

— PROPER — GOOD FOOD

Featuring great burgers, classic pies, crispy chicken wings, topped chips, succulent steaks and loads more

Do you have any allergies? Please inform a team member of any allergies before placing your order even if you have eaten the dish before, as ingredients can change, and menus do not list all ingredients. Full allergen information is available, on request. Whilst all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination.

SMALL PLATES

BUILD YOUR OWN BOARD

3 for 8.99 or less

5 for 11.99 or less

SCAMPI[†] 4.99

With tartare sauce, 336 kcal

SIX CHICKEN WINGS 4.99

Tossed in Frank's® RedHot sauce, 241 kcal

MINI NACHOS[†] 4.49

Topped with grated cheese, jalapeños, salsa and sour cream, 389 kcal

GARLIC BREAD[†] 2.49

378 kcal

CHEESY GARLIC BREAD[†] 2.99

567 kcal

TEN BEER-BATTERED ONION RINGS[†] 2.49

661 kcal

BEER-BATTERED MOZZARELLA & JALAPEÑO STICKS 4.99

With tomato salsa, 441 kcal

BREADED MUSHROOMS[†] 4.99

With mayo, 589 kcal

BAKED^Q NUGGETS[†] 4.99

Tossed in char siu sauce, with sesame seeds and spring onion, 353 kcal

SOUTHERN-FRIED CHICKEN GOUJONS 4.99

With a sticky BBQ dip, 409 kcal

HUNTER'S CHIPS 4.49

Topped with grated cheese, chicken, bacon and sticky BBQ sauce, 614 kcal

CUMBERLAND SAUSAGE BITES 4.99

Tossed in sticky BBQ sauce, with sesame seeds and spring onion, 708 kcal

^Q SAUSAGE BITES[†] 4.99

Grilled and tossed in sticky BBQ sauce, with sesame seeds and spring onion, 588 kcal

SHARERS

MAC 'N' CHEESE & BACON LOADED CHIPS 5.99

Double portion of chips topped with grated cheese, macaroni cheese, streaky bacon, sticky BBQ sauce and spring onion
Recommended for 2 people, 1286 kcal

SPICY NDUJA PORK LOADED CHIPS 5.99

Double portion of chips topped with grated cheese, spicy nduja (en-doo-ya) pork, sour cream, spring onion and jalapeños
Recommended for 2 people, 1233 kcal

Upgrade your chips **WAFFLE FRIES** ^V +155 kcal **£1 EXTRA**

FOOT-LONG TOPPED ONION RINGS[†] 5.99

Twenty beer-battered onion rings topped with grated cheese, sticky BBQ sauce, Frank's® RedHot sauce, sour cream and spring onion
Recommended for 2 people, 1569 kcal

FOOT-LONG NACHOS[†] 7.49

Topped with grated cheese, jalapeños, salsa, guacamole, sour cream and spring onion
Recommended for 2 people, 1092 kcal

FOOT-LONG SPICY NDUJA PORK NACHOS 7.49

Topped with spicy nduja (en-doo-ya) pork, grated cheese, jalapeños, salsa, sour cream and spring onion
Recommended for 2 people, 1348 kcal

FOOT-LONG JACKFRUIT NACHOS[†] 7.49

Topped with lightly spiced BBQ jackfruit, jalapeños, salsa, guacamole, vegan mayo and spring onion
Recommended for 2 people, 1069 kcal



WINGS

Choose from chicken or cauliflower wings ^V and your choice of sauce below

10 FOR 5.49

20 FOR 8.99

30 FOR 11.99

Chicken 10: 393 kcal | 20: 786 kcal | 30: 1178 kcal
Cauliflower 10: 1010 kcal | 20: 2019 kcal | 30: 3029 kcal

