# SEMEN



# **SMALLER BITES**

#### **Chicken Goujons**

Hot Honey & Buffalo mayo. 489 kcal

#### **Lightly Dusted Calamari**

With a sweet chilli, lime & coriander dip. 420 kcal

### Rendang Bites vo

With tikka mayo. 346 kcal

Adults need around 2000 kcal a day, so make them delicious.

- Suitable for vegetarians.
- vg Suitable for vegans.

## Made with vegan ingredients;

however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Ingredients are based on standard product formulations; variations may occur.

# **PUB FAVES**

#### Hunter's Chicken

Chicken breast topped with streaky bacon, cheese and BBQ sauce, with chunky chips, onion rings, peas and salad. 1271 kcal

#### Hand-Battered Fish & Chips

With tartare sauce and creamy minted peas. 1670 kcal

+ Bread & Butter V 2.00 +401 kcal



#### Sausage & Mash

Today's award-winning sausage flavour, with chive mash, red cabbage with apple, beef gravy and caramelised red onion chutney.

Ask a team member for today's options and calorie information.

#### Scampi & Chips

With tartare sauce and creamy minted peas. 1100 kcal

#### Gammon Steak +1.50

With a fried egg, pineapple wedge, chunky chips, onion rings, mushroom and grilled tomato. 1480 kcal

#### Lasagne

Beef & pork in a tomato ragu, with garlic bread and a dressed mixed salad. 1113 kcal

#### Bang Bang Broccoli



Sweet & spicy broccoli with hazelnuts and pomegranate seeds, with red pepper & sesame hummus, garlic & herb, lime & coriander and sweet chilli dips. 2203 kcal

#### Butternut Squash Ravioli



With tomato & herb sauce, mushrooms and truffle oil. 759 kcal

#### Veggie Caesar Salad



Buttermilk-style fillet with a soft boiled egg, cheese, croutons, lettuce, anchovies and a Caesar dressing. 877 kcal

# **SWEET STUFF**

#### S'mores Chocolate Brownie



With Belgian chocolate sauce, toasted marshmallows, salted caramel sauce and Biscoff crumbs, with cherry compote and vanilla flavour ice cream. 634 kcal

## The Daily Crumble



With custard.

Vegan option available vs switch to non-dairy custard.

Ask a team member for today's options and calorie information.



## Sticky Toffee Sponge



With salted caramel sauce and custard. 560 kcal Vegan option available ve – remove caramel sauce and switch to non-dairy custard. -95 kcal

Please inform staff of any allergies before placing your order, even if you have ordered the dish/drink before, as ingredients can change and menus do not list all ingredients. Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes/drinks. Whilst all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. There is significant risk of cross-contamination in our deep fat fryers

Calories/nutritional values stated are subject to change. Our burger cheese is processed. All products and offers are subject to availability. Biscoff is a registered trademark of Lotus Bakeries. Management reserves the right to refuse custom and/or withdraw/change offers (without notice), at any time. Not valid in conjuction with other offers or on bank/national holidays. Photography is for guidance only. Prices include VAT, at the current rate. Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SJ

