is a combination love and food

SMALL

CHEESY CHICKEN WINGS 5.49 Six crispy chicken wings smothered in nacho cheese sauce and drizzled with sticky BBQ sauce. 378 kcal

SOUTHERN-FRIED

CHICKEN GOUJONS 5.49 With garlic aioli and a sticky BBQ sauce drizzle. 473 kcal

GARLIC BREADED MUSHROOMS (V) 4.99 With garlic aioli. 563 kcal

CALAMARI STICKS 5.49

Calamari in a golden panko crumb with red pepper mayo. 460 kcal

CRISPY COATED PRAWNS 5.49 With a sticky-sweet red chilli sauce

HALLOUMI FRIES (V) 5.99 With a sticky-sweet red chilli sauce and garlic aioli. 594 kcal

and garlic aioli. 352 kcal

CHICKEN & CHORIZO CROQUETTES 5.49 Four chicken, smoky chorizo & cheese breaded croquettes drizzled with garlic aioli, with a red pepper mayo dip. 551 kcal



CRISPY CAULIFLOWER BITES (V) 5.49

With red pepper mayo and garlic & basil oil. 889 kcal

MINI MEZE (VG) 3.99

Mixed olives and red pepper & sesame houmous served with soft floured white bread, 476 kcal



JACKFRUIT (VG) 5.49

Smoky BBQ pulled jackfruit, red pepper & sesame houmous, iceberg lettuce, vegan mayo, red chilli, spring onion and rocket leaves in a soft pink taco. 217 kcal

CHICKEN 5.49

Tender grilled chicken, red pepper & sesame houmous, iceberg lettuce, sticky-sweet red chilli sauce, sour cream, red chilli, spring onion and rocket leaves in a soft pink taco. 193 kcal

BBQ BEEF 5.49

Slow-cooked smoky BBQ beef, red pepper & sesame houmous, iceberg lettuce, sour cream, red chilli, spring onion and rocket leaves in a soft pink taco. 263 kcal







S&L SHARER 16,99

Southern-fried chicken mini pink sliders, cheesy topped nachos, BBQ chicken wings, panko coated calamari sticks with red pepper mayo, halloumi fries with sticky-sweet red chilli sauce, skinny fries, garlic bread and crisp beer-battered onion rings

Perfect to share with 2/3 of your faves. 3263 kcal Dreamy with cocktail tree

VEGAN FEAST WITH FRIENDS (VG) 14.49

Quorn[™] buttermilk style fillet & vegan mayo mini pink sliders, smoky soya topped nachos, sweet chilli glazed sugar

snaps, jackfruit and red pepper & sesame houmous tacos, olives, soft floured white bread and vegan red pepper mayo. Perfect to share with 2/3 of your faves. 2447 kcal

CHICKEN FEAST WITH FRIENDS 14.49

Grilled chicken & garlic aioli mini pink sliders, southern-fried chicken goujons, cheesy chicken wings, cheesy chicken & chorizo croquettes, skinny fries, garlic bread, crisp beerbattered onion rings, red pepper mayo and sticky BBQ sauce Perfect to share with 2/3 of your faves. 2898 kcal

CHEESY TOPPED NACHOS (V) 9.49

Crunchy tortilla chips topped with nacho cheese sauce and grated cheese, guacamole, tomato salsa, sour cream, sweet red pepper drops and fiery jalapeños. Perfect to share with 2/3 of your faves. 1292 kcal

Add a topper for 1.49:

Slow-cooked smoky BBQ beef. +298 kcal Lightly spiced BBQ pulled jackfruit (V).+160 kcal Spicy BBQ pork 'nduja [en-doo-ya]. +413 kcal

SMOKY SOYA TOPPED NACHOS (VG) 10.99

Crunchy tortilla chips topped with smoky soya sloppy joe, vegan cheeze, guacamole, tomato salsa, vegan mayo, red pepper & sesame houmous, sweet red pepper drops and fiery jalapeños.

Perfect to share with 2/3 of your faves. 1561 kcal

BURGERS

All of our burgers are served in a soft glazed bun with burger sauce, ketchup, lettuce, chopped pickle and onion – with fries, sticky BBQ and mayo for dipping (unless stated otherwise)

WHY NOT UPGRADE YOUR FRIES?