Classic sticky BBQ[†] 10

+43 kcal | 20: +85 kcal | 30: +128 kcal

American hot Buffalo and crispy onion[†] 10

+70 kcal | 20: +140 kcal | 30: +210 kcal

Reggae Reggae Jerk BBQ Sauce™ with mango and spring onion[†] 10

+53 kcal | 20: +105 kcal | 30: +158 kcal

Char siu sauce topped with sesame seeds and spring onion[†] 10

+114 kcal | 20: +227 kcal | 30: +341 kcal

Korean BBQ topped with sesame seeds and spring onion[†] 10

+80 kcal | 20: +160 kcal | 30: +241 kcal

BURGER AND DRINK^{††}

Step 1 CHOOSE YOUR PATTY

All of our burgers are served in a soft glazed bun with iceberg lettuce, chopped onion and gherkin, served with chips (unless stated otherwise)

SEASONED BEEF BURGER

With a burger cheese slice and burger sauce

COATED CHICKEN BURGER

With a burger cheese slice and mayo

PLANT-BASED BURGER[†]

A grilled plant-based burger topped with a Violife slice and vegan mayo
Served with chips ^V Served with topped nachos [†]

Step 2 CHOOSE YOUR SIZE

DOUBLE 7.79

Seasoned beef 1050 kcal
Coated chicken 1060 kcal
Plant-based ^V 1081 kcal
Plant-based [†] 1078 kcal

TRIPLE 8.79

Seasoned beef 1292 kcal
Coated chicken 1291 kcal
Plant-based ^V 1323 kcal
Plant-based [†] 1329 kcal

QUAD 9.79

Seasoned beef 1533 kcal
Coated chicken 1521 kcal
Plant-based ^V 1554 kcal
Plant-based [†] 1561 kcal

Step 3 ADD YOUR TOPPING

1. Classic Bacon +73 kcal

2. Mac 'n' cheese, sticky BBQ sauce and spring onion ^V +189 kcal

3. Spicy nduja (en-doo-ya) pork with jalapeños and spring onion +170 kcal

4. American hot Buffalo sauce and crispy onion ^V +126 kcal

5. Lightly spiced Korean BBQ sauce with Monster Munch™ and spring onion ^V +105 kcal

6. Reggae Reggae Jerk BBQ Sauce™ with mango and spring onion [†] +60 kcal

Upgrade your chips **WAFFLE FRIES** ^V +77 kcal **50p EXTRA**

Step 4 CHOOSE YOUR DRINK^{††}

Choose a soft drink* or upgrade to an alcoholic drink from just 1.00** extra. See Meal-Deal Drinks on the reverse of this menu for drinks choices.

EXTRAS ONLY 99p EACH

Streaky Bacon +37 kcal | Burger cheese slice ^V +41 kcal | Mushrooms ^V +51 kcal | Violife slice [†] +57 kcal

Fried free-range egg ^V +104 kcal | Fried free-range egg +104 kcal 99p

Why not add some onion rings ^V +331 kcal for only 1.79

GRILLS

All of our grills are served with chips, half a grilled tomato, peas and beer-battered onion rings (unless stated otherwise)

SMALL RUMP STEAK 7.99

776 kcal

10oz RUMP STEAK 11.99

959 kcal

SMOTHERED 10oz RUMP STEAK 13.49

Topped with butter mushrooms, melted cheese and peppercorn sauce (contains brandy), 1197 kcal

GRILLED 10oz GAMMON STEAK 8.49

Topped with a fried free-range egg and grilled pineapple, 1142 kcal

MIXED GRILL 9.99

A rump steak, Cumberland sausage, chicken breast, Cumberland sausage and a fried free-range egg, served with chips, half a grilled tomato and peas, 1247 kcal

TOPPERS

Peppercorn sauce, Contains brandy +61 kcal 1.49

Scampi[†] +137 kcal 1.99

Fried free-range egg +104 kcal 99p

Five beer-battered onion rings +331 kcal 1.79

All-day Brekkie only 6.99

Two sausages, two rashers of bacon, two fried free-range eggs, baked beans, hash browns, button mushrooms, grilled tomato, toast and butter, 1231 kcal

Vegetarian option available ^V 1018 kcal

PUB CLASSICS

USUAL SUSPECTS

CUMBERLAND SAUSAGES & MASH 5.99

With peas and onion gravy, 796 kcal
Swap Cumberland sausages for ^Q sausages[†] 724 kcal

