

# LUNCH & A DRINK DEAL FROM £9.00

Available Monday-Friday until 4pm

Choose your sandwich or flatbread dish, then pick your drink

## SANDWICHES

Our ciabattas and Cubano sandwich are served with skin-on fries (unless otherwise listed). Freshly made Monday–Friday until 4pm. Swap your skin-on fries (v) to sweet potato fries (v) +1.50 -57 kcal.

#### Vegan Ciabatta (vg)

With slow-roasted tomato, avocado, Greek style vegan feta, vegan mayo, cucumber, red onion and rocket. Served with a side salad instead of skin-on fries. 1145 kcal

#### Steak & Caramelised Onion Ciabatta

With slow-roasted tomato, cucumber, rocket and lemon olive oil. 1296 kcal Additional £1.00 supplement

#### Hand-Battered Fish Ciabatta

With iceberg lettuce, slow-roasted tomato, red onion, cucumber, rocket, lemon olive oil and tartare sauce. 1270 kcal

#### Pick your free lunch-deal drink:

16oz Coke 155 kcal, Coke Zero 2 kcal, Schweppes lemonade 70 kcal, tea or coffee 46 kcal (with milk), Aqua Libra Still or Sparkling water 0 kcal

### Chicken, Bacon & Avocado Ciabatta

With iceberg lettuce, slow-roasted tomato, red onion, cucumber, rocket, lemon olive oil and mayo. 1267 kcal

#### **Cubano Sandwich**

With beef brisket pastrami, ham, Monterey Jack cheese, cheese sauce, gherkin, crispy onion and mustard. 1199 kcal Additional £1.00 supplement

## FLATBREADS

With sautéed onion & pepper, poppadom, tikka mayo, pomegranate seeds, coriander and a garlic & herb dip.

Topped with:

- Tandoori Chicken 1214 kcal
- Lamb Kofta 1166 kcal
- Crispy Buttermilk-Style
- Quorn<sup>™</sup> Fillet (vg) 1251 kcal

#### Pick your drink

#### Or upgrade your drink + 2.00

Red Bull: Original 115 kcal, Sugarfree 8 kcal or Tropical Sugarfree 8 kcal, Moretti 4.6% ABV, Amstel 4.1% ABV, Inch's 4.5% ABV, London Pride 4.1% ABV, Guinness 4.1% ABV, Wainwright Amber 4.0% ABV, Peroni 5.0% ABV, Smirnoff\* 37.5% ABV, Gordon's\* 37.5% ABV, Bell's\* 40.0% ABV, Famous Grouse\* 40.0% ABV, Captain Morgan White\* 37.5% ABV, Captain Morgan Spiced\* 37.5% ABV or 175ml house wine (red 13.0% ABV, white 12.0% ABV or rosé 11.5% ABV) \*Spirits are 25ml + mixer

#### + Double up your spirit for + 2.00

WE'RE PART OF A SMALL BATCH

OF HAND-PICKED LOCALS



Scan to access our allergen info, social media and MiXR reward app

#### Adults need around 2000 kcal a day (v) Vegetarian (vg) Vegan

Do you have any allergies? Full allergen information is available for all dishes. Please ask a team member before you order your food and drink, as menus do not list all ingredients. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are '100% free from' allergens, owing to crosscontamination, as we do not have specific allergen-free zones in our kitchens; therefore, it is not possible to fully guarantee allergen separation. Even if you have eaten a dish previously, please inform staff of any food allergies before placing your order so that every precaution may be taken in the kitchen to prevent cross-contamination. We cannot guarantee that any dishes are free from nut traces.

Fish and poultry dishes may contain bones and/or shell. All weights are approximate uncooked. Ingredients are based on standard product formulations; variations may occur, and calories stated (excluding drinks options) are subject to change. All products and offers (without notice) at any time. Prices are in pounds sterling and include VAI, at the current rate. At Stonegate Group, all lips earned by our hard-working team members; from delivering great customers service, are retained by them. If a service charge is added to the bill, this is entirely discretionary and is paid to those team members from Caloria.