CHUNKY CHIPS (V) +61 kcal 99P, SWEET POTATO FRIES (V) +108 kcal 1.49 OR TOPPED FRIES* 2.49

GO CRAZY – ADD ANOTHER BEEF PATTY +298 kcal OR SOUTHERN-FRIED CHICKEN FILLET +323 kcal FOR 1.49 *Check on the side section for options and calorie information

SOUTHERN-FRIED CHICKEN 10.99

Topped with a melted burger cheese slice and streaky bacon, 1497 kcal

SPICY SOUTHERN-FRIED CHICKEN DELUXE 12.99



Crispy southern-fried chicken fillet topped with oozing cheese sauce, crispy prosciutto, sticky-sweet red chilli sauce and rocket leaves, served with garlic aioli. 1539 kcal

PLANT-BASED (V) 11.49

Your choice of plant-based soya burger 1361 kcal or Quorn[™] buttermilk style fillet 1306 kcal layered with BBQ sauce, smoky soya sloppy joe, BBQ pulled jackfruit, a melted burger cheese slice and rocket leaves, served with topped nachos, sticky BBQ and vegan mayo for dipping.

Swap burger cheese slice to vegan cheeze to make VG +19 kcal

CHEESE SLICE (V) +41 kcal STREAKY BACON +37 kcal **SLOW-COOKED** BBQ BEEF +149 kcal

49P 49P 1.49

SMOKY SOYA SLOPPY JOE (VG) +117 kcal FRIED EGG (V) +104 kcal JALAPEÑOS (VG) +5 kcal

CHEESY BACON & BEEF 10 49

Succulent beef burger topped with a melted burger cheese slice and streaky bacon. 1472 kcal

S&L BURGER 12.99 Succulent beef burger



49P



49P

Top your burger MUSHROOMS (VG) +26 kcal 1.49 **BEER-BATTERED** 49P ONION RINGS (V-M) +198 kcal

99P HALLOUMI (V) +200 kcal 1.49

SUBS & WRAPS Available until 4pm

Served with fries (unless stated otherwise)

WHY NOT UPGRADE YOUR FRIES?

CHUNKY CHIPS (V) +61 kcal 99P, SWEET POTATO FRIES (V) +108 kcal 1.49 OR TOPPED FRIES* 2.49 *Check **on the side** section for options and calorie information

HALLOUMI & AVO (V) 8.49

Grilled halloumi with avocado, red peppers, tomato, iceberg lettuce and red pepper mayo. Sub 1145 kcal. Wrap 1081 kcal

FISH FINGER 7.99

Flaky hand-battered cod goujons with iceberg lettuce and tartare sauce. Sub 1091 kcal. Wrap 1027 kcal

BBQ CHICKEN 8.49

Tender chicken breast topped with melted cheese and streaky bacon and smothered in sticky BBQ sauce. Sub 1061 kcal. Wrap 996 kcal

SOUTHERN-FRIED CHICKEN 7.49

Crispy southern-fried chicken topped with cheese, tomato, iceberg lettuce and garlic aioli. Sub 1126 kcal. Wrap 1061 kcal

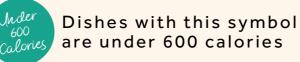
RED PEPPER HOUMOUS & AVO (VG) 7.99

Red pepper & sesame houmous, avocado, slow-roasted tomatoes and olives, served with topped nachos. Sub 1019 kcal. Wrap 954 kcal



WHY NOT CHECK OUT OUR LUNCH DATE MENU? **ENJOY A SELECTED LUNCH DISH AND A DRINK FROM £7**





GOT A DIETARY REQUIREMENT? Ask to see our vegan, vegetarian and further dietary requirements menu

HAND-BATTERED COD & CHIPS 11.49

Flaky hand-battered cod fillet served with chunky chips, tartare sauce and peas. 1558 kcal Swap to mushy peas +36 kcal

HAND-BATTERED HALLOUMI & CHIPS (V) 10.99

Golden hand-battered halloumi served with chunky chips, tartare sauce and peas. 1340 kcal Swap to mushy peas +36 kcal

BREADED SCAMPI 9.49

Breaded scampi served with chunky chips, tartare sauce and peas. 1014 kcal Swap to mushy peas +36 kcal

MAC 'N' CHEESE (V) 8.99

Oozing macaroni and cheese served with garlic bread. 886 kcal Why not add a topper? Sticky BBQ Quorn[™] buttermilk style fillet (V) +222 kcal 2.49 Sticky BBQ southern-fried chicken +213 kcal 1.49

resh salads



GRILLED SEABASS 11.49

Flaky grilled seabass fillets on a bed of quinoa, Tenderstem[®] broccoli, sugar snap peas, avocado, slow-roasted tomatoes, peppers, cucumber, red onion, peas, pomegranate seeds and rocket leaves drizzled with a lemon & olive oil dressing. 566 kcal

CHICKEN & PROSCIUTTO 10.49

Grilled chicken and crispy prosciutto on a bed of quinoa, Tenderstem[®] broccoli, sugar snap peas, avocado, slow-roasted tomatoes, peppers, cucumber, red onion, peas, pomegranate seeds and rocket leaves drizzled with a lemon & olive oil dressing. 587 kcal

