

# — PROPER — GOOD FOOD

Featuring great burgers, classic pies, crispy chicken wings, topped chips, succulent steaks and loads more

Do you have any allergies? Please inform a team member of any allergies before placing your order even if you have eaten the dish before, as ingredients can change, and menus do not list all ingredients. Full allergen information is available, on request. Whilst all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination.

## SMALL PLATES

### BUILD YOUR OWN BOARD

3 for 8.99 or less

5 for 11.99 or less

#### SCAMPI<sup>†</sup> 4.99

With tartare sauce, 336 kcal

#### SIX CHICKEN WINGS 4.99

Tossed in Frank's® RedHot sauce, 241 kcal

#### MINI NACHOS 4.49

Topped with grated cheese, jalapeños, salsa and sour cream, 389 kcal

#### GARLIC BREAD 2.49

378 kcal

#### CHEESY GARLIC BREAD 2.99

567 kcal

#### TEN BEER-BATTERED ONION RINGS 2.49

661 kcal

#### BEER-BATTERED MOZZARELLA & JALAPEÑO STICKS 4.99

With tomato salsa, 441 kcal

#### BREADED MUSHROOMS 4.99

With mayo, 589 kcal

#### BAKED Q<sup>†</sup> NUGGETS 4.99

Tossed in char siu sauce, with sesame seeds and spring onion, 353 kcal

#### SOUTHERN-FRIED CHICKEN GOUJONS 4.99

With a sticky BBQ dip, 409 kcal

#### HUNTER'S CHIPS 4.49

Topped with grated cheese, chicken, bacon and sticky BBQ sauce, 614 kcal

#### CUMBERLAND SAUSAGE BITES 4.99

Tossed in sticky BBQ sauce, with sesame seeds and spring onion, 708 kcal

#### Q<sup>†</sup> SAUSAGE BITES 4.99

Grilled and tossed in sticky BBQ sauce, with sesame seeds and spring onion, 588 kcal

## SHARERS

### MAC 'N' CHEESE & BACON LOADED CHIPS 5.99

Double portion of chips topped with grated cheese, macaroni cheese, streaky bacon, sticky BBQ sauce and spring onion

Recommended for 2 people, 1286 kcal

### SPICY NDUJA PORK LOADED CHIPS 5.99

Double portion of chips topped with grated cheese, spicy nduja (en-doo-ya) pork, sour cream, spring onion and jalapeños

Recommended for 2 people, 1233 kcal

Upgrade your chips

Waffle Fries +155 kcal £1 EXTRA

### FOOT-LONG TOPPED ONION RINGS 5.99

Twenty beer-battered onion rings topped with grated cheese, sticky BBQ sauce, Frank's® RedHot sauce, sour cream and spring onion

Recommended for 2 people, 1569 kcal

### FOOT-LONG NACHOS 7.49

Topped with grated cheese, jalapeños, salsa, guacamole, sour cream and spring onion

Recommended for 2 people, 1092 kcal

### FOOT-LONG SPICY NDUJA PORK NACHOS 7.49

Topped with spicy nduja (en-doo-ya) pork, grated cheese, jalapeños, salsa, sour cream and spring onion

Recommended for 2 people, 1348 kcal

### FOOT-LONG JACKFRUIT NACHOS 7.49

Topped with lightly spiced BBQ jackfruit, jalapeños, salsa, guacamole, vegan mayo and spring onion

Recommended for 2 people, 1069 kcal



## WINGS

Choose from chicken or cauliflower wings and your choice of sauce below

10 FOR 5.99

20 FOR 9.49

30 FOR 12.49

Chicken 10: 393 kcal | 20: 786 kcal | 30: 1178 kcal  
Cauliflower 10: 1010 kcal | 20: 2019 kcal | 30: 3029 kcal

#### Classic sticky BBQ 10: +43 kcal | 20: +85 kcal | 30: +128 kcal

#### American hot Buffalo and crispy onion 10: +70 kcal | 20: +140 kcal | 30: +210 kcal

#### Reggae Reggae Jerk BBQ Sauce™ with mango and spring onion 10: +53 kcal | 20: +105 kcal | 30: +158 kcal

#### Char siu sauce topped with sesame seeds and spring onion 10: +114 kcal | 20: +227 kcal | 30: +341 kcal

#### Korean BBQ topped with sesame seeds and spring onion 10: +80 kcal | 20: +160 kcal | 30: +241 kcal

## BURGER AND DRINK<sup>††</sup>

### Step 1 CHOOSE YOUR PATTY

All of our burgers are served in a soft glazed bun with iceberg lettuce, chopped onion and gherkin, served with chips (unless stated otherwise)

#### SEASONED BEEF BURGER

With a burger cheese slice and burger sauce

#### COATED CHICKEN BURGER

With a burger cheese slice and mayo

#### PLANT-BASED BURGER

A grilled plant-based burger topped with a Violife slice and vegan mayo

Served with chips | Served with topped nachos

### Step 2 CHOOSE YOUR SIZE

#### DOUBLE 7.99

Seasoned beef 1050 kcal  
Coated chicken 1060 kcal  
Plant-based 1081 kcal  
Plant-based 1078 kcal

