NO GLUTEN-CONTAINING INGREDIEN'TS MENU



Full allergen information is available on request from our team. Our menus do not list all ingredients. The meals on this menu are made with ingredients which do not intentionally contain gluten. However, we handle gluten-containing ingredients in our kitchens, so we cannot guarantee 100% free from; therefore, these meals are not suitable for people with coeliac disease. Please make a team member aware when ordering from the NGCI menu. See our main menu for prices

BAR SNACKS

Olives (VG) 305 kcal

SHARERS Recommended for two

Cheesy Nachos (V) With mozzarella, cheese sauce, jalapeños, tomato & chilli sauce, guacamole and sour cream. 1172 kcal

Nachos Sharer (VG) With Sheese® sauce, jalapeños, tomato & chilli sauce, guacamole and vegan mayo. 1376 kcal

MAINS

Grilled Butterfield Sea Bass Served with hasselback potatoes, rainbow chard, chorizo and a tomato & herb sauce. 691 kcal

Lamb Shank In a red wine & mint gravy, served with buttery chive mashed potato and Tenderstem® broccoli. 996 kcal

Slow-Cooked Beef Rib

Served on the bone, with garlic & parsley spring cabbage, Taw Valley Cheddar & chive mashed potato and beef gravy. 932 kcal

SIDES

Seasonal Veg (VG) 87 kcal

Dressed Side Salad (VG) 92 kcal

Dauphinoise Potatoes (V) 265 kcal

Signature Cauliflower Cheese (V) 197 kcal Buttery Chive Mashed Potato (V) 284 kcal

Braised Red Cabbage (VG) 173 kcal with apple

DESSERTS

Salted Caramel Cheezecake (VG-M) Vegan salted caramel cheezecake on an oaty biscuit base, served with vanilla non-dairy iced dessert and salted caramel popcorn. 540 kcal



ORDER & PAY VIA QR CODE OR AT THE BAR Scan to access our allergen info, social media and MiXR reward app

Adults need around 2000 kcal a day

(V) Suitable for vegetarians. (VG) Suitable for vegans. (VG-M) Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area.

We're part of a small batch of hand-picked locals

Do you have any allergies? Full allergen information is available for all dishes. Please ask a team member before you order your food and drink, as menus do not list all ingredients. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are '100% free from' allergens, owing to cross-contamination, as we do not have specific allergen-free zones in our kitchens; therefore, it is not possible to fully guarantee allergen separation. Even if you have eaten a dish previously, please inform staff of any food allergies before placing your order so that every precaution may be taken in the kitchen to prevent cross-contamination. We cannot guarantee that any dishes are free from nut traces.

Fish and poultry dishes may contain bones and/or shell. All weights are approximate uncooked. Ingredients are based on standard product formulations; variations may occur, and calories stated (excluding drinks options) are subject to change. All products and offers are subject to availability. Management reserves the right to refuse custom and/or withdraw/change offers (without notice) at any time. Prices are in pounds sterling and include VAT, at the current rate. At Stone gate Group, all tips earned by our hard-working team members, from delivering great customer service, are retained by them. If a service charge is added to the bill, this is entirely discretionary and is paid to those team members providing the service. Stone gate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SJ.