

# — PROPER — GOOD FOOD

Featuring great burgers, classic pies, crispy chicken wings, topped chips, succulent steaks and loads more

**Do you have any allergies?** Please inform a team member of any allergies before placing your order even if you have eaten the dish before, as ingredients can change, and menus do not list all ingredients. Full allergen information is available, on request. **Whilst all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination.**

## SMALL PLATES

### BUILD YOUR OWN BOARD

3 for 8.49 or less 5 for 11.49 or less

- SCAMPI**<sup>†</sup> 4.49  
With tartare sauce, 336 kcal
- SIX CHICKEN WINGS** 4.49  
Tossed in Frank's® RedHot sauce, 241 kcal
- MINI NACHOS** 3.99  
Topped with grated cheese, jalapeños, salsa and sour cream, 389 kcal
- GARLIC BREAD** 2.29  
378 kcal
- CHEESY GARLIC BREAD** 2.79  
567 kcal
- TEN BEER-BATTERED ONION RINGS** 2.29  
661 kcal
- BEER-BATTERED MOZZARELLA & JALAPEÑO STICKS** 4.49  
With tomato salsa, 441 kcal
- BREADED MUSHROOMS** 4.49  
With mayo, 589 kcal

- Q<sup>er</sup> NUGGETS** 4.49  
Tossed in char siu sauce, with sesame seeds and spring onion, 353 kcal
- SOUTHERN-FRIED CHICKEN GOUJONS** 4.49  
With a sticky BBQ dip, 409 kcal
- HUNTER'S CHIPS** 3.99  
Topped with grated cheese, chicken, bacon and sticky BBQ sauce, 614 kcal
- CUMBERLAND SAUSAGE BITES** 4.49  
Tossed in sticky BBQ sauce, with sesame seeds and spring onion, 708 kcal
- Q<sup>er</sup> SAUSAGE BITES** 4.49  
Grilled and tossed in sticky BBQ sauce, with sesame seeds and spring onion, 588 kcal

## SHARERS

**MAC 'N' CHEESE & BACON LOADED CHIPS** 5.49  
Double portion of chips topped with grated cheese, macaroni cheese, streaky bacon, sticky BBQ sauce and spring onion  
Recommended for 2 people, 1286 kcal

**SPICY NDUJA PORK LOADED CHIPS** 5.49  
Double portion of chips topped with grated cheese, spicy nduja (en-doo-ya) pork, sour cream, spring onion and jalapeños  
Recommended for 2 people, 1233 kcal

Upgrade your chips **Waffle Fries** 1.55 kcal **£1 EXTRA**

**FOOT-LONG TOPPED ONION RINGS** 5.49  
Twenty beer-battered onion rings topped with grated cheese, sticky BBQ sauce, Frank's® RedHot sauce, sour cream and spring onion  
Recommended for 2 people, 1569 kcal

**FOOT-LONG NACHOS** 6.99  
Topped with grated cheese, jalapeños, salsa, guacamole, sour cream and spring onion  
Recommended for 2 people, 1092 kcal

**FOOT-LONG SPICY NDUJA PORK NACHOS** 6.99  
Topped with spicy nduja (en-doo-ya) pork, grated cheese, jalapeños, salsa, sour cream and spring onion  
Recommended for 2 people, 1348 kcal

**FOOT-LONG JACKFRUIT NACHOS** 6.99  
Topped with lightly spiced BBQ jackfruit, jalapeños, salsa, guacamole, vegan mayo and spring onion  
Recommended for 2 people, 1069 kcal



## WINGS

Choose from chicken or cauliflower wings and your choice of sauce below

**10 FOR 5.49** | **20 FOR 8.99** | **30 FOR 11.99**  
Recommended for 2 people | Recommended for 3 people

Chicken 10: 393 kcal | 20: 786 kcal | 30: 1178 kcal  
Cauliflower 10: 1010 kcal | 20: 2019 kcal | 30: 3029 kcal

- Classic sticky BBQ** 10: +43 kcal | 20: +85 kcal | 30: +128 kcal
- American hot Buffalo and crispy onion** 10: +76 kcal | 20: +140 kcal | 30: +210 kcal
- Reggae Reggae Jerk BBQ Sauce™ with mango and spring onion** 10: +53 kcal | 20: +103 kcal | 30: +153 kcal

- Char siu sauce topped with sesame seeds and spring onion** 10: +114 kcal | 20: +227 kcal | 30: +341 kcal
- Korean BBQ topped with sesame seeds and spring onion** 10: +80 kcal | 20: +160 kcal | 30: +241 kcal

