# ALLERGY DETARIES

## **VEGGIE & VEGAN**

## **SMALLER BITES**

Mac & Cheese Bites With a hot honey Buffalo dip. 352 kcal

Corn Fritters VG With a garlic & herb dip. 315 kcal

#### Tomato & Basil Soup

With bread & butter. 360 kcal Vegan option available. VG 268 kcal

#### Halloumi Heat & Sweet

Grilled halloumi coated with sweet chilli sauce. 463 kcal

#### Hot & Cheesy Garlic Bread

Garlic bread loaded with Cheddar, piri-piri hot sauce, crispy onion and spring onion. 482 kcal Vegan option available. VG-M 444 kcal

#### Big Blue Garlic Bread

Mushrooms, onion and blue cheese sauce. 622 kcal

## SHARER

#### Grande Nachos

Doritos<sup>®</sup> loaded with cheese sauce, jalapeños, spring onion, tomato salsa



## LUNCH LOADED JACKETS

Shroom & Blue Mushrooms with blue cheese, Cheddar, spring onion and butter. 948 kcal

#### Cheesy Beans

With butter. 670 kcal Vegan option available. VG 528 kcal

## TOASTIE

Honey Buffalo Brie

Brie, hot honey Buffalo sauce and spring onion, dished up with a side of chips. 930 kcal

## WRAPS & BAGUETTES

Dished up with a side of chips. Tortilla wrap +276 kcal Baguette +331 kcal

#### 🥯 BBQ Chick'n 💟

Buttermilk-style fillet with lettuce, sticky BBQ sauce and garlic & herb sauce. 807 kcal Vegan option available. VG-M 746 kcal

#### Brie & Tomato With mayo, lettuce and tomato salsa. 770 kcal

#### HE S Mash 🕐 209 kcal **10 Beer-Battered** Onion Rings 🕐 661 kcal Side Salad VG 28 kcal

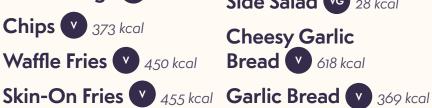
#### and garlic & herb sauce. 1017 kcal recommended for 2

#### Suitable for vegetarians. VG Suitable for vegans.

**Made with vegan ingredients;** however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Ingredients are based on standard product formulations; variations may occur.

#### Contains alcohol.

Calories/nutritional values stated are subject to change. Fish and poultry dishes may contain bones and/or shell. Weights stated are uncooked weights. Our burger cheese is processed. Biscoff is a registered trademark of Lotus Bakeries.





## **PUB FAVES**

#### Katsu Chick'n

Optimized by the style fillet and curry sauce with rice, peas, and spring onion. VG 686 kcal Veggie option available. V 787 kcal

#### Mac 'n' Cheese

With garlic bread and a dressed mixed salad. 944 kcal

#### Cauliflower & Red Pepper Curry

With rice 646 kcal, or swap to chips and make it veggie. V 747 kcal

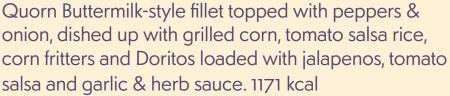
#### Hearty House Salad VG

Tomato, cucumber, mixed peppers, red onion, spring onion and mixed leaves with brown rice, quinoa, edamame beans and a garlic & herb dressing. 302 kcal

+ Corn Fritters VG +275 kcal

+ Buttermilk-Style Fillet VG +188 kcal

#### The Fiesta Grande Platter



#### All-Day Veggie Brekkie

Two THIS<sup>™</sup> Isn't Pork sausages, two fried eggs, two hash browns, baked beans, mushrooms, grilled tomato, toast and butter. 972 kcal

#### The Fiery Plant

THIS<sup>TM</sup> Isn't Beef burger with burger cheese, caramelised onion, crispy onion, piri-piri hot sauce and burger sauce, in a soft glazed bun with lettuce, onion and gherkin, dished up with a side of skin-on fries. 10,50 kcal Vegan option available. VG-M 924 kcal

## **SWEET STUFF**

#### **Billionaire's Chocolate** Fudge Cake

Chocolate fudge cake topped with chocolate honeycomb, salted caramel sauce and Belgian chocolate sauce, with a scoop of vanilla flavour ice cream. 630 kcal

#### Forest Fruits Sundae

Vanilla flavour ice cream, berry compote, raspberry coulis and Belgian chocolate sauce, topped with rainbow sprinkles. 509 kcal Vegan option available. VG-M 328 kcal

#### Loaded Churros

Churros topped with dried raspberries, popping candy, Biscoff sauce and Belgian chocolate sauce. 787 kcal

#### The Daily Crumble **W**

With your choice of non-dairy custard or non-dairy vanilla flavour ice cream.

