

Food

SMALL PLATES

CHICKEN WINGS 6.99

Glazed with sticky BBQ sauce 262 kcal, peri-peri 247 kcal or hot porky 'nduja [en-doo-ya] 302 kcal

PANKO-CRUMB CALAMARI STICKS 6.99

With lemon mayo. 407 kcal

SOUTHERN-FRIED CHICKEN GOUJONS 6.99

With BBQ sauce. 427 kcal

GARLIC BREADED MUSHROOMS (V) 6.49

With garlic mayo. 674 kcal

STICKY CHILLI KING PRAWN BITES 7.49

Prawn, truffle & mac 'n' cheese bites with sweet chilli sauce. 376 kcal

CHICKEN & CHORIZO CROQUETTES 6.99

Smoky chicken & chorizo filling and a hint of cheese, served with peri-peri sauce. 352 kcal

GYOZA 7.49

Japanese-style dumplings glazed with sweet chilli sauce and toasted sesame seeds. With your choice of:

Chicken 223 kcal Veg (VG-M) 169 kcal

BREAD AND OLIVES (VG) 5.49 639 kcal

SOFT TACOS 6.99

With your choice of filling:

Pulled BBQ jackfruit (VG) 199 kcal

Smokin' BBQ soya (VG) 178 kcal

Shawarma chicken with sour cream 190 kcal

BBQ slow-cooked beef 166 kcal

Fab with fizz!