## BURGER AND DRINK

### Step 1 CHOOSE YOUR PATTY

All of our burgers are served in a soft glazed bun with iceberg lettuce, chopped onion and gherkin, served with chips (unless stated otherwise)

- SEASONED BEEF BURGER**  
With a burger cheese slice and burger sauce
- COATED CHICKEN BURGER**  
With a burger cheese slice and mayo
- PLANT-BASED BURGER**  
A grilled plant-based burger topped with a Violife slice and vegan mayo  
Served with chips | Served with topped nachos

### Step 2 CHOOSE YOUR SIZE

- DOUBLE 7.49**  
Seasoned beef 1050 kcal | Coated chicken 1060 kcal | Plant-based 1081 kcal | Plant-based 1078 kcal
- TRIPLE 8.49**  
Seasoned beef 1292 kcal | Coated chicken 1291 kcal | Plant-based 1333 kcal | Plant-based 1329 kcal
- QUAD 9.49**  
Seasoned beef 1533 kcal | Coated chicken 1521 kcal | Plant-based 1554 kcal | Plant-based 1581 kcal

### Step 3 ADD YOUR TOPPING

- Classic Bacon +73 kcal
- Mac 'n' cheese, sticky BBQ sauce and spring onion +189 kcal
- Spicy nduja (en-doo-ya) pork with jalapeños and spring onion +170 kcal
- American hot Buffalo sauce and crispy onion +126 kcal
- Lightly spiced Korean BBQ sauce with Monster Munch™ and spring onion +105 kcal
- Reggae Reggae Jerk BBQ Sauce™ with mango and spring onion +60 kcal

Upgrade your chips **Waffle Fries** 77 kcal **50p EXTRA**

### Step 4 CHOOSE YOUR DRINK

Choose a soft drink\* or upgrade to an alcoholic drink from just 1.00\*\* extra. See Meal-Deal Drinks on the reverse of this menu for drinks choices.

### EXTRAS ONLY 99p EACH

- Streaky Bacon +37 kcal | Burger cheese slice +41 kcal | Violife slice +57 kcal
  - Fried free-range egg +104 kcal | Mushrooms +51 kcal
- Why not add some onion rings 331 kcal for only 1.79*

## GRILLS

All of our grills are served with chips, half a grilled tomato, peas and beer-battered onion rings (unless stated otherwise)

**SMALL RUMP STEAK** 7.49  
776 kcal

**10oz RUMP STEAK** 11.49  
959 kcal

**SMOTHERED 10oz RUMP STEAK** 12.99  
Topped with bacon, mushrooms, melted cheese and peppercorn sauce (contains brandy), 1197 kcal

**GRILLED 10oz GAMMON STEAK** 7.99  
Topped with a fried free-range egg and grilled pineapple, 1142 kcal

**MIXED GRILL** 9.49  
A rump steak, gammon steak, chicken breast, Cumberland sausage and a fried free-range egg, served with chips, half a grilled tomato and peas, 1247 kcal

### TOPPERS

- Peppercorn sauce, Contains brandy +61 kcal 1.49
- Scampi† +137 kcal 1.99
- Fried free-range egg +104 kcal 99p
- Five beer-battered onion rings +331 kcal 1.79

### All-day Brekkie only 6.49

Two sausages, two rashers of bacon, two fried free-range eggs, baked beans, hash browns, button mushrooms, grilled tomato, toast and butter, 1231 kcal  
Vegetarian option available 1018 kcal

## PUB CLASSICS

### USUAL SUSPECTS

**CUMBERLAND SAUSAGES & MASH** 6.99  
With peas and onion gravy, 796 kcal  
Swap Cumberland sausages for Q<sup>er</sup> sausages 724 kcal  
Add two extra Cumberland or Q<sup>er</sup> +216 kcal sausages 1.00

**LASAGNE** 7.49  
Beef and pork mince with smoked bacon in a rich red wine and tomato sauce, served with a dressed mixed salad garnish and garlic bread, 668 kcal

**MAC 'N' CHEESE** 6.99  
Served with a dressed mixed salad, 713 kcal  
Add pork meatballs, sautéed onion and salsa +85 kcal or lightly spiced BBQ jackfruit +80 kcal 1.99 each

