Rum, Discarded Banana Peel Rum, Banana, Almond, Lemon

## **CUCUMBER CAIPIRINHA**

Sagatiba Cachaça, Lime, Cucumber, Sugar

## **MARSHMALLOW MANHATTAN**

Gentleman Jack Whiskey, Sweet Vermouth, Toasted Marshmallow, Angostura Bitters

## **DIRTY GIBSON**

Chase Vodka or Tanqueray TEN Gin, Vermouth, Pickle Brine, Cornichon

## **SALTED CARAMEL OLD FASHIONED**

Woodford Reserve Bourbon Whiskey, Planteray Cut & Dry Rum, Salted Caramel, Bitters



*Mojito  
Royale*

DOUBLE MIXR POINTS  
ON ALL  
COLLAB  
COCKTAILS  
DOUBLE MIXR POINTS



*Verdita  
Margarita*



*Lagoon  
Reviver*



*Paloma  
Spritz*

# COCKTAIL COLLABS

We mashup your favourite cocktails to create a totally delicious, brand new drink! All collab classics are available, just ask your bartender!

VERDITA  
X  
MARGARITA

## VERDITA *Margarita*

Casamigos Blanco Tequila, Mint, Coriander, Chilli, Pineapple, Lime

CORPSREVIVER  
X  
BLUE LAGOON

## *Lagoon* REVIVER

Martin Miller's Gin, Chase Rhubarb Vodka, Big Blue Syrup, Lemon, Absinthe, Schweppes Lemonade

GODFATHER  
X  
SOUR

## GODFATHER *Sour*

Buffalo Trace Bourbon, Disaronno, Peach, Lemon, OGGS®

MARGARITA  
X  
WOO WOO

## *Awoog* GARITA

Casamigos Blanco Tequila, Archers Peach Schnapps, Raspberry, Cranberry, Lime, Soda

PALOMA  
X  
APEROL  
SPRITZ

## PALOMA *Spritz*

Casamigos Blanco Tequila, Aperol, Grapefruit Sherbet, Prosecco, Schweppes Grapefruit Soda

ZOMBIE  
X  
PINA  
COLADA

## *Spiced Zombie* COLADA

Sailor Jerry Spiced Rum, Kraken Spiced Rum, Captain Morgan Spiced Rum, Malibu, Coco Re'al, Passion Fruit, Pineapple, Maraschino, Toasted Coconut

COSMO  
X  
SIDECAR

## COSMIC *Car*

Courvoisier VSOP Cognac, Triple Sec, Raspberry, Cranberry, Lemon

BLOOD & SAND  
X  
WHISKY  
HI BALL

## *Blood Sand* & SODA

Monkey Shoulder Whisky, Sweet Vermouth, Triple Sec & Schweppes Cherry Pepper Soda

Full allergy information is available for all drinks, please ask a team member



# Fruit Caviar & FIZZ

**PROSECCO SERVED WITH YOUR CHOICE OF FRUIT CAVIAR**

Passion Fruit / Raspberry / Strawberry

---

## *Bellini* **BUMP**

**Glass of Prosecco served with a spoonful of your choice of fruit caviar**

*Upgrade to Lanson Champagne for an extra 3.50*

---

## *Caviar* **SHARER**

**Bottle of Prosecco served with a dish of your choice of fruit caviar**

*Upgrade to Lanson Champagne for an extra XX.XX*

---

## *Caviar* **SLAMMER**

**Shot of Prosecco served with a spoonful of your choice of fruit caviar**

*Upgrade to Lanson Champagne for an extra 3.50*

---

**LET'S GO!**

**1**

Scoop some fruit caviar onto the back of your hand

**2**

Lick the caviar in one go. Don't be shy!

**3**

Wash it down with some delicious, crisp fizz



# ALCOHOL-FREE

## COCKTAILS

---

### **CUCUMBER CAIPIRINHA** (0%, 72 kcal)

Seedlip Spice, Lime, Cucumber, Sugar

### **BIT OF ME** (0%, 96 kcal)

Tanqueray 0.0%, Strawberry, Rhubarb, Soda

### **VERDITA MARGARITA** (0%, 93 kcal)

Seedlip Spice, Mint, Coriander, Chilli, Pineapple, Lime

### **TOM COLLINS**

Tanqueray 0.0%, Lemon, Soda and your favourite flavour. Choose from:

Cucumber (0%, 118 kcal)

Raspberry (0%, 94 kcal)

Peach (With Tanqueray Sevilla 0%) (0%, 111 kcal)

### **MARGARITA** (0%, 118 kcal)

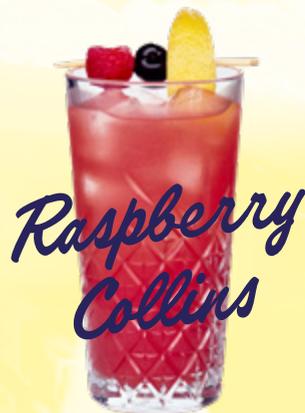
Seedlip Spice, Agave, Lime, Salt

### **FROZEN FRUIT MARGARITA** (0% 28 kcal)

Seedlip Spice, Lime, Sugar Syrup, Served with a sugar rim and your choice of flavour:

Strawberry (+25 kcal)

Mango (+32 kcal)



## BEER

---

### **PERONI NASTRO**

#### **AZZURO**

0% / 330ml (76 kcal)

### **HEINEKEN**

0.05% / 330ml (69 kcal)

### **GUINNESS 0%**

0% / 538ml (91 kcal)

### **CORONA CERO**

0% / 330ml (56 kcal)



# Shooters & SHOTS

## SHOOTERS

### VERDITA

Casamigos Blanco Tequila & a shot of Verdita Mix

### PICKLEBACK

Bulleit Bourbon & a shot of Pickle Juice

### BABY GUINNESS

Kahlúa & Baileys

### BABY ZOMBIE

Three Santiago de Cuba Rums, Cherry, Passion Fruit, Grenadine

### MONEY SHOT

Vanilla Vodka, Passion Fruit

### MINI BEER

Licor 43 & Baileys

## Fruit Caviar & Fizz

### CAVIAR SLAMMER

A shot of Prosecco with a spoonful of Fruit Caviar. Choose from:

Passion Fruit / Raspberry / Strawberry

Upgrade to Lanson Champagne for an extra 3.50



*Money Shot*

## SHOTS

PLENTY MORE PARTY-STARTERS BEHIND THE BAR, BUT HERE'S SOME OF YOUR FAVOURITES:

### CASAMIGOS BLANCO TEQUILA

### TEQUILA ROSE

### LA MOSCA SAMBUCA

### CAZCABEL COFFEE TEQUILA

### JÄGERMEISTER ICE COLD SHOT

### FIREBALL ICE COLD SHOT



*Baby Guinness*

**BE AT ONE**

*Cocktail Lounge  
& Late Bar*



# Cocktail Masterclass

**COME SHAKE WITH US**

ASK AT THE BAR OR VISIT [BEATONE.CO.UK](http://BEATONE.CO.UK) TO BOOK YOUR SPOT

*Alcohol-free masterclass is also available*

# WINE

## WHITE

### **LITORALE TREBBIANO PINOT GRIGIO**

*10.5%, Italy*

Tropical white fruit, floral notes on the palate with a pleasantly fresh finish.

### **TURTLE BAY SAUVIGNON BLANC**

*13%, New Zealand*

Vibrant, delicious and fresh with passion fruit, gooseberry and hints of melon.

### **JARRAH WOOD CHARDONNAY**

*11%, Australia*

Fresh, well balanced and fruit-driven with tropical fruit flavours of melons and peach.

### **GERARD BERTRAND HERITAGE PICPOUL OCCITANE**

*12.5%, France*

Deliciously fresh on the palate with beautiful notes of lemon and an invigorating finish.

## RED

### **RIOJA JOLASETA CRIANZA**

*14%, Spain*

Rounded and soft with spicy vanilla note and a lovely balance of berry fruit and sweet spice.

### **EQUINO MALBEC**

*13%, Argentina*

Juicy fruit flavours in this medium bodied red, with notes of plum, raspberry and blackberry.

### **EL DUETO PINOT NOIR**

*13%, Chile*

Smooth and round on the palate with excellent structure and very well-balanced.

## ROSÉ

### **LITORALE PINOT GRIGIO ROSÉ**

*10.5%, Italy*

Delicate floral is joined by soft strawberry and raspberry fruit. Light, fresh and inviting.

### **MIRABEAU CLASSIC**

*12.5%, Côtes de Provence, France*

Pale pink wine, characterized by aromas of wild strawberry, raspberry compote, and a hint of citrus. It is dry, crisp, and refreshing.