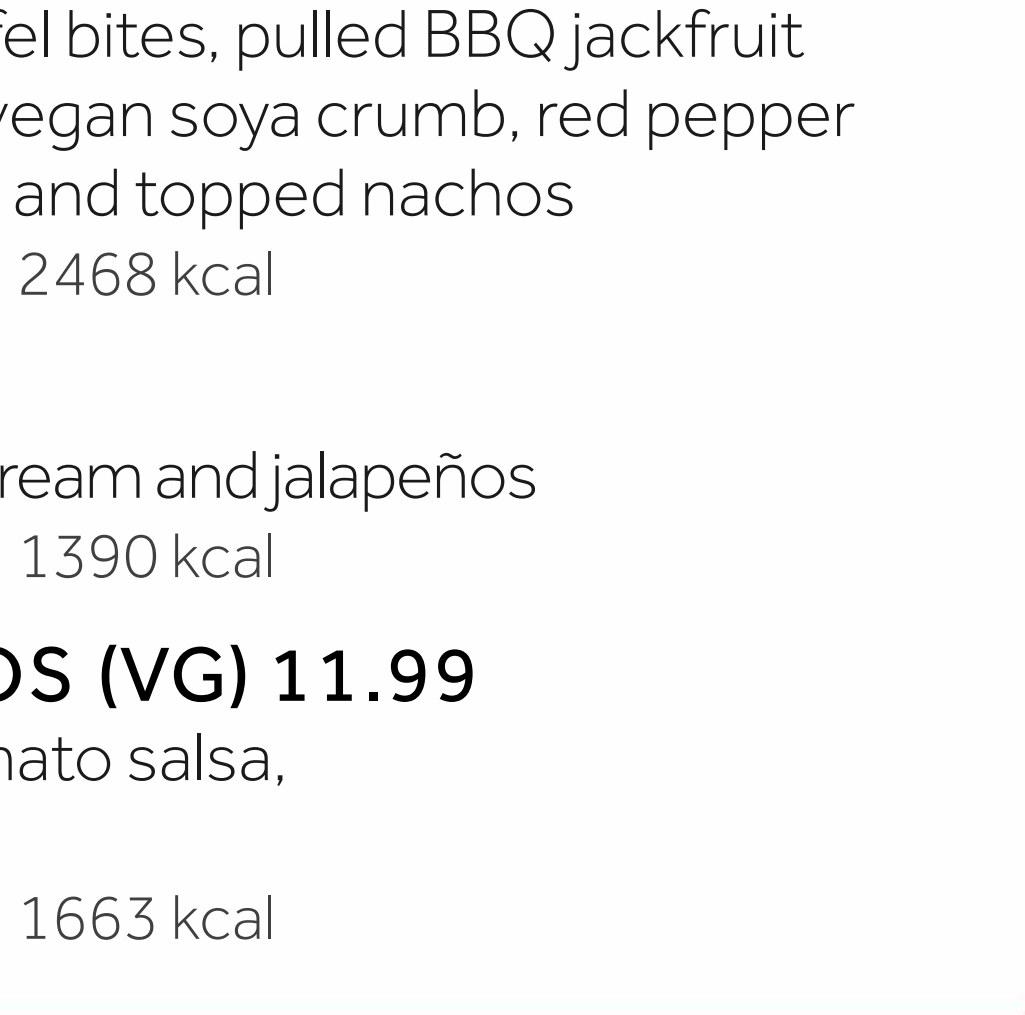
TO SHARE

Dreamy with a cocktail tree!

S&L SHARER 16.99

BBQ slow-cooked beef sliders, chicken wings, panko-crumb calamari sticks drizzled with lemon mayo, garlic bread, beer-battered onion rings, crudités, fries and boozy Bloody Mary sauce

Perfect to share with 2/3 of your faves. 2817 kcal



Our fave!

CHICKEN FEAST WITH FRIENDS 15.49

Southern-fried chicken goujons, beer-battered onion rings, sticky BBQ chicken & cheese sliders, chicken wings and chicken & chorizo cheesy bites, served with fries, garlic bread and dips

Perfect to share with 2/3 of your faves. 2791 kcal

VEGAN FEAST WITH FRIENDS (VG) 15.49

Smokin' BBQ soya tacos, baked falafel bites, pulled BBQ jackfruit sliders, mac 'n' cheese topped with vegan soya crumb, red pepper & sesame houmous, crudités, olives and topped nachos

Perfect to share with 2/3 of your faves. 2468 kcal

CHEESY NACHOS (V) 10.49

With guacamole, tomato salsa, sour cream and jalapeños

Perfect to share with 2/3 of your faves. 1390 kcal

SMOKIN' BBQ SOYA NACHOS (VG) 11.99

With vegan cheese, guacamole, tomato salsa, vegan mayo and jalapeños

Perfect to share with 2/3 of your faves. 1663 kcal

BURGERS

ALL OF OUR BURGERS ARE SERVED IN A SOFT GLAZED BUN, WITH BURGER SAUCE, KETCHUP, LETTUCE, CHOPPED PICKLE AND ONION - WITH FRIES AND A STICKY BBQ DIP (UNLESS STATED OTHERWISE)

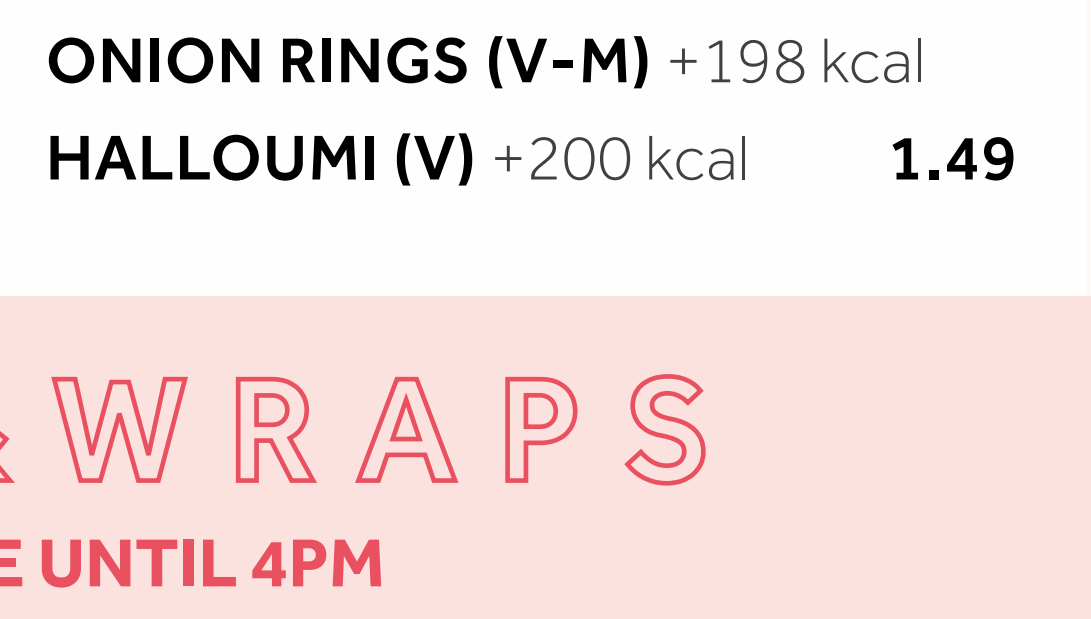
SWAP YOUR FRIES TO SWEET POTATO FRIES (V) +108 kcal FOR 1.49 OR UPGRADE TO OUR REGAL FRIES* FOR 1.99