Add two extra Cumberland +264 kcal or ^Q sausages[†] +216 kcal sausages 1.00

MAC 'N' CHEESE 5.99

With beef and a mixed salad, 713 kcal
Add pork meatballs, sautéed onion and salsa +85 kcal or lightly spiced BBQ jackfruit[†] +80 kcal 1.99 each

TOPPED FOOT-LONG MAC 'N' CHEESE 10.99

Topped with southern-fried crispy chicken and bacon, drizzled with sticky BBQ sauce and served with chips, peas and beer-battered onion rings, 2178 kcal

BEEF YORKSHIRE PUDDING 7.49

A giant Yorkshire pudding wrapped up with sliced beef in gravy, served with chips and peas, 903 kcal

LASAGNE 6.49

Beef and pork mince with smoked bacon in a rich red wine and tomato sauce, served with a pressed mixed salad garnish and garlic bread, 668 kcal

DESIGN YOUR OWN SALAD 7.99

A salad of tomato, red onion, cucumber and spring onion drizzled with French dressing, 52 kcal

Choose a topping:

Southern-fried chicken goujons +269 kcal

Chicken and bacon +321 kcal

Baked ^Q nuggets[†] +272 kcal

BEAN & ROOT COTTAGE PIE 6.49

Filled with green lentils, sweet potato, carrot and swede in a tomato sauce, topped with crushed new potatoes and served with vegetables and a jug of gravy, 418 kcal

TRIPLE CHICKEN FOOT-LONG COMBO 10.99

Southern-fried chicken goujons, crispy chicken wings and chicken skewers with your choice of sauce, served with a set combo of sides, including mac 'n' cheese, chips and garlic bread, 1607 kcal

Choose your sauce:

Frank's® RedHot +10 kcal;

char siu +130 kcal; Reggae Reggae Jerk BBQ Sauce™ +55 kcal;

Classic sticky BBQ +68 kcal;

Korean BBQ sauce +77 kcal

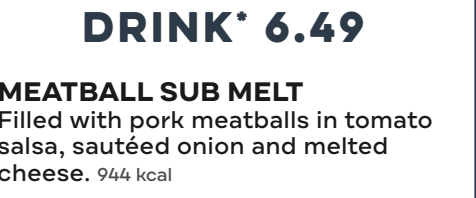
THE CHIPPY

BREADED SCAMPI[†] 6.49

With chips, tartare sauce and peas, 890 kcal
Swap to mushy peas +36 kcal

HAND-BATTERED COD & CHIPS 7.49

With tartare sauce and peas, 1195 kcal
Swap to mushy peas +36 kcal



SMALL FISH & CHIPS[†] 5.99

With tartare sauce and peas, 915 kcal
Swap to mushy peas +36 kcal

Add bread and butter +187 kcal 99p

UPGRADE TO OUR CHIP SHOP PLATTER[†] 2.00 extra

Your favourite cod and chips, served with a battered sausage, chip shop curry sauce, tartare sauce, peas and bread

Swap to mushy peas +36 kcal

CURRY HOUSE

CHICKEN TIKKA MASALA 6.49

With rice, naan bread, poppadum and mango chutney, 823 kcal
Swap rice for chips +129 kcal

PLANT-BASED RED THAI CURRY 6.49

Plant-based soya protein pieces in a rich and vibrant Thai style coconut red curry sauce with diced onion and red pepper, served with rice, poppadums and spring onion, 700 kcal

When served without poppadums ^V 529 kcal

Add naan bread ^V +109 kcal 99p

PIES

BEEF & ALE PIE 6.99

A slice of pie served with mash, peas and gravy, 844 kcal
Swap mash for chips +119 kcal

FAKE STEAK PIE[†] 6.99

Soya mince with ale gravy and shortcrust vegan pastry, served with mash, peas and a jug of gravy, 805 kcal
Swap mash for chips +119 kcal

