FOOD

MOVE OVER GRANOLA...

BRUNCH SERVED ALL DAY!

THE BIG BREAKFAST / 5.75
Cumberland sausages, bacon, fried eggs, hash brown bars, mushrooms, grilled tomato, baked beans and toast. 1262 kcal

VEGETARIAN BREAKFAST (V) / 5.25
Veggie sausages, fried eggs, hash brown bars, mushrooms, grilled tomato, baked beans and toast. 1051 kcal

VEGAN ALTERNATIVE AVAILABLE

See our vegan menu for options and calorie information

BREAKFAST ALL WRAPPED UP / 4.45
Bacon, Cumberland sausage, fried egg, hash brown bar and grated cheese with salsa and guac, in a beet tortilla. 785 kcal

BACON & AVO CRUMPETS / 3.95
Two crumpets stacked with bacon, avocado and cheese slices, with butter and sweet chilli sauces. 804 kcal

JACKFRUIT CRUMPETS (VG) / 3.95

Two crumpets stacked with BBQ pulled jackfruit, Violife grated mature and guac, with sweet chilli sauce and fresh rocket. 471 kcal

MEX-MELT QUESADILLA (VG) / 4.45

Veggie sausages, hash brown bar, no-chicken nuggets and Violife grated mature with avocado, salsa and guac, in a beet tortilla. 767 kcal

SWEET-A-BISC CRUMPETS (V) / 3.95

Three crumpets stacked with Nutella® hazelnut spread, Lotus Biscoff® pieces and salted caramel sauce. 974 kcal

MORE MORE MORE 75P EACH

FRIED EGG (V) +104 kcal

HASH BROWN BAR (VG) +145 kcal

TOAST (V)
White +419 kcal
Brown +424 kcal

BACON +164 kcal

CUMBERLAND SAUSAGE +132 kcal

CRUMPET (V) +153 kcal

LOADED Subs

FRIES INCLUDED WITH ALL SUBS AND QUESADILLAS!

HERO SUBS

BUFFALO CHICKEN AND CHEESE

With Frank's RedHot® Buffalo sauce and red onion. 942 kcal

BBQ JACKFRUIT (VG)

With Violife grated mature. 890 kcal

SOUTHERN-FRIED CHICKEN

With bacon and mayo. 1206 kcal

CHICKEN AND AVOCADO

With Bulleit® Bourbon bacon & onion jam, tomato and mayo. 1196 kcal

HOUSE SUBS

SLOPPY JOE CHEESE MELT

Beef in a smoky BBQ sauce with red onion. 899 kcal

CHEESY PORK MEATBALL MARINARA

With crispy bacon and spring onion. 1114 kcal

BUTTERMILK-COATED CHICKEN CURRY

Filled with fries, curry sauce and spring onion. 1334 kcal

HOT OFF THE PRESS

YOU'VE SEEN TIKTOK, YOU KNOW HOW THIS WORKS

KICKIN' CHICKEN QUESADILLA

Karaage Japanese-style coated chicken with grated cheese, Korean BBQ sauce, spinach, spring onion and rocket, served in a beet tortilla with a side of mayo. 1009 kcal

FETA & AVO QUESADILLA (V)

Feta and avocado with grated cheese, tomato, spinach, red pepper & sesame houmous and rocket, served in a beet tortilla with a side of vegan mayo. 1004 kcal

VEGAN ALTERNATIVE AVAILABLE

See our vegan menu for options and calorie information

SWITCH YOUR FRIES

ANGRY (V) +165 kcal **/ +1.50**

SALTED CHILLI (VG) +14 kcal **/ +1.00**

SWEET & SOUR PICKLED ONION (VG) +11 kcal **/ +1.00**

SWEET POTATO (VG) +108 kcal **/ +1.00**

ANY HERO SUB OR QUESADILLA AND A DRINK† 7.45

OR

ANY HOUSE SUB AND

A DRINK† 6.45

'TIL 4PM

†DRINKS

Soft drink (included in price)
22oz glass of Diet Coke 2 kcal, Coke Zero Sugar 3 kcal or lemonade 103 kcal or a can of soft drink
Ask a team member to see our range of canned soft drinks and calorie information

+1.00
Pint of Carling, Coors Light or cider (Inch's or Thatchers); 25ml Smirnoff Red, Jack Daniel's, Gordon's and mixer*

+1.50
Pint of Stella Artois, Birra Moretti, Brewdog Pale Ale or Strongbow Dark Fruit; 25ml Bulleit Bourbon, Ketel One, Gordon's Pink, Tanqueray, Sailor Jerry and mixer*

