

# BREAKFAST MENU



**Bacon Sandwich 4.75**  
Streaky bacon layered in toasted bloomer bread. 496 kcal

**Sausage Sandwich 4.75**  
Cumberland sausages layered in toasted bloomer bread. 666 kcal

**Eggs Benedict 6.75**  
Two poached eggs and streaky bacon on a toasted muffin with hollandaise sauce. 604 kcal

**Smashed Avocado on Toast (V) 6.25**  
With guacamole, poached egg and slow-roasted tomatoes. 659 kcal

**Small English Breakfast 6.75**  
Cumberland sausage, streaky bacon, your choice of a fried (+104 kcal), poached (+101 kcal) or scrambled egg (+306 kcal), a hash brown, baked beans, grilled flat mushroom and half a grilled tomato. 435 kcal

**Full English Breakfast 8.00**  
Two Cumberland sausages, streaky bacon, your choice of two fried (+208 kcal), poached (+203 kcal) or scrambled egg (+306 kcal), two hash browns, baked beans, grilled flat mushroom, half a grilled tomato and toasted bloomer bread & butter. 933 kcal

**Full Veggie Breakfast (V) 7.00**  
Two THIS™ Isn't sausages, your choice of two fried (+208 kcal), poached (+203 kcal) or scrambled egg (+306 kcal), two hash browns, baked beans, flat mushroom, half a grilled tomato and toasted bloomer bread & butter. 777 kcal

**Thick-Cut Bloomer Toast (V) 3.00**  
With strawberry jam (+76 kcal) or honey (+61 kcal). 401 kcal

## HOT DRINKS

**Cappuccino 3.00 47 kcal**

**Latte 3.00 61 kcal**

**Americano 2.75 46 kcal (with milk)**

**Espresso 2.75 1 kcal**

**English Breakfast Tea 2.75**  
43 kcal (with milk)

Ask a team member to see today's options and calorie information for flavoured teas and fruit juices.

## EXTRAS

**Streaky Bacon 1.00 63 kcal**

**Cumberland Sausage 1.50 132 kcal**

**Baked Beans (VG) 1.50 78 kcal**

**Fried Egg (V) 1.50 104 kcal**

**Poached Egg (V) 1.50 101 kcal**

**Scrambled Egg (V) 1.50 306 kcal**

**Grilled Field Mushroom (VG) 1.50**  
51 kcal

**Two Hash Browns (V) 1.50 267 kcal**

**Grilled Tomato (VG) 1.50 18 kcal**

**Toast with Butter (V) 1.50 201 kcal**



**ORDER & PAY VIA QR CODE OR AT THE BAR**  
Scan to access our allergen info, social media and MiXR reward app

We're part of a small batch of hand-picked locals



Adults need around 2000 kcal a day. (V) Vegetarian (VG) Vegan

**Do you have any allergies?** Full allergen information is available for all dishes. Please ask a team member before you order your food and drink, as menus do not list all ingredients. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are '100% free from' allergens, owing to cross-contamination, as we do not have specific allergen-free zones in our kitchens; therefore, it is not possible to fully guarantee allergen separation. Even if you have eaten a dish previously, please inform staff of any food allergies before placing your order so that every precaution may be taken in the kitchen to prevent cross-contamination. We cannot guarantee that any dishes are free from nut traces.

Fish and poultry dishes may contain bones and/or shell. All weights are approximate uncooked. Ingredients are based on standard product formulations; variations may occur, and calories stated (excluding drinks options) are subject to change. All products and offers are subject to availability. Management reserves the right to refuse custom and/or withdraw/change offers (without notice) at any time. Prices are in pounds sterling and include VAT, at the current rate. At Stonegate Group, all tips earned by our hard-working team members, from delivering great customer service, are retained by them. If a service charge is added to the bill, this is entirely discretionary and is paid to those team members providing the service. Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SJ.