

# VEGAN & VEGETARIAN MENU

HERITAGE PUBS

(V) Suitable for vegetarians. (VG) Suitable for vegans. (VG-M) Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. See our main menu for prices.

## BAR BITES

Perfect for nibbling while you ponder

### Bread & Oil (VG)

Ciabatta with extra virgin olive oil and balsamic vinegar. 560 kcal

### Olives (VG) 305 kcal

### Mixed Peanuts & Rice Crackers (VG-M) 509 kcal

## STARTERS AND SHARERS

### Soup of the Day (V)

With crispy fried onion, chives and bread & butter.

Ask a team member for today's options and calorie information. Vegan option available.

### Harissa, Red Pepper & Sesame Hummus (VG)

With tomato & olive tapenade, flatbread and pomegranate seeds. 540 kcal

### Rendang Bites (VG)

With tikka mayo. 346 kcal

### Cheesy Nachos (V)

With mozzarella, cheese sauce, jalapeños, tomato & chilli sauce, guacamole and sour cream. 1172 kcal

Recommended for two

### Nachos Sharer (VG)

With Sheese® sauce, jalapeños, tomato & chilli sauce, guacamole and vegan mayo. 1376 kcal

Recommended for two

## FROM THE GRILL

### Caesar Salad (V)

Crispy coated buttermilk-style Quorn™ fillet with a soft boiled egg, grated cheese, croutons, baby gem lettuce and a Caesar dressing. 869 kcal

## CLASSICS

### Bang Bang Broccoli (V)

Sweet & spicy broccoli with hazelnuts and pomegranate seeds, served with red pepper & sesame hummus and garlic & herb, lime & coriander and sweet chilli dips. 2704 kcal

### Butternut Squash Ravioli (VG)

With tomato & herb sauce, mushrooms, truffle oil and a herb crumb. 759 kcal

## BURGERS

### Earth Burger (V)

Served in a soft glazed bun with diced onion & gherkin, iceberg lettuce, burger sauce and ketchup, with skin-on fries. Choose from THIS™ Isn't Beef burger 1098 kcal or crispy coated buttermilk-style Quorn™ fillet 1037 kcal, layered with Monterey Jack cheese, sweet chilli slaw and spicy Korean sauce. *Make it vegan (VG) – switch to a Violife® cheeze slice and dressed mixed salad on the side. -387 kcal*

## SIDES See main menu

### Salted Caramel

### Cheezecake (VG-M)

Vegan salted caramel cheezecake on an oatly biscuit base, served with vanilla non-dairy iced dessert and salted caramel popcorn. 540 kcal

## LUNCH

Our lunch dishes are available Monday–Saturday until 4pm.

### Vegan Ciabatta (VG)

With slow-roasted tomato, avocado, Greek style vegan feta, vegan mayo, cucumber, red onion and rocket, served with a dressed side salad. 1145 kcal

### Crispy Buttermilk-Style Quorn™ Fillet Flatbread (VG)

With sautéed onion & pepper, poppadom, tikka mayo, pomegranate seeds, coriander and a garlic & herb dip. 1251 kcal

## DESSERTS

### S'mores Chocolate Brownie (V)

With Belgian chocolate sauce, toasted marshmallows, salted caramel sauce and Biscoff™ crumbs, with cherry compote and vanilla flavour ice cream. 634 kcal

### Espresso Martini

### Tiramisu Sundae (V)

Espresso martini tiramisu torte with brandy mascarpone mousse, savoiardi biscuits, coffee flavour ice cream, double cream and chocolate sauce. 958 kcal

### Crumble of the Day (V)

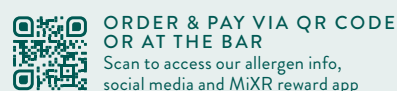
Today's flavour of classic crumble with a jug of custard. 498 kcal *Make it vegan (VG) – switch to non-dairy custard. -19 kcal*

### Signature Sticky

### Toffee Sponge (V)

With salted caramel sauce and a jug of custard. 560 kcal *Make it vegan (VG) – switch to toffee sauce and non-dairy custard. -95 kcal*

Adults need around 2000 kcal a day.



ORDER & PAY VIA QR CODE OR AT THE BAR  
Scan to access our allergen info, social media and MiXR reward app

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**Do you have any allergies?** Full allergen information is available for all dishes. Please ask a team member before you order your food and drink, as menus do not list all ingredients. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are '100% free from' allergens, owing to cross-contamination, as we do not have specific allergen-free zones in our kitchens; therefore, it is not possible to fully guarantee allergen separation. Even if you have eaten a dish previously, please inform staff of any food allergies before placing your order so that every precaution may be taken in the kitchen to prevent cross-contamination. We cannot guarantee that any dishes are free from nut traces.

Fish and poultry dishes may contain bones and/or shell. All weights are approximate uncooked. Ingredients are based on standard product formulations; variations may occur, and calories stated (excluding drinks options) are subject to change. All products and offers are subject to availability. Management reserves the right to refuse custom and/or withdraw/change offers (without notice) at any time. Prices are in pounds sterling and include VAT, at the current rate. At Stonegate Group, all tips earned by our hard-working team members, from delivering great customer service, are retained by them. If a service charge is added to the bill, this is entirely discretionary and is paid to those team members providing the service. Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SJ.

We're part of a small batch of hand-picked locals