#### TRIPLE 8.99

Seasoned beef 1292 kcal  
Coated chicken 1291 kcal  
Plant-based 1332 kcal  
Plant-based 1329 kcal

#### QUAD 9.99

Seasoned beef 1533 kcal  
Coated chicken 1521 kcal  
Plant-based 1554 kcal  
Plant-based 1551 kcal

### Step 3 ADD YOUR TOPPING

#### 1. Classic Bacon +73 kcal

#### 2. Mac 'n' cheese, sticky BBQ sauce and spring onion +189 kcal

#### 3. Spicy nduja (en-doo-ya) pork with jalapeños and spring onion +170 kcal

#### 4. American hot Buffalo sauce and crispy onion +126 kcal

#### 5. Lightly spiced Korean BBQ sauce with Monster Munch™ and spring onion +105 kcal

#### 6. Reggae Reggae Jerk BBQ Sauce™ with mango and spring onion +60 kcal

Upgrade your chips

Waffle Fries +77 kcal 50p EXTRA

### Step 4 CHOOSE YOUR DRINK<sup>††</sup>

Choose a soft drink\* or upgrade to an alcoholic drink from just 1.00\*\* extra. See Meal-Deal Drinks on the reverse of this menu for drinks choices.

### EXTRAS ONLY 99p EACH

Streaky Bacon +37 kcal | Burger cheese slice +41 kcal | Mushrooms +51 kcal  
Fried free-range egg +104 kcal | Violife slice +57 kcal

Why not add some onion rings +331 kcal for only 1.79

## GRILLS

All of our grills are served with chips, half a grilled tomato, peas and beer-battered onion rings (unless stated otherwise)

#### SMALL RUMP STEAK 8.49

776 kcal

#### 10oz RUMP STEAK 12.49

959 kcal

#### SMOTHERED 10oz RUMP STEAK 13.99

Topped with sautéed mushrooms, melted cheese and peppercorn sauce (contains brandy), 1197 kcal

#### GRILLED 10oz GAMMON STEAK 8.99

Topped with a fried free-range egg and grilled pineapple, 1142 kcal

#### MIXED GRILL 10.49

A rump steak, gammon steak, chicken breast, Cumberland sausage and a fried free-range egg, served with chips, half a grilled tomato and peas, 1247 kcal

### TOPPERS

Peppercorn sauce, Contains brandy +61 kcal 1.49

Scampi† +137 kcal 1.99

Fried free-range egg +104 kcal 99p

Five beer-battered onion rings +331 kcal 1.79

## All-day Brekkie only 6.99

Two sausages, two rashers of bacon, two fried free-range eggs, baked beans, hash browns, button mushrooms, grilled tomato, toast and butter, 1231 kcal

Vegetarian option available +1018 kcal

## PUB CLASSICS

### USUAL SUSPECTS

#### CUMBERLAND SAUSAGES & MASH 6.49

With peas and onion gravy, 796 kcal

Swap Cumberland sausages for Q<sup>†</sup> sausages +724 kcal or Q<sup>†</sup> +216 kcal sausages 1.00

#### MAC 'N' CHEESE 6.49

Swapped with a dressed mixed salad, 713 kcal

Add pork meatballs, sautéed onion and salsa +185 kcal or lightly spiced BBQ jackfruit +80 kcal 1.99 each

#### TOPPED FOOT-LONG MAC 'N' CHEESE 11.49

Topped with southern-fried crispy chicken and bacon, topped with sticky BBQ sauce and served with chips, peas and beer-battered onion rings, 2178 kcal

#### BEEF YORKSHIRE PUDDING 7.99

A giant Yorkshire wrapping wrapped up with sliced beef in gravy, served with chips and peas, 903 kcal

#### LASAGNE 6.99

Beef and pork mince with smoked bacon in a rich red wine and tomato sauce, served with a dressed mixed salad garnish and garlic bread, 668 kcal

#### DESIGN YOUR OWN SALAD 8.49

A salad of tomato, red onion, cucumber and spring onion drizzled with French dressing, 52 kcal

Choose a topping: Southern-fried chicken goujons +269 kcal; Chicken and bacon +321 kcal; Baked Q<sup>†</sup> nuggets +272 kcal

#### BEAN & ROOT COTTAGE PIE 7.49

Filled with green lentils, sweet potato, carrot and swede in a tomato sauce, topped with crushed new potatoes and served with vegetables and a jug of gravy, 418 kcal

### CHICKEN SHACK

#### BBQ CHICKEN, BACON & CHEESE MELT 7.49

With chips, half a grilled tomato and peas, 895 kcal

Double up your BBQ chicken, bacon and cheese +434 kcal 1.50

#### KATSU CHICKEN 7.49

Crispy breaded chicken escalope, served with rice, peas, curry sauce and spring onion, 935 kcal