OUR MIXED HOUSE (VG) 7.99

Quinoa, Tenderstem[®] broccoli, sugar snap peas, avocado, slow-roasted tomatoes, peppers, cucumber, red onion, peas, pomegranate seeds and rocket leaves drizzled with a lemon & olive oil dressing. 414 kcal

SMOTHERED CHICKEN 9.99

Tender chicken breast topped with streaky bacon, melted cheese and sticky BBQ sauce, served with chunky chips, crisp beer-battered onion rings, peas and grilled tomato. 1139 kcal

TOMATO & BASIL PASTA (VG) 9.49

Rustic pasta twists tossed with rich marinara tomato sauce, slow-roasted tomatoes, Tenderstem[®] broccoli and sugar snap peas, finished with garlic & basil oil and rocket leaves. 641 kcal Why not add a topper?

Grilled seabass fillets +151 kcal 2.99

Grilled chicken +184 kcal 1.49 Quorn[™] buttermilk style fillet (VG) +188 kcal 2.49

GOAT'S CHEESE LASAGNE (V) 9.49

Butternut squash, creamy goat's cheese and spinach layered into a rich lasagne, topped with peppers, rocket leaves and garlic & basil oil and served with garlic bread. 759 kcal

KATSU CURRY 10.49

Crispy southern-fried chicken with katsu curry sauce, garnished with pomegranate seeds and served with basmati rice. 859 kcal Swap to cauliflower rice -250 kcal

Swap southern-fried chicken to Quorn[™] buttermilk style fillet to make VG - 37 kcal

THAI RED CURRY (VG) 8.99

Aromatic coconut curry with cauliflower, green beans, sugar snap peas and peppers, garnished with pomegranate seeds and served with basmati rice. 540 kcal Swap to cauliflower rice -250 kcal

Why not add a topper?

Grilled seabass fillets +151 kcal 2.99 Grilled chicken +184 kcal 1.49 Quorn[™] buttermilk style fillet (VG) +188 kcal 2.49

10oz SIRLOIN STEAK 15.99

A wonderfully flavoursome cut, served with chunky chips, juicy grilled tomato, sautéed mushrooms, crisp beer-battered onion rings and a side of peppercorn sauce[‡]. 1328 kcal Add panko coated calamari sticks +153 kcal 1.99

Topped Fries

Cheesy Bacon

Skinny fries topped with nacho cheese sauce, crispy streaky bacon and spring onion. 634 kcal

Crispy Chicken

Skinny fries topped with crispy coated southern-fried chicken, nacho cheese sauce, sticky BBQ sauce and spring onion. 675 kcal

Smoky Soya (V)

Skinny fries topped with smoky soya sloppy joe, nacho cheese sauce, sticky-sweet red chilli sauce and spring onion. 669 kcal

for 2.99 each

Cheesy 'Nduja

Skinny fries topped with nacho cheese sauce, spicy BBQ pork 'nduja [en-doo-ya] and spring onion. 803 kcal



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FRIES & GARLIC AIOLI (V) 3.49 Perfect to share with 2 of your faves. 925 kcal

CHUNKY CHIPS & GARLIC AIOLI (V) 3.99 Perfect to share with 2 of your faves. 955 kcal

SWEET POTATO FRIES & GARLIC AIOLI (V) 4.49 Perfect to share with 2 of your faves. 1141 kcal

CRISP BEER-BATTERED ONION RINGS (V-M) 2.49 397 kcal

CHEESY GARLIC BREAD (V) 2.99 378 kcal

GARLIC BREAD (V) 2.49 283 kcal

SIDE SALAD (VG) 2.49

Quinoa, Tenderstem[®] broccoli, sugar snap peas, avocado, slow-roasted tomatoes, peppers, cucumber, red onion, peas, pomegranate seeds and rocket leaves drizzled with a lemon & olive oil dressing. 207 kcal

SOMETHINGS

ini rea WARM BROWNIE BITES (V) 3.49

With rich Belgian chocolate sauce and strawberries. 392 kcal

CARAMELISED BISCUIT BITES (VG) 3.49 Caramelised biscuit mousse layered on a biscuit base, with rich Belgian chocolate sauce and a scattering of biscuit pieces. 409 kcal

MILLIONAIRES' SUNDAE SHOTS (V) 3.49

Bite-size pieces of millionaires' shortbread combined with sumptuous salted caramel sauce, vanilla ice cream, double cream and rich Belgian chocolate sauce. 452 kcal

