

# BREAKFAST


## BIG BREAKFASTS

### Start the day right

#### THE FULL ENGLISH BREAKFAST 8.99

Two Cumberland sausages, two rashers of bacon, two fried eggs, baked beans, hash browns, button mushrooms, grilled tomato, black pudding and a slice of toast with butter. 1634 kcal


#### THE FULL VEGGIE BREAKFAST V 8.49

Two  sausages, two fried eggs, two hash browns, button mushrooms, a grilled tomato, baked beans, toast and butter. 1042 kcal

#### TRADITIONAL BREAKFAST 7.49

Cumberland sausage, bacon, fried egg, baked beans, hash brown, button mushrooms, black pudding, half a grilled tomato and a slice of toast with butter. 985 kcal

#### TRADITIONAL VEGETARIAN BREAKFAST V 7.49

 sausage, fried egg, hash brown, button mushrooms, half a grilled tomato, baked beans and a slice of toast with butter. 689 kcal

### Small bites

#### CUMBERLAND SAUSAGE SANDWICH 5.99 666 kcal

#### SAUSAGE SANDWICH V 5.99 618 kcal

#### BACON SANDWICH 5.99 608 kcal

#### SMASHED AVOCADO ON TOAST V 7.49

With buttered spinach, a poached egg and slow-roasted tomatoes. 526 kcal

#### EGGS ON TOAST V 5.99

Choose poached 401 kcal, fried 409 kcal, or scrambled eggs. 506 kcal

#### TOAST V 2.29

White bread 404 kcal or brown bread 401 kcal, With strawberry jam +76 kcal or honey. + 61 kcal

### Add ons

#### Why not add some side orders? 99P EACH

FRIED V +104 kcal,  
SCRAMBLED V +306 kcal, OR  
POACHED EGG V +100 kcal

HASH BROWNS V 267 kcal

BAKED BEANS VG 78 kcal

BACON 69 kcal

BUTTON MUSHROOMS VG 57 kcal

GRILLED TOMATO VG 16 kcal

LORNE SAUSAGE 174 kcal

 SAUSAGE VG 108 kcal

Adults need around 2000 kcal a day

Do you have any allergies? Please inform staff of any allergies before placing your order, even if you have ordered the dish/drink before, as ingredients can change and menus do not list all ingredients. Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes/drinks. Whilst all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. There is significant risk of cross-contamination in our deep fat fryers.

V Suitable for vegetarians. VG Suitable for vegans. V-M Made with vegetarian ingredients; however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. VG-M Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Ingredients are based on standard product formulations, variations may occur. Calories/nutritional values stated are subject to change. † Fish and poultry dishes may contain bones and/or shell. Our cheese slice is processed. Lotus and Biscoff are registered trademarks of Lotus Bakeries. All products and offers are subject to availability. Management reserves the right to refuse and/or withdraw/change offers (without notice), at any time. Photography/illustration is for guidance only. Prices include VAT, at the current rate. Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SJ.