

# Pick 'n' Mix Kids' Menu

Full allergen information is available on request from our team. Our menus do not list all ingredients. While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. To view our allergen information, scan the allergen QR code at the bottom

## To Start

**Cheesy Garlic Bread (V)** 316 kcal **3.00**

**Crispy Coated Prawns 3.50**

Served with tartare sauce. 166 kcal

**Chicken Goujons 3.50**

Served with classic BBQ sauce. 208 kcal

## Meal & a Pud for £6.00

### Step 1 Pick one of the following:

**Grilled Chicken Breast Burger**

Served in a bun with lettuce. 279 kcal

**Grilled Beef Burger**

Served in a bun with lettuce. 297 kcal

**Chicken Goujons** 190 kcal

**Sausages & Rich**

**Beef Gravy** 346 kcal

**Soya Burger (VG)**

Served in a bun with lettuce. 430 kcal

**Hand-Battered Fish** 467 kcal

### Step 2 Pick your side:

**Mashed Potato (V)** 140 kcal

**Baby Potatoes (VG)** 74 kcal

**Chunky Chips (V)** 213 kcal

**Rice (VG)** 116 kcal

### Step 3 Pick your veg:

**Baked Beans (VG)** 78 kcal

**Peas (VG)** 79 kcal

**Mini Corn on the Cob (VG)** 44 kcal

**Tenderstem® Broccoli (VG)** 7 kcal

**Mangetout (VG)** 13 kcal

## Desserts

**Luxury Biscuit Sundae (VG-M)**

Caramelised biscuit cheesecake with vanilla non-dairy iced dessert, tangy raspberry coulis and Lotus Biscoff sauce and biscuit crumbs. 403 kcal

**S'mores Chocolate Brownie (V)**

Topped with toasted marshmallows, salted caramel sauce and a Lotus Biscoff biscuit crumb, served with vanilla ice cream. 337 kcal

**Vanilla Ice Cream (V)**

Two scoops of vanilla ice cream with Belgian chocolate sauce. 260 kcal

(V) Suitable for vegetarians. (VG) Suitable for vegans. (VG-M) Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area.



Find full allergy info above

### Do you have any allergies?

Full allergen information is available for all dishes. Please ask a team member before you order your food and drink, as menus do not list all ingredients. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are '100% free from' allergens, owing to cross-contamination, as we do not have specific allergen-free zones in our kitchens; therefore, it is not possible to fully guarantee allergen separation. Even if you have eaten a dish previously, please inform staff of any food allergies before placing your order, so that every precaution may be taken in the kitchen to prevent cross-contamination. We cannot guarantee that any dishes are free from nut traces.

Fish and poultry dishes may contain bones and/or shell. All weights are approximate uncooked. Ingredients are based on standard product formulations; variations may occur, and calories stated (excluding drinks options) are subject to change. Lotus and Biscoff are registered trademarks of Lotus Bakeries.

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**DRINK**  
**SENSIBLY**