WARM MINI CHURROS (V-M) 3.49

Served with sumptuous caramel and Belgian chocolate sauces. 394 kcal

ESPRESSO CHOCOLATE FONDANT (V) 4.49

Chocolate fondant with a soft, oozing centre, drizzled with salted caramel and espresso martini flavour Belgian chocolate sauce and caramelised biscuit pieces, served with vanilla ice cream and a flake. 831 kcal

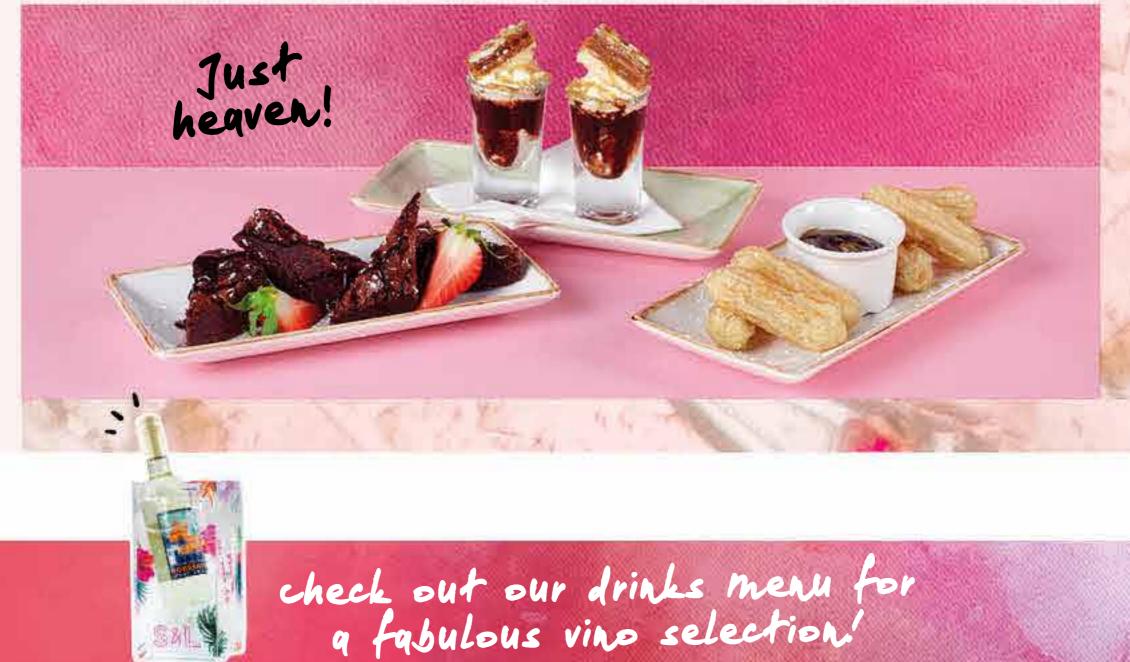
STRAWBERRIES & CREAM (V) 6.99

This is special...vanilla ice cream in sponge with whipped cream, strawberry daiguiri sauce, strawberries, party ring biscuits, jelly tots and candy floss. 792 kcal

STRAWBERRY DAIQUIRI CHEESECAKE (V) 4.49

Crumbled biscuit base layered with velvety vanilla cheesecake mousse, strawberry daiquiri compote and vanilla ice cream. 591 kcal

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Adults need around 2000 kcal a day.

(V) Suitable for vegetarians. (VG) Suitable for vegans. (VG-M) Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. (V-M) Made with veggie ingredients; however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Ingredients are based on standard product formulations, variations may occur. Calories/ nutritional values stated are subject to change.

Do you have any allergies?

Please inform staff of any allergies before placing your order, even if you have eaten a dish before, as ingredients can change and menus do not list all ingredients. Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes/drinks. While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. There is significant risk of cross-contamination in our deep fat fryers.

All vegan cheeze used in our dishes is non-dairy. Fish and poultry dishes may contain bones. [‡]Peppercorn sauce contains brandy. All weights are approximate uncooked. Prices are in pounds sterling and include VAT, at the current rate. We accept Delta, Maestro, MasterCard and Visa. All tips earned by our hard-working team members delivering great customer service are retained by them. If a service charge is added to the bill, this is entirely discretionary and is paid to those employees providing the service. Management reserves the right to withdraw/change offers (without notice), at any time. All menu items are subject to availability. Images are for illustrative purposes only. We thank you for your custom and hope that you have enjoyed our Slug & Lettuce dishes. For more information, please visit our App or website, where you can subscribe to our newsletters and receive the latest offers and updates from the S&L team. You can also reserve tables, check further details from our allergy information link and download our menu online: www.slugandlettuce.co.uk Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SJ