GO CRAZY - ADD ANOTHER BEEF PATTY +298 kcal, SOUTHERN-FRIED BURGER +323kcal OR CHICKEN BREAST +130 kcal FOR 1.49

*Check on the side section for options and calorie information

S&L BURGER 13.99

Beef burger topped with streaky bacon, sautéed onion and mushrooms, burger cheese slices and a spicy BBQ pork 'nduja [en-doo-ya] paste. 1540 kcal



The winner!

SOUTHERN-FRIED CHICKEN 12.49

Topped with a burger cheese slice and streaky bacon. 1101 kcal

SMOTHERED CHICKEN 11.99

Chicken breast topped with a burger cheese slice, streaky bacon and sticky BBQ sauce. 959 kcal

SMOKY BEEF 13.99

Chuck & brisket burger topped with burger cheese slices, streaky bacon and BBQ slow-cooked beef. 1321 kcal

CHEESE & BACON BEEF 11.99 1076 kcal

MEAT-LESS (V) 12.99

Moving Mountains® 1153 kcal or Louisiana Chick'n™ plant-based burger* 1110 kcal, layered with red pepper & sesame houmous, vegan soya crumb, spinach and smokin' BBQ soya with a burger cheese slice in a beetroot bun - served with boozy Bloody Mary dip and topped nachos.

Swap burger cheese slice to vegan cheese to make VG/VG-M +19 kcal

TOP YOUR BURGER

CHEESE SLICE (V) +41 kcal 49P FRIED EGG (V) +104 kcal 49P

STREAKY BACON +61 kcal 99P JALAPEÑOS (VG) +5 kcal 49P

BBQ SLOW-COOKED 1.49 MUSHROOMS (VG) +26 kcal 49P

BEEF +93 kcal BEER-BATTERED 49P

SMOKIN' BBQ 1.49 ONION RINGS (V-M) +198 kcal

SOYA (VG) +117 kcal HALLOUMI (V) +200 kcal 1.49

SUBS & WRAPS

AVAILABLE UNTIL 4PM

HOW DO YOU LIKE YOUR SARNIE? WHITE OR MULTISEED SUB OR A WHEATBRAN WRAP. ALL SERVED WITH FRIES

SWAP YOUR FRIES TO SWEET POTATO FRIES (V) +108kcal FOR 1.49 OR UPGRADE TO OUR REGAL FRIES* FOR 1.99

*Check on the side section for options and calorie information

HALLOUMI AND AVO (V) 9.99

With tomato and mayo. Sub 1186 kcal. Wrap 1122 kcal

FISH# FINGER 9.49

With tartare sauce. Sub 1154 kcal. Wrap 1090 kcal

BBQ RUMP STEAK 10.49

With sautéed onion and cheese. Sub 1035 kcal. Wrap 971 kcal

STICKY BBQ CHICKEN & BACON CHEESE MELT 9.49

Sub 1068 kcal. Wrap 1004 kcal

CHICKEN & AVOCADO BLT 9.99

With mayo. Sub 1177 kcal. Wrap 1113 kcal

SOUTHERN-FRIED CHICKEN 8.99

With tomato, cheese and mayo. Sub 1208 kcal. Wrap 1144 kcal

MAINS

Dishes with this symbol are under 600 calories

Under 600 Calories

BATTERED COD# AND CHIPS 12.49

With tartare sauce and peas. 1465 kcal

Swap to mushy peas +36 kcal

BATTERED HALLOUMI AND CHIPS (V) 11.99

With tartare sauce and peas. 1247 kcal

Swap to mushy peas +36 kcal

SMOTHERED CHICKEN 10.99

Topped with streaky bacon, melting mozzarella, Cheddar and a sticky BBQ sauce, served with chips, beer-battered onion rings, peas and grilled tomato. 1093 kcal

