

FOOD

SMALL PLATES

PRAWN & CALAMARI DUO 5.25

Crispy coated prawns and panko-crumbed calamari sticks, with a lemon mayonnaise. 431 kcal

CHICKEN & CHORIZO CROQUETTES 5.25

Three crispy bites, with a smoky chicken & chorizo filling and a hint of cheese, served with peri-peri sauce and a lime wedge. 352 kcal

TASTY TACOS 5.25

Open soft tacos filled with cucumber, iceberg lettuce, coriander, pomegranate seeds, spring onion and your choice of:

PULLED SHAWARMA CHICKEN

With guacamole and sour cream. 233 kcal

SHREDDED DUCK

With sweet chilli sauce and sesame seeds. 305 kcal

BEEF BURNT ENDS

With guacamole and sour cream. 316 kcal

BBQ JACKFRUIT (VG)

With guacamole and vegan mayo. 294 kcal

CHICKEN WINGS 5.25

Coated with your choice of sauce:

Sticky BBQ 262 kcal or peri-peri 247 kcal

HALLOUMI SKEWERS (V) 5.25

With iceberg lettuce, pomegranate seeds, lemon & olive oil dressing and coriander. 429 kcal

MARGHERITA ARANCINI (V) 5.25

Crispy coated rice balls filled with red pepper, tomato and melted cheese and served with peri-peri mayo. 529 kcal

NO-CHICKEN PERI-PERI NUGGETS (VG) 5.25

Baked Quorn™ nuggets with iceberg lettuce, pomegranate seeds, sesame seeds and coriander. 253 kcal

SOUTHERN-FRIED CHICKEN GOUJONS 5.25

With sticky BBQ sauce. 427 kcal

JACKFRUIT NACHOS (VG) 5.25

Tortilla chips topped with BBQ jackfruit topping, Violife grated mature, jalapeños, tomato salsa, guacamole, vegan mayo and coriander. 605 kcal

LIGHTLY SPICED CAULIFLOWER WINGS (V) 5.25

Battered and fried cauliflower wings with a sweet chilli dip, vegan mayo, pomegranate seeds, sesame seeds and coriander. 613 kcal

NACHOS (V) 5.25

Crunchy nachos topped with grated cheese, guacamole, tomato salsa, sour cream, jalapeños and coriander. 514 kcal

SHARERS

ULTIMATE COMBO SHARER 14.50

All of the best bits of a buffet – all to yourselves. Southern-fried chicken goujons, chicken wings, sausages, chips, garlic bread, beer-battered onion rings, nachos and dips. Recommended for 2 people. 2828 kcal

LIGHTLY SPICED CAULIFLOWER WINGS (V) 7.50

Served with your choice of dip: sticky BBQ 1053 kcal or peri-peri 1029 kcal. Recommended for 2 people.

CHICKEN WINGS

Coated with your choice of sauce

1KG CHICKEN WINGS 1021 kcal **15.00**
Sticky BBQ +85 kcal peri-peri +38 kcal
Recommended for 3 people.

2KG CHICKEN WINGS 2042 kcal **25.00**
Sticky BBQ +170 kcal peri-peri +76 kcal
Recommended for 4 people.

4KG-CHICKEN WINGS 4085 kcal **47.00**
Sticky BBQ +340 kcal peri-peri +152 kcal
Recommended for 5 people.

VEGGIE SHARER (V-M) 14.50

Our small-plate nachos with cauliflower wings, beer-battered onion rings, Quorn™ nuggets tossed in peri-peri sauce, fries, garlic bread and dips.

Recommended for 2 people. 2781 kcal

NACHOS SHARER (V) 9.00

Crunchy nachos topped with grated cheese, guacamole, tomato salsa, sour cream, coriander and jalapeños.

Recommended for 2 people. 1391 kcal

WITH PULLED SHAWARMA CHICKEN +132 kcal **10.50**

WITH SPICY BBQ BEEF +93 kcal **10.50**

VEGAN OPTION AVAILABLE +108 kcal

MAINS

PERI-PERI CHICKEN 11.00

Hot peri-peri-glazed chicken breast, served with chips, sweetcorn, garlic bread, a dressed soya bean & sesame seed mixed salad garnish and extra-hot peri-peri sauce for dipping. 751 kcal

MAC 'N' CHEESE (V) 11.00

Proper mac and cheese, topped with extra grated cheese and spring onion, served with garlic bread and a dressed soya bean & sesame seed mixed salad. 1227 kcal

VEGAN OPTION AVAILABLE 1684 kcal

WITH CHORIZO IN HONEY AND CIDER +274 kcal **12.50**

BUTTERNUT SQUASH & CRANBERRY TAGINE (VG) 11.50

Served with basmati rice and garnished with pomegranate seeds, coriander and pea shoots. 630 kcal

HAND-BATTERED COD AND CHIPS (†) 12.50

With tartare sauce and peas. 1465 kcal

Swap to mushy peas +36 kcal

SCAMPI AND CHIPS 11.00

With tartare sauce and peas. 921 kcal

Swap to mushy peas +36 kcal

SMOTHERED CHICKEN 11.00

Chicken breast topped with streaky bacon, grated cheese and sticky BBQ sauce, served on a rich tomato & herb sauce, with chips, peas, grilled tomato and beer-battered onion rings. 1179 kcal

DOUBLE BEEF PHILLY PIE 13.50

Steak, mushroom and Irish stout pie topped with BBQ beef burnt ends, cheese sauce and crispy coated onion, with buttery mash and a rich beef red wine gravy. 1916 kcal

CHICKEN & BACON SALAD 11.00

Layered on an avocado, soya bean & slow-roasted tomato mixed salad, finished with a lemon & olive oil dressing and an omega & sesame seed sprinkle. 552 kcal

TOPPED SOUL BOWL (VG) 12.00

A mix of kale, brown rice and quinoa grains, slow-roasted and fresh tomatoes, with coriander, diced gherkin, almond pesto, broccoli florets, avocado, pomegranate seeds, spinach, peas and leaves, with an omega & sesame seed sprinkle. 438 kcal

GRILLED CHICKEN BREAST +130 kcal

PULLED SHAWARMA CHICKEN +165 kcal

BBQ JACKFRUIT (VG) +160 kcal

GRILLED HALLOUMI (V) +400 kcal

CHORIZO IN HONEY AND CIDER +548 kcal

PULLED DUCK AND SWEET CHILLI SAUCE +366 kcal

WRAPS AND SUBS

Served with chips +373 kcal or vegan nachos

+370 kcal on your choice of white sub roll or wheatbran wrap

SOUTHERN-FRIED CHICKEN 6.75

With iceberg lettuce and mayo

White sub roll 704 kcal. Wheatbran wrap 640 kcal

CHICKEN CLUB 7.00

With bacon, avocado, iceberg lettuce, tomato and mayo

White sub roll 735 kcal. Wheatbran wrap 671 kcal

HALLOUMI AND AVOCADO (V) 6.75

With iceberg lettuce, tomato and mayo

White sub roll 785 kcal. Wheatbran wrap 721 kcal

FISH FINGER 7.00

With iceberg lettuce and tartare sauce

White sub roll 659 kcal. Wheatbran wrap 595 kcal

BBQ JACKFRUIT (VG) 7.00

With Violife grated mature, iceberg lettuce and vegan mayo

White sub roll 573 kcal. Wheatbran wrap 509 kcal

MEATBALL MARINARA 7.00

Pork meatballs in a tasty tomato sauce, topped with grated cheese, crispy bacon and spring onion

White sub roll 733 kcal. Wheatbran wrap 669 kcal