Honeycomb Cheesecake V Toffee cheesecake



topped with chocolate coated honeycomb pieces, toffee sauce and dark chocolate, with a scoop of vanilla flavour ice cream and Belgian chocolate sauce. 646 kcal

#### Bakewell Tart VG-M

Warmed, with your choice of: **Non-dairy custard** 395 kcal Non-dairy vanilla flavour ice kream 392 kcal

Vanilla Flavour Ice Cream

Three scoops, with your fave sauce. **Belgian chocolate sauce** 389 kcal Biscoff sauce 448 kcal

Chat to a team member for today's choices and calorie info.



## **NO GLUTEN-CONTAINING INGREDIENTS**

These meals are made with ingredients that don't intentionally contain gluten. But since we handle gluten in our kitchens, we can't guarantee it's completely gluten-free. That means it's not suitable for people with coeliac disease. If you're ordering from this menu, please let a team member know.

## **SMALLER BITES**

#### Halloumi Heat & Sweet

Grilled halloumi coated with sweet chilli sauce. 463 kcal

Tomato & Basil Soup With seeded bread roll & butter. 410 kcal

## **THE GRILL**

Our grills are dished up with half a grilled tomato and peas.

#### Gammon Steak

With mash or a side salad, a fried egg and grilled pineapple. mash 801 kcal side salad 620 kcal

**10oz Rump Steak** With mash or a side salad. **mash** 666 kcal **side salad** 485 kcal

#### **EXTRAS**



+ Peppercorn Sauce 🕂 74 kcal

## LUNCH

#### Terrine With caramelised red onion chutney,

**Chicken & Smoked Ham Hock** 

mixed leaves and seeded bread roll & butter. 416 kcal

Corn Fritters VG With a garlic & herb dip. 315 kcal

## **PUB FAVES**

#### The Melt Burger

Our big and juicy beef burger with smoked streaky bacon, burger cheese and burger sauce, in a soft seeded brown roll with lettuce, onion and gherkin dished up with a dressed side salad. 598 kcal

**Smoked Haddock & Mozzarella Fishcakes** 

With a dressed mixed salad and tartare sauce. 459 kcal

#### **Chicken Tikka Masala**

With pilau rice and mango chutney. 718 kcal

Cauliflower & Red Pepper Curry vg With rice. 646 kcal

Shepherd's Pie

#### Hot & Cheesy Loaded Roll

Cheddar, piri-piri hot sauce and spring onion. 359 kcal

### **SWEET STUFF**

#### Forest Fruits Sundae

Vanilla flavour ice cream, berry compote, raspberry coulis and Belgian chocolate sauce, topped with rainbow sprinkles. 509 kcal

Vegan option available. vg-M 349 kcal



#### Bakewell Tart VG-M

Warmed, with your choice of: **Non-dairy custard** 395 kcal Non-dairy vanilla flavour ice kream 392 kcal

#### Vanilla Flavour Ice Cream

Three scoops, with Belgian chocolate sauce 389 kcal

#### The Daily Crumble (VG)

With your choice of non-dairy custard or non-dairy vanilla

Shroom & Blue Loaded Jacket

Mushrooms with blue cheese, Cheddar, spring onion and butter. 948 kcal

#### Cheesy Beans Loaded Jacket

With butter. 670 kcal

Vegan option available. Vegan option available.

#### Brie & Tomato Roll

With mayo, lettuce and tomato salsa, dished up with a dressed salad. 605 kcal

Lamb in a red wine sauce with carrot, onion and celery, topped with mash and Cheddar, with peas and gravy. 585 kcal

#### Hearty House Salad VG

Tomato, cucumber, mixed peppers, red onion, spring onion and mixed leaves with brown rice, quinoa, edamame beans, corn fritters and a garlic & herb dressing. 576 kcal

#### flavour ice kream.

Chat to a team member for today's choices and calorie info.



Adults need around 2000 kcal a day, so make them delicious.

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