SCAMPI AND CHIPS 10.49

With tartare sauce and peas. 921 kcal

Swap to mushy peas +36 kcal

BEEF CHILLI 'N' RICE 9.99

Served with nachos, sour cream, tomato salsa and basmati rice. 880 kcal

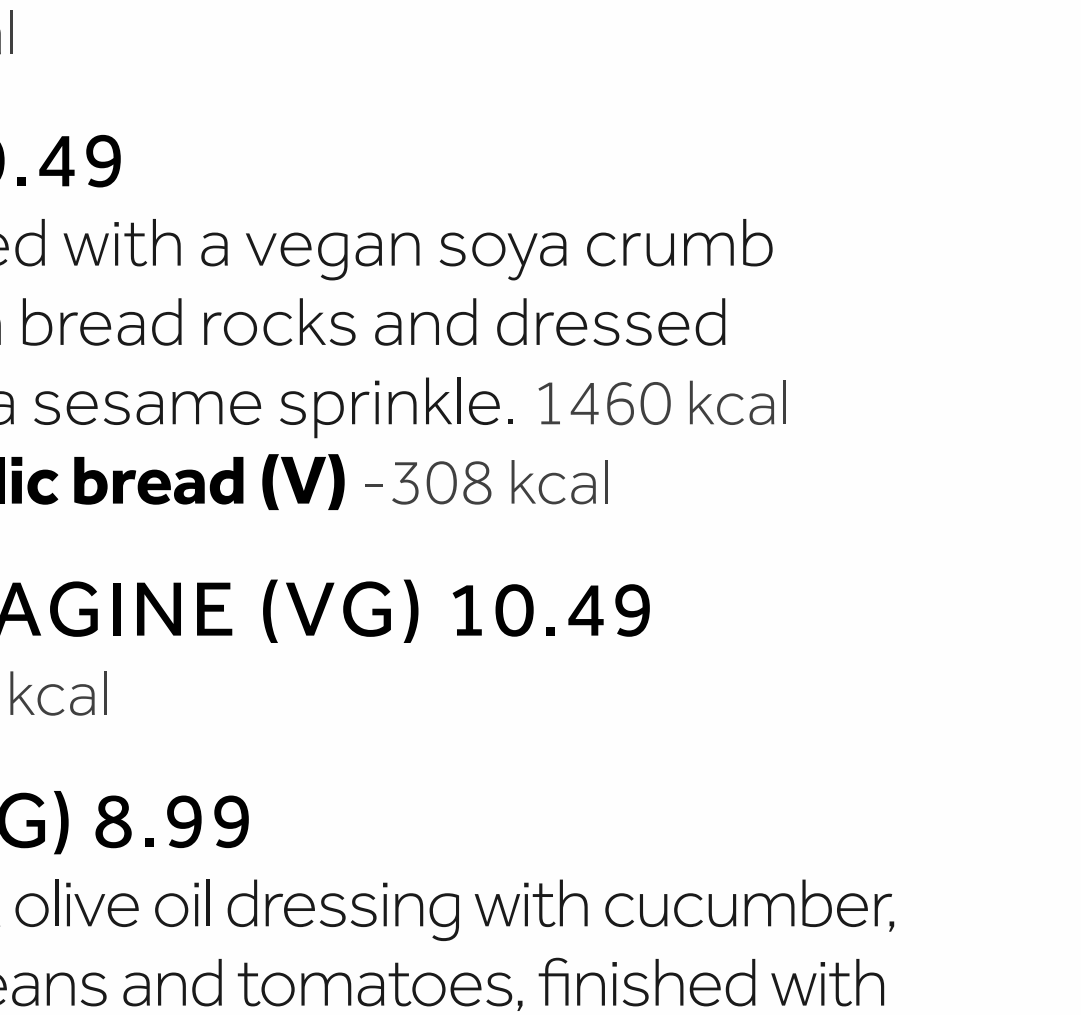
Swap to cauliflower rice -250 kcal

RUMP STEAK 13.99

With fries, grilled tomato, beer-battered onion rings and button mushrooms - just tell us how you like it! 973 kcal