***Mixers**: Diet Coke, Coke Zero Sugar, lemonade or Fever-Tree bottle

MADE TO *share*

THE CROWD-PLEASER / 13.45

Eight chicken wings, garlic bread, onion rings, southern-fried chicken goujons, halloumi skewers, cheesy 'nduja-pork-topped nachos in a beet tortilla bowl, with cucumber slices and dips

Recommended for 2 people. 3069 kcal

CHEEKY CHICKEN TRIO / 13.45

1kg of wings – half with hot honey Buffalo sauce, sour cream and fresh red chilli; half with Bulleit® Bourbon BBQ sauce – with salted sweet chilli popped chicken

Recommended for 2 people. 2095 kcal

SLOPPY JOE NACHOS GRANDE / 8.25

Topped with beef in a smoky BBQ sauce, cheese sauce, sour cream, guac, salsa, jalapeños, sweet & sour onion and rocket

Recommended for 2 people. 1256 kcal

VEGAN ALTERNATIVE AVAILABLE

See our vegan menu for options and calorie information

Not all of our dish descriptions contain all ingredients. Please ask if you have a special dietary requirement.

Big Bowl FRIES

SPICY CHICKEN AND CHEESE

Shredded chicken, hot honey Buffalo sauce, grated cheese, salsa, sweet & sour onion, rocket and mayo

Recommended for 2 people.

SKINNY 6.25
1161 kcal

SWEET POTATO 7.25
1377 kcal

OUR FAMOUS ANGRY TOPPING (V)

Crumbled Stilton®, blue cheese dressing, sweet & sour onion and Frank's RedHot® sauce

Recommended for 2 people.

SKINNY 5.75
1140 kcal

SWEET POTATO 6.75
1356 kcal

BBQ PULLED JACKFRUIT (VG)

Violife grated mature, vegan mayo and sweet & sour onion

Recommended for 2 people.

SKINNY 6.25 1218 kcal

SWEET POTATO 7.25 1434 kcal

SLOW-COOKED SLOPPY JOE

Beef in smoky BBQ sauce, grated cheese, sweet & sour onion and rocket

Recommended for 2 people.

SKINNY 5.75 1121 kcal

SWEET POTATO 6.75 1337 kcal

VEGAN ALTERNATIVE AVAILABLE

See our vegan menu for options and calorie information

IT'S GOING TO GET *messy!*

3 for **10.00** 5 for **15.00**

WINGS / 3.95

CHICKEN OR CAULI (VG)

275 kcal / 707 kcal

Coat your wings with:

HOT HONEY BUFFALO SAUCE AND SOUR CREAM (V) +58 kcal

BULLEIT® BOURBON BBQ SAUCE (VG) +42 kcal

SALTED CHILLI CARAMEL (V) +51 kcal

KOREAN BBQ SAUCE (VG) +77 kcal

COD TACOS / 3.95

Beet tortilla filled with cod goujons, red pepper & sesame houmous, lettuce, coriander and gherkin mayo. 402 kcal

KARAAGE CHICKEN / 3.95

Japanese-style coated chicken, served with Korean BBQ sauce, pomegranate and spring onion. 400 kcal

CRISPY CALAMARI / 3.95

Panko-crumb calamari sticks with Frank's RedHot® Buffalo spicy mayo, sweet & sour onion and rocket. 448 kcal

HOT HONEY FETA TACOS (V) / 3.95

Beet tortilla filled with feta, lettuce, hot honey Buffalo sauce, red pepper & sesame houmous and coriander. 293 kcal

HALLOUMI SKEWERS (V) / 3.95

With a dressed pomegranate salad garnish. 429 kcal

NO-CHICKEN NUGGETS (VG) / 3.95

With Korean BBQ sauce and pomegranate. 360 kcal

GYOZA / 3.95

With sweet chilli sauce and pomegranate.