When served with a jacket potato ^V 979 kcal

HUNTER'S CHICKEN PIE 8.99

Chicken, bacon, melted cheese and BBQ sauce all in a pie, served with mash, mixed veg and gravy, 1208 kcal
Swap mash for chips +119 kcal

STEAK, MUSHROOM & IRISH STOUT PIE 8.99

Beef steak, mushrooms & onions in Irish stout & ale gravy, encased in pastry and served with mash, mixed veg and gravy, 1382 kcal
Swap mash for chips +119 kcal



EXTRAS

CHIPS[†] 373 kcal 2.29

WAFFLE FRIES[†] 450 kcal 2.79

MASHED POTATO[†] 254 kcal 2.29

DRESSED SIDE SALAD[†] 26 kcal 2.49

GARLIC BREAD[†] 378 kcal 2.49

CHEESY GARLIC BREAD[†] 567 kcal 2.99

TEN BEER-BATTERED ONION RINGS[†] 661 kcal 2.49

BREAD AND BUTTER[†] 187 kcal 99p

PLAIN JACKET POTATO WITH BUTTER[†] 532 kcal 3.29

BATTERED SAUSAGE 269 kcal 99p

NAAN[†] 109 kcal 99p

— PROPER — LUNCH

Available until 4pm

MELT, CHIPS AND SOFT DRINK* 6.49

MEATBALL SUB MELT
Filled with pork meatballs in tomato salsa, sautéed onion and melted cheese, 944 kcal

BEEF SUB MELT

Hot beef in gravy with melted cheese, sautéed onion and sticky BBQ sauce, 773 kcal

LIGHTLY SPICED BBQ JACKFRUIT SUB MELT[†]

With vegan mayo, a Violife slice, char siu sauce, sautéed onion and lettuce, 917 kcal

Swap your chips to topped nachos [†] +163 kcal

SUB OR WRAP, CHIPS AND SOFT DRINK* 5.99

CHEESE, TOMATO SALSA & SAUTÉED ONION[†]
With mayo, mixed leaves and sliced tomato
Sub 821 kcal, Wrap 757 kcal

FISH[†] FINGER

With tartare sauce and mixed leaves
Sub 823 kcal, Wrap 758 kcal

SOUTHERN-FRIED BBQ CHICKEN

With melted cheese and mixed leaves
Sub 780 kcal, Wrap 715 kcal

THE CLUB SUB

Chicken breast with bacon, tomato, lettuce, mayo, grated cheese and crispy onion, 1033 kcal

Upgrade your chips **WAFFLE FRIES** ^V +18 kcal **50p EXTRA**

JACKET AND SOFT DRINK* 5.99

With butter 532 kcal
When served without butter ^V 428 kcal

Choose any two fillings:
cheese +158 kcal; cheese and bacon +231 kcal; baked beans[†] +78 kcal;
lightly spiced BBQ jackfruit[†] +80 kcal;
Violife slice[†] +57 kcal

CLUB SANDWICH, CHIPS AND SOFT DRINK* 6.49

Chicken breast with bacon, tomato, lettuce, mayo, grated cheese and bread, 1333 kcal

CHOOSE A SOFT DRINK[†]

*16oz glass of Coke Zero[†] 0 kcal, Diet Coke[†] 1 kcal, Coca-Cola[†] 155 kcal or Schweppes lemonade 70 kcal; 330ml bottle of Strathmore water 0 kcal; 275ml bottle of Apertiser 129 kcal; regular coffee or a pot of tea (ask a team member to see options and calorie information).
A sugar-tax surcharge, per drink, will apply for standard Coca-Cola.

UPGRADE TO AN ALCOHOLIC DRINK FROM 1.00^{EXTRA}

*"Pint of Doom Bar or alternative cask ale under 4.3% ABV, John Smith's, Guinness, Carlsberg or Strongbow; 175ml glass of house wine (red, white or rosé); 25ml spirit and mixer - choose from Smirnoff Red Label, Jack Daniel's, Gordon's, London Dry, Three Barrels, Havana 3-Year-Old or Bell