Swap rice for chips +129 kcal

#### TRIPLE CHICKEN FOOT-LONG COMBO 11.49

Crispy-fried chicken goujons, chicken sticks wings and chicken skewers with your choice of sauce, served with a set combo of sides, including mac 'n' cheese, chips and garlic bread, 1607 kcal

Choose your sauce: Frank's® RedHot +10 kcal; Char siu +130 kcal; Reggae Reggae Jerk BBQ Sauce™ +55 kcal; Classic sticky BBQ +68 kcal; Korean BBQ sauce +77 kcal

### Upgrade your chips Waffle Fries +77 kcal 50p EXTRA

#### BREADED SCAMPI† 6.99

With chips, tartare sauce and peas, 890 kcal

Swap to mushy peas +36 kcal

#### HAND-BATTERED COD & CHIPS† 7.99

With tartare sauce and peas, 1195 kcal

Swap to mushy peas +36 kcal



#### SMALL FISH & CHIPS† 6.49

With tartare sauce and peas, 915 kcal

Swap to mushy peas +36 kcal

Add bread and butter +187 kcal 99p

#### UPGRADE TO OUR CHIP SHOP PLATTER† 2.00 extra

Your favourite cod and chips, served with a battered sausage, chip shop curry sauce, tartare sauce, peas and bread

Swap to mushy peas +36 kcal

### CURRY HOUSE

#### CHICKEN TIKKA MASALA 6.99

With rice, naan bread, poppadum and mango chutney, 823 kcal

Swap rice for chips +129 kcal

#### PLANT-BASED RED THAI CURRY 6.99

Plant-based soya protein pieces in a rich and vibrant Thai style coconut red curry sauce with diced onion and red pepper, served with rice, poppadums and spring onion, 700 kcal

When served without poppadums +529 kcal

Add naan bread +109 kcal 99p

## PIES

#### BEEF & ALE PIE 6.99

A slice of pie served with mash, peas and gravy, 844 kcal

Swap mash for chips +119 kcal

#### FAKE STEAK PIE 6.99

Soya mince with ale gravy and shortcrust vegan pastry, served with mash, peas and a jug of gravy, 805 kcal

Swap mash for chips +119 kcal

When served with a jacket potato +979 kcal

#### HUNTER'S CHICKEN PIE 8.99

Chicken, bacon, melted cheese and BBQ sauce all in a pie, served with mash, mixed veg and gravy, 1208 kcal

Swap mash for chips +119 kcal

#### STEAK, MUSHROOM & IRISH STOUT PIE 8.99

Beef steak, mushrooms & onions in Irish stout & ale gravy, enased in pastry and served with mash, mixed veg and gravy, 1382 kcal

Swap mash for chips +119 kcal



### EXTRAS

#### CHIPS 373 kcal 2.29

#### Waffle Fries 450 kcal 2.79

#### Mashed Potato 254 kcal 2.29

#### Dressed Side Salad 26 kcal 2.49

#### Garlic Bread 378 kcal 2.49

#### Cheesy Garlic Bread 567 kcal 2.99

#### Ten Beer-Battered Onion Rings 661 kcal 2.49

#### Bread and Butter 187 kcal 99p

#### Plain Jacket Potato with Butter 532 kcal 3.29

#### Battered Sausage 269 kcal 99p

#### Naan 109 kcal 99p

## — PROPER — LUNCH

Available until 4pm

### MELT, CHIPS AND SOFT DRINK\* 6.49

Meatball sub melt

Filled with pork meatballs in tomato salsa, sautéed onion and melted cheese, 944 kcal

#### BEEF SUB MELT

Hot beef in gravy with melted cheese, sautéed onion and sticky BBQ sauce, 773 kcal

#### LIGHTLY SPICED BBQ JACKFRUIT SUB MELT

With vegan mayo, a Violife slice, char siu sauce, sautéed onion and lettuce, 917 kcal

Swap your chips to topped nachos +163 kcal

### SUB OR WRAP, CHIPS AND SOFT DRINK\* 5.99

Cheese, tomato salsa & sautéed onion

With mayo, mixed leaves and sliced tomato

Sub 821 kcal, Wrap 757 kcal

#### FISH† FINGER

With tartare sauce and mixed leaves

Sub 823 kcal, Wrap 758 kcal

#### SOUTHERN-FRIED BBQ CHICKEN

With melted cheese and mixed leaves

Sub 730 kcal, Wrap 715 kcal

#### THE CLUB SUB

Chicken, bread with bacon, tomato, lettuce, mayo, grated cheese and crispy onion, 1033 kcal

### Upgrade your chips Waffle Fries +118 kcal 50p EXTRA

#### JACKET AND SOFT DRINK\* 5.99

With butter 532 kcal

When served without butter +428 kcal

Choose any two fillings: cheese +158 kcal; cheese and bacon +231 kcal; baked beans +78 kcal; lightly spiced BBQ jackfruit +80 kcal; Violife slice +57 kcal

#### CLUB SANDWICH, CHIPS AND SOFT DRINK\* 6.49

Chicken, mayo, grated cheese and bread, 1333 kcal

Meal-Deal Drinks

### CHOOSE A SOFT DRINK\*