CHOOSE CHICKEN 220 kcal
OR VEGETABLE (VG-M) 166 kcal

WING Wednesday

30P PER WING

ALL DAY WEDNESDAY

CHOOSE AS MANY AS YOU LIKE AND DOUSE IN ONE OF OUR WIDE RANGE OF SAUCES

Chicken 39 kcal or cauli (VG) 101 kcal

BURGERS *and Hot Dogs*

OUR BURGERS ARE SERVED IN A TOASTED BUN WITH BURGER SAUCE, KETCHUP, ICEBERG LETTUCE, CHOPPED ONION AND GHERKIN, WITH A SIDE OF FRIES AND BBQ SAUCE

HERO BURGER AND A DRINK† 9.45

Choose beef patties 402 kcal**, buttermilk-coated chicken** 335 kcal **or grilled chicken breast** 130 kcal**, then pick your hero topper.**

'NDUJA MEATBALL

Spicy BBQ 'nduja pork meatballs, with a burger cheese slice. +1073 kcal

HOT HONEY HALLOUMI

Grilled halloumi and hot honey Buffalo sauce, with a burger cheese slice and sweet & sour onion. +926 kcal

SMOKY SOYA SLOPPY JOE (V)

Choose either a no-beef burger 1172 kcal **or Louisiana Chick'n™ burger** 1129 kcal
With a burger cheese slice, red pepper & sesame houmous and spinach
VEGAN ALTERNATIVE AVAILABLE
See our vegan menu for options and calorie information

Burger OF THE MONTH

PLEASE SEE OUR APP FOR DETAILS

EPIC BURGER AND A DRINK† 10.45

Choose beef patties 402 kcal**, buttermilk-coated chicken** 335 kcal **or grilled chicken breast** 130 kcal**, then pick your epic topper.**

BIG BULLEIT® BOURBON

With bacon, a burger cheese slice, Bulleit® Bourbon bacon & onion jam, onion rings and Bulleit® Bourbon BBQ sauce. +1022 kcal

COUCH POTATO
With beef in a smoky BBQ sauce, hash brown bar, burger cheese slice and spring onion. +923 kcal

HOUSE BURGER AND A DRINK† 8.45

Choose beef patties 402 kcal**, buttermilk-coated chicken** 335 kcal **or grilled chicken breast** 130 kcal**, then pick your house topper.**

BUFFALO SOLDIER
With bacon, a burger cheese slice and Frank's RedHot® Buffalo sauce. +740 kcal

THE MELT
With bacon, a burger cheese slice and BBQ sauce. +762 kcal

EASY CHEESY
With a burger cheese slice. +700 kcal

KEEP IT SIMPLE (VG) / (VG-M)*
Choose either a no-beef burger 958 kcal **or Louisiana Chick'n™ burger*** 915 kcal
With iceberg lettuce, chopped onion, gherkin, BBQ sauce and vegan mayo

HOT DOG / 7.45
PORK 971 kcal **OR MOVING MOUNTAINS® (VG)** 939 kcal
In a sub roll, with sweet & sour onion, ketchup and French's® mustard, served with fries and BBQ sauce.

LOAD IT WITH

MAC 'N' CHEESE AND CRISPY BACON +263 kcal **/ +1.50**
MAC 'N' CHEEZE (VG) +382 kcal **/ +1.25**

CHOICE OF FRIES

Skinny fries are served with all burgers and hot dogs – or switch to:

ANGRY FRIES (V) +165 kcal **/ +1.50**

SWEET POTATO FRIES (VG) +108 kcal **/ +1.00**

SWEET & SOUR PICKLED ONION FRIES (VG) +11 kcal **/ +1.00**

SALTED CHILLI FRIES (VG) +14 kcal **/ +1.00**

EXTRAS

- **BEEF PATTY** +201 kcal **/ +1.50**
- **BUTTERMILK-COATED CHICKEN** +335 kcal **/ +1.50**
- **GRILLED CHICKEN BREAST** +130 kcal **/ +1.50**
- **NO-BEEF BURGER (VG)** +288 kcal **/ +1.95**
- **LOUISIANA CHICK'N™ BURGER (VG-M)** +245 kcal **/ +1.95**
- **ONION RINGS** +186 kcal **/ +1.00**
- **BACON AND A BURGER CHEESE SLICE** +77 kcal **/ +1.45**
- **CRISPY BACON** +73 kcal **/ +75P**
- **BURGER CHEESE SLICE (V)** +41 kcal **/ +75P**

VEGAN ALTERNATIVE AVAILABLE
See our vegan menu for options and calorie information

DRINKS

Soft drink (included in price)
22oz glass of Diet Coke 2 kcal, Coke Zero Sugar 3 kcal or lemonade 103 kcal or a can of soft drink *Ask a team member to see our range of canned soft drinks and calorie information*

+1.00
Pint of Carling, Coors Light or cider (Inch's or Thatchers); 25ml Smirnoff Red, Jack Daniel's, Gordon's and mixer*

+1.50
Pint of Stella Artois, Birra Moretti, Brewdog Pale Ale or Strongbow Dark Fruit; 25ml Bulleit Bourbon, Ketel One, Gordon's Pink, Tanqueray, Sailor Jerry and mixer*

***Mixers**: Diet Coke, Coke Zero Sugar, lemonade or Fever-Tree bottle

YUM! DESSERTS!