**DESIGN YOUR OWN SALAD** 7.99  
A salad of tomato, red onion, cucumber and spring onion drizzled with French dressing, 52 kcal  
**Choose a topping:**  
Southern-fried chicken goujons +269 kcal  
Chicken and bacon +321 kcal  
Baked Q<sup>er</sup> nuggets +272 kcal

**TOPPED FOOT-LONG MAC 'N' CHEESE** 11.99  
Topped with southern-fried crispy chicken and bacon, topped with sticky BBQ sauce and served with chips, peas and beer-battered onion rings, 2178 kcal

**BEAN & ROOT COTTAGE PIE** 7.99  
Filled with green lentils, sweet potato, carrot and swede in a tomato sauce, topped with crushed new potatoes and served with vegetables and a jug of gravy, 418 kcal

**BEEF YORKSHIRE PUDDING** 8.49  
A giant Yorkshire wrapping upped up with sliced beef in gravy, served with chips and peas, 903 kcal

### CHICKEN SHACK

**BBQ CHICKEN, BACON & CHEESE MELT** 7.99  
With chips, half a grilled tomato and peas, 895 kcal  
Double up your BBQ chicken, bacon and cheese +434 kcal 1.50

**TRIPLE CHICKEN FOOT-LONG COMBO** 11.99  
Crispy-fried chicken goujons, chicken wings and chicken skewers with your choice of sauce, served with a set combo of sides, including mac 'n' cheese, chips and garlic bread, 1607 kcal  
**Choose your sauce:**  
Frank's® RedHot +10 kcal;  
Char siu +130 kcal; Reggae Reggae Jerk BBQ Sauce™ +55 kcal;  
Classic sticky BBQ +68 kcal;  
Korean BBQ sauce +77 kcal

**KATSU CHICKEN** 7.99  
Crispy breaded chicken escalope, served with rice, peas, curry sauce and spring onion, 935 kcal  
Swap rice for chips +129 kcal

Upgrade your chips **Waffle Fries** 77 kcal **50p EXTRA**

**BREADED SCAMPI**† 7.49  
With chips, tartare sauce and peas, 890 kcal  
Swap to mushy peas +36 kcal

**SMALL FISH & CHIPS** 7.49  
With tartare sauce and peas, 915 kcal  
Swap to mushy peas +36 kcal  
Add bread and butter +187 kcal 99p

**HAND-BATTERED COD & CHIPS** 8.49  
With tartare sauce and peas, 1195 kcal  
Swap to mushy peas +36 kcal

**UPGRADE TO OUR CHIP SHOP PLATTER**† 2.00 extra  
Your favourite cod and chips, served with a battered sausage, chip shop curry sauce, tartare sauce, peas and bread  
Swap to mushy peas +36 kcal

### CURRY HOUSE

**CHICKEN NANKA MASALA** 7.49  
With rice, naan bread, poppadum and mango chutney, 823 kcal  
Swap rice for chips +129 kcal

**PLANT-BASED RED THAI CURRY** 7.49  
Plant-based soya protein pieces in a rich and vibrant Thai style coconut red curry sauce with diced onion and red pepper, served with rice, poppadums and spring onion, 700 kcal  
When served without poppadums 529 kcal  
Add naan bread +109 kcal 99p

## PIES

**BEEF & ALE PIE** 7.49  
A slice of pie served with mash, peas and gravy, 844 kcal  
Swap mash for chips +119 kcal

**STEAK, MUSHROOM & IRISH STOUT PIE** 9.49  
Beef steak, mushrooms & onions in Irish stout & ale gravy, enased in pastry and served with mash, mixed veg and gravy, 1382 kcal  
Swap mash for chips +119 kcal

**FAKE STEAK PIE** 7.49  
Soya mince with ale gravy and shortcrust vegan pastry, served with mash, peas and a jug of gravy, 805 kcal  
Swap mash for chips +119 kcal  
When served with a jacket potato 979 kcal

**HUNTER'S CHICKEN PIE** 9.49  
Chicken, bacon, melted cheese and BBQ sauce all in a pie, served with mash, mixed veg and gravy, 1208 kcal  
Swap mash for chips +119 kcal



## EXTRAS

- CHIPS** 373 kcal 1.99
- Waffle Fries** 450 kcal 2.49
- Mashed Potato** 254 kcal 1.99
- Dressed Side Salad** 26 kcal 2.29
- Garlic Bread** 378 kcal 2.29
- Cheesy Garlic Bread** 567 kcal 2.79