Add peppercorn sauce +61 kcal 1.49

Contains brandy



VEG THAI CURRY (VG) 10.49

With cauliflower rice. 286 kcal

Swap to basmati rice +250 kcal

Add grilled chicken breast +184 kcal 1.49

Add salmon fillet +207 kcal 3.49

CHICKEN TIKKA 10.49

Served with sour cream, a naan bread and basmati rice. 786 kcal

Swap to cauliflower rice -250 kcal

MAC 'N' CHEEZE (VG) 10.49

Made with vegan cheese, topped with a vegan soya crumb and BBQ sauce and served with bread rocks and dressed side salad with soya beans and a sesame sprinkle. 1460 kcal

Swap your bread rocks for garlic bread (V) -308 kcal

BUTTERNUT SQUASH TAGINE (VG) 10.49

Served with cauliflower rice. 380 kcal

SUPER MIXED SALAD (VG) 8.99

Mixed leaves tossed in a lemon & olive oil dressing with cucumber, onion, avocado, peppers, soya beans and tomatoes, finished with omega and sesame seeds. 301 kcal

With salmon fillet +207 kcal 12.49

With chicken and bacon +251 kcal 10.99

ON THE SIDE

fit for a queen

REGAL FRIES 5.49

Perfect to share with 2 of your faves

TOPPED WITH ONE OF THE FOLLOWING...