BAKED COOKIE DOUGH (V) / 3.45

Gooey baked cookie dough, loaded with vanilla ice cream, rainbow chocolate drops and Belgian chocolate sauce. 1104 kcal

SWEET & SALTY DONUT STACK (V) / 3.45

Double dose of donuts, stacked with Nutella® hazelnut spread, vanilla ice cream, salted caramel sauce, mini salted pretzels, rainbow chocolate drops and Belgian chocolate sauce. 963 kcal

CHOCOLATE FUDGE CAKE (V) / 2.95

A wedge of rich, moist cake, layered with caramel and served with vanilla ice cream. 782 kcal

BIS-SCOFF IT (V) / 3.45

Lotus Biscoff® dessert, topped with vanilla ice cream, Belgian chocolate sauce and Lotus Biscoff® pieces. 800 kcal

VEGAN ALTERNATIVE AVAILABLE

See our vegan menu for options and calorie information

OREO® OVERLOAD DONUT STACK / 3.45

Double dose of donuts, stacked with Nutella® hazelnut spread, vanilla ice cream, Belgian chocolate sauce, Oreo® biscuit pieces, salted caramel sauce and mini marshmallows.

1053 kcal

TREAT YO'SELF TUESDAY

DONUT STACKS

2.00 EACH

EVERY TUESDAY

Tasty PLATES

BURRITO BOWL (V) / 6.95

Lightly spiced black bean & pepper rice, with salsa, guac, sweet & sour onion, jalapeño, sour cream, cheese sauce and coriander, served in a beet tortilla. 590 kcal

VEGAN ALTERNATIVE AVAILABLE

See our vegan menu for options and calorie information

ADD A TOPPER / +1.50

- **GRILLED CHICKEN BREAST** +130 kcal
- **BEEF IN SMOKY BBQ SAUCE** +140 kcal
- **SPICY BBQ 'NDUJA PORK MEATBALLS** +371 kcal
- **BBQ PULLED JACKFRUIT (VG)** +160 kcal
- **SMOKY SOYA SLOPPY JOE (VG)** +176 kcal
- **NO-CHICKEN NUGGETS (VG)** +227 kcal

EARTH BOWL (VG) / 8.45

Fresh leaf salad with lightly spiced black bean & pepper rice, with avocado, cucumber, beetroot, tomato, pomegranate, sweet & sour onion and spring onion, with a lemon & olive oil dressing. 498 kcal

ADD A TOPPER / +1.50

- **GRILLED CHICKEN BREAST** +130 kcal
- **NO-CHICKEN NUGGETS (VG)** +227 kcal

SOUTHERN-FRIED CHICKEN DUO / 7.45

Two pieces of crispy southern-fried chicken, popped chicken, fries, spring onion and Bulleit® Bourbon BBQ sauce. 884 kcal

ADD CHEESE & BACON +77 kcal **/ +1.45**

BBQ RANCH CHICKEN / 7.95

Grilled chicken breast topped with bacon, grated cheese, BBQ sauce and Bulleit® Bourbon bacon & onion jam, served with fries, onion rings and marinara sauce. 1192 kcal

CHICKEN RED THAI CURRY / 8.95

Coconut curry with grilled chicken breast, cauliflower, green beans and peppers, served with basmati rice, fresh chilli, pomegranate and coriander. 674 kcal

VEGAN ALTERNATIVE AVAILABLE

See our vegan menu for options and calorie information

Comfort food at its best, with a dressed salad on the side.

MAC 'N' CHEESE (V) / 6.95 737 kcal

VEGAN ALTERNATIVE AVAILABLE

See our vegan menu for options and calorie information

TOP YOUR MAC 'N' CHEESE / +1.50

CLUCKIN' HOT
Buttermilk-coated chicken, with Frank's RedHot® sauce, jalapeños and spring onion. +346 kcal

PATTY NO BUN
Beef burger with grated cheese, bacon, burger sauce and spring onion. +337 kcal

HOLY SMOKIN'
Beef in a smoky BBQ sauce, with spring onion and rocket. +96 kcal

'NDUJA MEATBALL
Spicy BBQ 'nduja pork meatballs with red chilli and spring onion. +376 kcal

JACK THE LAD (VG)
BBQ pulled jackfruit, with guac, jalapeños, vegan mayo and spring onion. +252 kcal