- TEN BEER-BATTERED ONION RINGS** 661 kcal 2.29
- BREAD AND BUTTER** 187 kcal 99p
- PLAIN JACKET POTATO WITH BUTTER** 532 kcal 2.99
- BATTERED SAUSAGE** 269 kcal 99p
- NAAN** 109 kcal 99p

## — PROPER — LUNCH

Available until 4pm

### MELT, CHIPS AND SOFT DRINK\* 5.99

**MEATBALL SUB MELT**  
Filled with pork meatballs in tomato salsa, sautéed onion and melted cheese, 944 kcal

### SUB OR WRAP, CHIPS AND SOFT DRINK\* 5.49

**CHEESE, TOMATO SALSA & SAUTÉED ONION** 821 kcal  
With mayo, mixed leaves and sliced tomato  
Sub 821 kcal, Wrap 757 kcal

**BEEF SUB MELT**  
Hot beef in gravy with melted cheese, sautéed onion and sticky BBQ sauce, 773 kcal

**FISH† FINGER**  
With tartare sauce and mixed leaves  
Sub 823 kcal, Wrap 758 kcal

**LIGHTLY SPICED BBQ JACKFRUIT SUB MELT** 9.17 kcal  
With vegan mayo, a Violife slice, char siu sauce, sautéed onion and lettuce, 917 kcal  
Swap your chips to topped nachos +163 kcal

**SOUTHERN-FRIED BBQ CHICKEN**  
With melted cheese and mixed leaves  
Sub 730 kcal, Wrap 715 kcal

**THE CLUB SUB**  
Chicken breast with bacon, tomato, lettuce, mayo, grated cheese and crispy onion, 1033 kcal

Meal-Deal Drinks

### CHOOSE A SOFT DRINK\*

\*16oz glass of Coke Zero 2 kcal, Diet Coke 1 kcal, Coca-Cola 155 kcal or Schweppes lemonade 70 kcal; 330ml bottle of Strathmore water 0 kcal; 275ml bottle of Apertiser 129 kcal; regular coffee or a pot of tea (ask a team member to see options and calorie information).  
A sugar-tax surcharge, per drink, will apply for standard Coca-Cola.

### UPGRADE TO AN ALCOHOLIC DRINK FROM 1.00<sup>EXTRA</sup>

\*"Pint of Doom Bar or alternative cask ale under 4.3% ABV, John Smith's, Guinness, Carlsberg or Strongbow; 175ml glass of house wine (red, white or rosé); 25ml spirit and mixer - choose from Smirnoff Red Label, Jack Daniel's, Gordon's London Dry, Three Barrels, Havana 3-Year-Old or Bell's (mixer choices listed below).

### GO PREMIUM

Why not treat yourself? 1.50<sup>EXTRA</sup>  
\*\*"Pint of San Miguel, Stella Artois, Brewdog Pale Ale or Strongbow Dark Fruit; 250ml glass of house wine (red, white or rosé); 25ml spirit and mixer - choose from Tanqueray, Hendrick's, Gordon's Flavours, Absolut, Ketel One, Belvedere, Sailor Jerry, Havana Spiced or Johnnie Walker Red Label (mixer choices listed below).

Mixers: Diet Coke, Coke Zero, Coca-Cola, Schweppes lemonade, Canada Dry, Schweppes ginger beer, Schweppes tonic or Coca-Cola, Schlimme tonic. A sugar-tax surcharge, per drink, will apply for standard Coca-Cola.

All deal drinks are subject to change, and availability may vary from pub to pub. If your advertised choice is unavailable a suitable alternative of an equivalent price may be offered at the manager's discretion.

**FOOT-LONG COOKIE DOUGH SUNDAE SHARER** 6.29  
Ten scoops of vanilla ice cream, loaded with chocolate chip cookie dough pieces, marshmallows and Smarties - plus Belgian hot chocolate sauce for you to pour on.  
Recommended for 2 people, 2194 kcal

**COOKIE DOUGH SUNDAE** 3.29  
Three scoops of vanilla ice cream, loaded with chocolate chip cookie dough pieces, marshmallows, sticky toffee pudding chunks, Smarties and Belgian chocolate sauce, 831 kcal

**PROFİTOLES** 2.99  
Choux pastry with a creamy filling and a vanilla flavoured coating, with pieces of cookie crumb, topped with Belgian chocolate sauce, 414 kcal

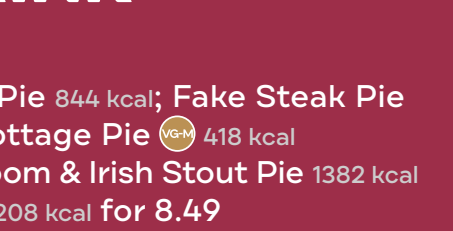
**JAMMIE D CHEESECAKE** 2.99  
With vanilla ice cream, 435 kcal