Smokin' BBQ soya and Italian hard cheese (V) 1047 kcal

BBQ slow-cooked beef and Italian hard cheese 1024 kcal

Spicy chicken & chorizo and Italian hard cheese 1104 kcal

Hot porky 'nduja [en-doo-ya] and Italian hard cheese 1343 kcal

***Did you swap your fries for regal fries? Then you should only count half of the calories shown here**

FRIES AND GARLIC MAYO (V) 3.99

Perfect to share with 2 of your faves. 1094 kcal

CHIPS AND GARLIC MAYO (V) 3.99

Perfect to share with 2 of your faves. 1030 kcal

SWEET POTATO FRIES AND GARLIC MAYO (V) 4.99

Perfect to share with 2 of your faves. 1310 kcal

BEER-BATTERED ONION RINGS (V-M) 3.99

397 kcal

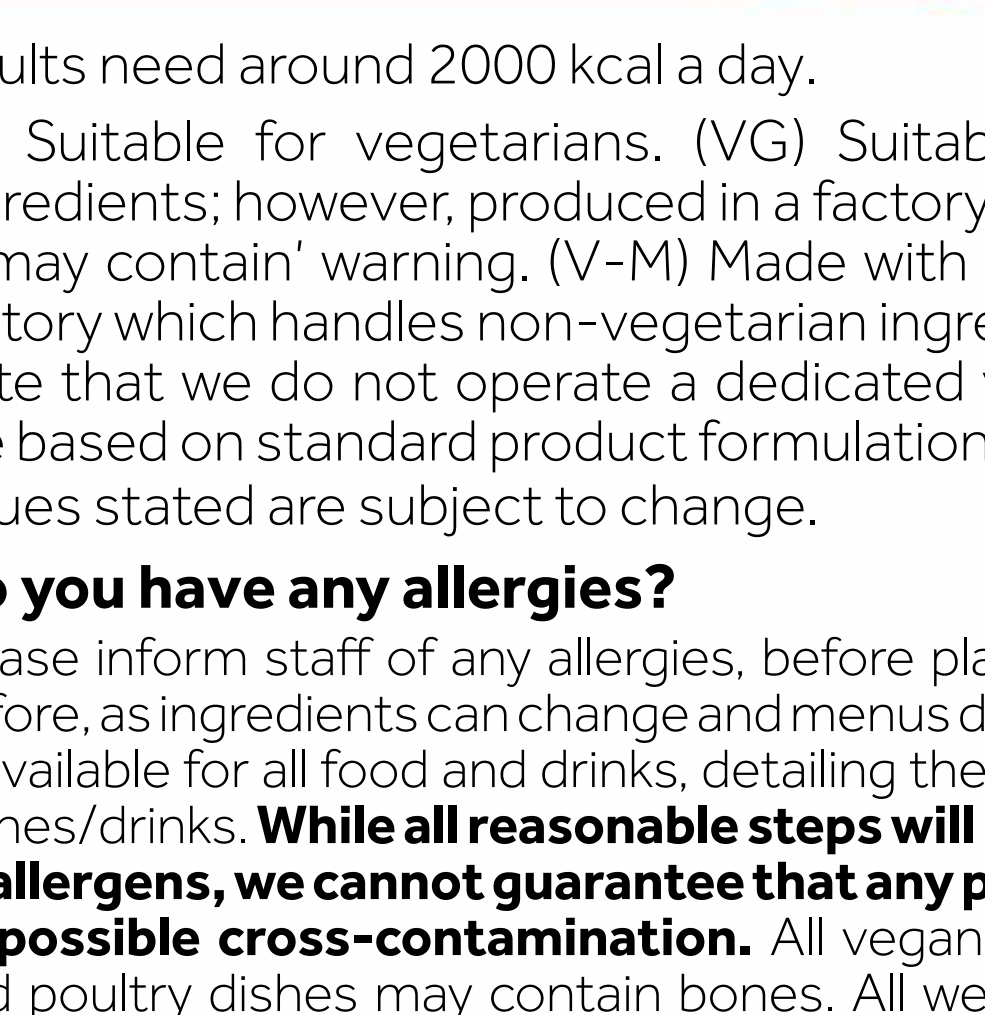
GARLIC BREAD (V) 3.99

283 kcal

SIDE SALAD (VG) 3.99

Mixed leaves with a lemon & olive oil dressing, cucumber, onion, avocado, peppers, soya beans and tomatoes, finished with omega and sesame seeds. 150 kcal

DESSERTS



BOOZY BAILEYS PROFITEROLES (V) 303 kcal

WARM MINI BROWNIE BITES (V) 444 kcal

PORNSTAR ETON MESS (V)

Mini shots of layered whipped cream, meringue and a Prosecco, vodka, mango & passion fruit compote. 311 kcal

WARM MINI CHURROS (V-M)

With caramel and chocolate dipping sauces. 394 kcal

SALTED CARAMEL IRISH CREAM & VODKA MARTINI BITES (V) 516 kcal

finally ♡

CHERRY BROWNIE CHEESECAKE (VG-M)

Contains almond milk 382 kcal

Adults need around 2000 kcal a day.

(V) Suitable for vegetarians. (VG) Suitable for vegans. (VG-M) Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. (V-M) Made with veggie ingredients; however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Ingredients are based on standard product formulations, variations may occur. Calories/nutritional values stated are subject to change.

Do you have any allergies?

Please inform staff of any allergies, before placing your order, even if you have eaten a dish before, as ingredients can change and menus do not list all ingredients. Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes/drinks. **While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination.** All vegan cheese used in our dishes is non-dairy. Fish* and poultry dishes may contain bones. All weights are approximate uncooked. Prices are in pounds sterling and include VAT, at the current rate. We accept Delta, Maestro, MasterCard and Visa. All tips earned by our hard-working team members delivering great customer service are retained by them. As we process credit-card tips through our payroll, we are required to make statutory deductions. If a service charge is added to the bill, this is entirely discretionary and is paid to those employees providing the service. Subject to availability. Management reserves the right to withdraw/change offers (without notice), at any time. All menu items are subject to availability. Images are for illustrative purposes only. We thank you for your custom and hope that you have enjoyed our Slug & Lettuce dishes. For more information, please visit our App or website, where you can subscribe to our newsletters and receive the latest offers and updates from the S&L team. You can also reserve tables, check further details from our allergy information link and download our menu online: www.slugandlettuce.co.uk Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SJ

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DRINK RESPONSIBLY