BIT ON THE SIDE

MAC 'N' CHEESE (V) 343 kcal **/ 2.95**

VEGAN ALTERNATIVE AVAILABLE

See our vegan menu for options and calorie information

CHEESY GARLIC BREAD (V) 425 kcal **/ 2.45**

SWEET & SOUR PICKLED ONION FRIES (VG) 416 kcal **/ 2.95**

SALTED CHILLI FRIES (VG) / 2.95
With red chilli, spring onion and coriander. 419 kcal

ANGRY FRIES (V) / 3.45

With crumbled Stilton®, blue cheese dressing, sweet & sour onion and Frank's RedHot® sauce. 570 kcal

SWEET POTATO FRIES (VG) 513 kcal **/ 2.95**

SKINNY FRIES (VG) 405 kcal **/ 2.45**

ONION RINGS 371 kcal **/ 2.45**

SIDE SALAD (VG) / 2.45
A dressed rocket, beetroot & sweet & sour onion mixed salad.
62 kcal

SMOOTHIES AND SHAKES

Protein

SMOOTHIES 3.25 EACH

ALL BLENDED WITH APPLE JUICE

FRUITASIA (V)
Blueberry, blackberry, banana, strawberry and protein pellets.
185 kcal | 1.3g fat | 36.5g carb | 4.3g protein

VEGGIE-NATOR (V)
Banana, protein pellets, spinach, kale, passion fruit, mango and broccoli.
188 kcal | 1.5g fat | 36.3g carb | 5.8g protein

SHAKES 3.45 EACH

BLENDED WITH MILK AND OUR AMAZING FRAPPÉ BASE

VANILLA (V)
215 kcal | 6.5g fat | 32.7g carb | 6.6g protein

STRAWBERRY (V)
235 kcal | 6.4g fat | 35.8g carb | 6.3g protein

CARAMEL (V)
243 kcal | 6.4g fat | 40.4g carb | 6.3g protein

ESPRESSO (V)
191 kcal | 5.6g fat | 30.2g carb | 4.9g protein

Fruit and veg

SMOOTHIES 2.95 EACH

ALL BLENDED WITH APPLE JUICE

BREAKFAST SMOOTHIE (VG)
Oats, banana, blueberry, raspberry and flaxseed.
371 kcal | 5.7g fat | 61.9g carb | 9.7g protein

AVO-GO GO (VG)

Avocado, broccoli, spinach, mango, coconut, ginger and lime.
202 kcal | 4.9g fat | 33.7g carb | 2.9g protein

BIG 5 (VG)
Pineapple, mango, kiwi and strawberry.
156 kcal | 0.4g fat | 36.7g carb | 1.3g protein

MELON REFRESHER (VG)
Melon, mango and strawberry.
130 kcal | 15.4g fat | 31.0g carb | 1.1g protein

KALE KICK (VG)
Kale, spinach and mango.
156 kcal | 0.5g fat | 37.5g carb | 2.6g protein

PASSION-SHOOT (VG)
Passion fruit, pineapple and mango.
158 kcal | 0.3g fat | 37.5g carb | 1.6g protein

STRAWBERRY SPLIT (VG)
Strawberry and banana.
189 kcal | 0.3g fat | 45.2g carb | 1.7g protein

DOWNLOAD OUR ORDER & PAY APP
more.
ANDROID APP ON Google play
Available on the iPhone App Store

Adults need around 2000 kcal a day.

Do you have any allergies?

Please inform staff of any allergies, before placing your order, even if you have ordered the dish/drink before,
as ingredients can change and menus do not list all ingredients.

Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes and drinks.

While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination.

All vegan cheese used in our dishes is non-dairy. Fish and poultry dishes may contain bones. All weights are approximate uncooked. Ingredients are based on standard product formulations, variations may occur, and calories stated (excluding drinks options) are subject to change. Prices are in pounds sterling and include VAT, at the current rate. We accept Delta, Maestro, Mastercard and Visa. All tips earned by our hard-working team members delivering great customer service are retained by them. As we process credit-card tips through our payroll, we are required to make statutory deductions. If a service charge is added to the bill, this is entirely discretionary and is paid to those employees providing the service. Subject to availability. Photography is for illustrative purposes only. Stonegate reserves the right to withdraw/change offers (without notice), at any time.

(V) Suitable for vegetarians. **(VG)** Suitable for vegans. **(VG-M)** Made with vegan ingredients; however,
produced in a factory which handles non-vegan ingredients, with a 'may contain' warning.

Please note that we do not operate a dedicated vegetarian/vegan kitchen area.