# BREKKIE ONE RGH1

## **PROPER BREAKFAST**

OUR

FAVE



#### The Hearty Start 6.75

Sausage, bacon, your choice of a fried (+104 kcal), poached (+101 kcal) or scrambled egg (+306 kcal), a hash brown, baked beans, grilled mushroom and half a grilled tomato. 435 kcal

#### The Works 8.00

Two sausages, bacon, your choice of two fried (+208 kcal), poached (+203 kcal) or scrambled eggs (+306 kcal), two hash browns, baked beans, flat mushroom, half a grilled tomato and toast & butter. 933 kcal



Two THIS<sup>™</sup> Isn't Pork sausages, your choice of two fried (+208 kcal), poached (+203 kcal) or scrambled eggs (+306 kcal), two hash browns, baked beans, mushroom, half a grilled tomato and toast & butter. 777 kcal

#### Eggs Benedict 6.75

Two poached eggs and streaky bacon on a toasted muffin with hollandaise sauce. 604 kcal

#### The Avo Smash on Toast 💟 6.25

With guacamole, poached egg and slow-roasted tomatoes. 659 kcal

#### Bacon Sandwich 4.75

Bacon in toasted bloomer bread. 496 kcal

#### Sausage Sandwich 4.75 Sausages in toasted bloomer bread. 666 kcal

Toast 💟 3.00

With strawberry jam (+76 kcal) or honey (+61 kcal). 401 kcal



- + Bacon 1.00 63 kcal
- + Sausage 1.50 132 kcal
- + Baked Beans 1.50 vg 78 kcal
- + Grilled Mushroom 1.50 VG 51 kcal
- + Two Hash Browns 1.50 267 kcal
- + Grilled Tomato 1.50 VG 18 kcal

+ Toast with Butter 1.50 V 201 kcal 🛨 Egg 1.50 🖤 **Choose from: Fried** 104 kcal Poached 101 kcal Scrambled 306 kcal

### MORNING BREWS

Cappuccino 47 kcal 3.00

Latte 61 kcal 3.00

Americano 2.75 With milk 46 kcal

Espresso 1 kcal 2.75

Pot of Tea 2.75 With milk 43 kcal

#### **ANY ALLERGIES?**

Please inform staff of any allergies before placing your order, even if you have ordered the dish/drink before, as ingredients can change and menus do not list all ingredients. Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes/drinks. While we do our best to keep allergens at bay, we can't guarantee anything will be 100% allergen-free due to possible cross-contamination, especially when our busy fryers are involved.

🕐 Suitable for vegetarians. 🚾 Suitable for vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Ingredients are based on standard product formulations; variations may occur. Calories/nutritional values stated are subject to change. Our burger cheese is processed.

All products and offers are subject to availability. Management reserves the right to refuse custom and/or withdraw/change offers (without notice) at any time. Photography/illustration is for guidance only. Prices include VAT at the current rate. Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SJ.