

# LUNCH & A DRINK

## FROM £9.50

MONDAY- FRIDAY UNTIL 4PM

### WRAPS & LOADED SOURDOUGH SUBS

ALL WRAPS AND LOADED SOURDOUGH SUBS COME WITH SKIN-ON FRIES

#### CHEESY JOE 9.50

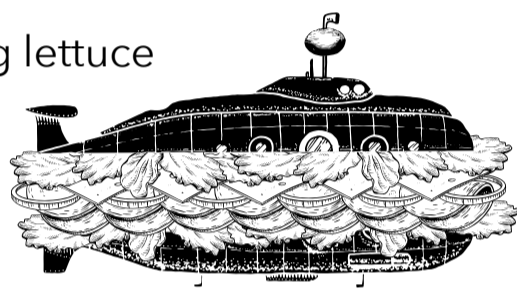
Slow-cooked smoky BBQ beef with melted mozzarella and red onion.

Sub 800 kcal / Wrap 873 kcal

#### POSH FISH FINGER 9

Cod goujons with iceberg lettuce and tartare sauce.

Sub 1108 kcal / Wrap 1181 kcal



#### RAINBOW ROAD (VG) 9.50

Spinach, tomato, red onion and mixed roasted peppers with vegan mayo, finished off with sliced avocado, a drizzle of almond pesto and basil.

Sub 993 kcal / Wrap 1066 kcal

#### KICKIN' CHICKEN 9.50

Karaage coated chicken with mozzarella, Korean sweet sriracha sauce, spinach and spring onion.

Sub 977 kcal / Wrap 1050 kcal

### CRAFTED BURGERS

Our burgers are served in a toasted bun with ketchup, burger sauce, iceberg lettuce, chopped onion and gherkin, with skin-on fries and BBQ sauce. Choose beef patties 402 kcal, buttermilk-coated chicken 325 kcal or Quorn™ buttermilk-style fillet burger (VG) 188 kcal, then pick your topper.

#### DIGGIN' IT (V) 13

Grilled mushroom and a burger cheese slice topped with chipotle mayo.

1008 kcal excl. burger choice

#### VEGAN ALTERNATIVE AVAILABLE

1095 kcal excl. burger choice

#### THE MELT 12

Bacon, a burger cheese slice and BBQ sauce.

854 kcal excl. burger choice

#### MORE BURGER OPTIONS

AVAILABLE ON THE MAIN MENU.

### QUENCH YOUR THIRST, ADD A DRINK



#### +50P

Large glass of Diet Coke (2 kcal), Coke Zero (3 kcal) or lemonade (103 kcal); 330ml bottle of still or sparkling water (0 kcal) or a regular hot drink (ask a team member for our range and calorie information)

#### +1

Pint of Carling, Amstel, Inch's or Thatchers; 25ml Smirnoff Red, Jack Daniel's or Gordon's - and mixer\*; 175ml house red, white or rosé

#### +2

Pint of Birra Moretti, Peroni, Heineken, Madri, Guinness, BrewDog Planet Pale, Camden Hells, Strongbow Dark Fruit or Rekorderlig; 25ml Bulleit Bourbon, Absolut, Gordon's Pink, Tanqueray or Bacardí Spiced - and mixer\*; 175ml South African Sauvignon Blanc or Shiraz, or Italian Pinot Grigio blush; 125ml Prosecco

\*Mixers: Diet Coke, Coke Zero, lemonade or Fever-Tree / Schweppes bottle.

All drinks are subject to availability; stocking policy varies by pub.

#### DO YOU HAVE ANY ALLERGIES?

Please inform staff of any allergies before placing your order, even if you have ordered the dish/drink before, as ingredients can change and menus do not list all ingredients.

Full allergen information is available for all food & drinks, detailing the 14 legally declarable allergens contained in our dishes/drinks. Whilst all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. There is significant risk of cross-contamination in our deep fat fryers.

(V) Suitable for vegetarians. (VG) Suitable for vegans. (V-M) Made with Vegetarian ingredients; however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. (VG-M) Made with Vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (†) Fish and poultry dishes may contain bones.

Adults need around 2000 kcal a day