### **WHISPERING ANGEL ROSÉ**

*13%, France*

A pretty scent of crushed strawberries, peach, rose-water and orange blossom. With a dry, creamy and citrusy finish.

# FIZZ

## CHAMPAGNE

### **LANSON LE BLACK CRÉATION CHAMPAGNE**

*12.5%, France*

A hugely popular Champagne, zesty and refreshing, dominated by lemon, grapefruit with crisp pear/apple flavours.

### **LANSON LE ROSÉ CRÉATION CHAMPAGNE**

*12.5%, France*

A beautiful pale pink with orange highlights, aromas of honey, flowers and fresh berries. Elegant creamy fruit flavours on the palate.

### **MOËT ROSÉ BRUT**

*12.5%, France*

Intense wild strawberry, raspberry, and redcurrant, with hints of rose and a slight peppery touch. A wonderfully, fresh, floral style.

### **MOËT CHANDON BRUT IMPERIAL NV**

*12%, France*

Still the best selling Non-Vintage Champagne in the UK, this classic blend boasts notes of green apple and citrus fruits.

## PROSECCO

### **PROSECCO EMOTIVO**

*10.5%, Italy*

Pale straw yellow colour with fine and persistent bubbles; pleasant and aromatic with delicate notes of apple, honeydew and pear.

### **EMOTIVO PROSECCO ROSÉ**

*10.5%, Italy*

Brightly sparkling and pale pink in colour, it boasts a delicate and complex bouquet with fruity notes of peach, strawberry and red apple.

# BEER

---

## ON TAP

---

**GUINNESS**

4.2%

**JUBEL**

4%

**BIRRA MORETTI**

4.6%

---

## FROM THE FRIDGE

---

**CORONA**

4.5%

**PERONI**

5% (*Gluten Free Available*)

**SOL**

3.4%

**BEAVERTOWN NECK OIL**

4.3%

**BIRRA MORETTI**

4.6%

**JUBEL PEACH**

4%

---

LOOKING FOR SOMETHING ELSE?  
ASK OUR TEAM ABOUT ADDITIONAL OPTIONS AVAILABLE

---

---

## ALCOHOL-FREE

---

**HEINEKEN**

0.05% / 330ml (69 kcal)

**PERONI NASTRO AZZURO**

0% / 330ml (76 kcal)

**CORONA CERO**

0% / 330ml (56 kcal)

**GUINNESS0%**

0% / 538ml (91 kcal)

---

# *Feeling Peckish?*

CHECK OUT OUR BRAND NEW  
BAR BITES MENU

---

22

Adults need around 2000 kcal a day.  
Full allergy information is available for all drinks, please ask a team member

# Happy Hour

ASK  
BAR TEAM  
FOR  
TIMES

## 2-4-1 ON ALL COCKTAILS

### ALL COCKTAILS INCLUDED

#### £5 PINTS

Jubel / Guinness / Birra Moretti

#### £5 BEER & CIDER

Peroni Nastro Azzurro 5.0% ABV

Corona 4.5% ABV

Old Mout Berries & Cherries 4.0% ABV

Heineken 0.0

#### £5 SPIRIT & MIX

Ketel One 40% ABV

Tanqueray 43.1% ABV

Ron Santiago De Cuba Añejo 8-year-old 38% ABV

Sailor Jerry Spiced Rum 40% ABV

Disaronno 28% ABV

Jack Daniel's No.7 40% ABV

Malibu 21% ABV

Southern Comfort 35% ABV

#### £7 GLASS OF HOUSE WINE

Red / White / Rosé / Fizz

#### £4 CHIPS & DIP

#### PLUS MORE GREAT DEALS

T&C'S APPLY

---

## MATE FEELING HALF EMPTY?

CALM is here to help you check in on them. And, if you're struggling yourself, remember that someone's always got your back.

**GET SUPPORT AT [THECALMZONE.NET](https://thecalmzone.net)**

CALM Charity Reg No: 1110621 & Scot SC044347

**CAMPAIGN  
AGAINST  
LIVING  
MISERABLY**

**BE AT  
ONE**

*Cocktail Lounge  
& Late Bar*

---

**ARTWORK INSPIRED BY OUR UNIQUE COLLAB COCKTAILS**

*CHECK THEM OUT ON PAGE 13*