**APPLE CUSTARD PIE** 2.99  
A pastry case filled with non-dairy custard and soft apple slices with a crumble topping, served with non-dairy custard, 534 kcal

**CHOCOLATE FUDGE CAKE** 2.99  
With vanilla ice cream, 782 kcal

**VANILLA ICE CREAM** 2.29 394 kcal  
**VANILLA NON-DAIRY ICED DESSERT** 2.29 405 kcal

**STICKY TOFFEE PUDDING** 2.99  
With non-dairy custard, 465 kcal



## — DAILY DEALS —

**MONDAY PUB FAVE AND DRINK FROM 6.49**  
Choose from: Chicken Tikka Masala 823 kcal; BBQ Chicken, Bacon & Cheese Melt 895 kcal; Small Fish & Chips† 915 kcal; Small Rump Steak 776 kcal; Beef & Ale Pie 844 kcal; Fake Steak Pie 805 kcal

**WEDNESDAY PIE AND DRINK FROM 6.49**  
Choose from: Beef & Ale Pie 844 kcal; Fake Steak Pie 805 kcal; Bean & Root Cottage Pie 618 kcal  
Upgrade to Steak, Mushroom & Irish Stout Pie 1382 kcal or Hunter's Chicken Pie 1208 kcal for 8.49

**FRIDAY CLASSIC AND DRINK FROM 6.49**  
Small Fish & Chips† 915 kcal 6.49  
Upgrade to Hand-Battered Cod & Chips† 1195 kcal for 1.00 or Chip Shop Platter† +587 kcal for 2.00  
Cumberland Sausages & Mash 796 kcal or Q<sup>er</sup> Sausages & Mash 724 kcal 6.49  
Add two extra Cumberland +264 kcal or Q<sup>er</sup> +216 kcal sausages for 1.00  
Mac 'n' Cheese 713 kcal 6.49 - add a topping for 1.99  
Beef & Ale Pie 844 kcal 6.49 - upgrade to Steak, Mushroom & Irish Stout Pie 1382 kcal or Hunter's Chicken Pie 1208 kcal for 2.00

**TUESDAY BURGER AND DRINK FROM 6.49**  
Choose your patty, choose your size and choose your topping.  
Double 6.49 Triple 7.49 Quad 8.49

**THURSDAY GRILL AND DRINK FROM 6.99**  
Choose from: Gammon, Egg & Chips, with peas 765 kcal 6.99; Grilled 10oz Gammon Steak 1142 kcal 9.49; Small Rump Steak 776 kcal 8.99; 10oz Rump Steak 959 kcal 12.99; Smothered 10oz Rump Steak 1197 kcal 14.49; Mixed Grill 1247 kcal 10.49

**WEEKEND PICK AND MIX BOARD 9.49 OR LESS**  
Choose any five small plates from the main menu to create your own sharing board (Drink not included)

## Meal-Deal Drinks

See the reverse of this menu for drinks choices.

Adults need around 2000 kcal a day.

<sup>†</sup> Suitable for vegetarians. <sup>‡</sup> Suitable for vegans. <sup>††</sup> Made with vegetarian ingredients; however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. <sup>‡‡</sup> Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area.

Do you have any allergies? Please inform a team member of any allergies before placing your order even if you have eaten the dish before, as ingredients can change, and menus do not list all ingredients. Full allergen information is available for all food and drinks, detailing the 14 legally declareable allergens contained in our dishes. Whilst all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. \*Fish and poultry dishes may contain bones and/or shell. All weights are approximate uncooked. Ingredients are based on standard product formulations, variations may occur. Calories/nutritional values stated are subject to change. <sup>†</sup> From a selected range - see meal-deal drinks. For meal deals which include a drink, the food and drink must be purchased at the same time. All products and offers are subject to availability. Photography/illustration is for guidance only. Management reserves the right to refuse custom and/or withdraw/change offers (without notice), at any time. Prices include VAT, at the current rate. At Stonegate Pub Company, all tips earned by our hard-working team members, from delivering great customer service, are retained by them. As we process credit card tips through our payroll, we are required to make statutory deductions. If a service charge is added to the bill, this is entirely discretionary and is paid to those team members providing the service. If, for any reason, you're not happy with your visit, please let a team member know.

