

# Breakfast

## THE FULL ENGLISH BREAKFAST 6.49

Two Cumberland sausages, two rashers of bacon, two fried free-range eggs, baked beans, hash browns, button mushrooms, grilled tomato and a slice of toast with butter. 1251 kcal

## THE FULL VEGGIE BREAKFAST (V) 5.79

Two Quorn™ sausages, two fried free-range eggs, baked beans, hash browns, button mushrooms, grilled tomato and a slice of toast with butter. 1039 kcal

## TRADITIONAL BREAKFAST 5.29

Cumberland sausage, bacon, fried free-range egg, baked beans, hash brown, button mushrooms and half a grilled tomato. 586 kcal

⊕ *Why not top up with toast +209 kcal for 99p?*

## EGGS BENEDICT 5.49

Toasted muffin, with bacon and poached free-range eggs, topped with Hollandaise sauce. 707 kcal

## AVOCADO ON TOAST (V) 5.29

With guacamole, poached free-range egg and slow-roasted tomatoes. 628 kcal

## BACON SANDWICH 3.49

665 kcal

## CUMBERLAND SAUSAGE SANDWICH 3.49

683 kcal

Vegetarian option available (V) 635 kcal

## WHITE OR BROWN TOAST (V) 2.49

White toast 419 kcal. Brown toast 424 kcal

With strawberry jam +76 kcal or honey +61 kcal

## EGGS ON TOAST (V) 3.49

Free-range eggs on white 209 kcal, or brown toast 212 kcal.

Choose poached +200 kcal fried +208 kcal or

scrambled +306 kcal

## Extras Add 99p

### FREE-RANGE EGG (V)

Poached 100 kcal. Fried 104 kcal. Scrambled 306 kcal.

### HASH BROWNS (V) 258 kcal

### BAKED BEANS (V) 78 kcal

### BACON 82 kcal

### BUTTON MUSHROOMS (V) 51 kcal

### GRILLED TOMATO (V) 18 kcal

### CUMBERLAND SAUSAGE 132 kcal

### QUORN™ SAUSAGE (V) 108 kcal

### TOAST (V)

White toast 209 kcal. Brown toast 212 kcal

## Hot Drinks

### POT OF TEA 2.29

Choose English breakfast with milk 59 kcal or ask a team member to see our selection of flavoured teas

### ESPRESSO 2.29

Small, dark, intense shot of black coffee. 1 kcal

### AMERICANO 2.29

A long, large coffee with milk. 46 kcal

### CAPPUCCINO 2.59

Espresso, topped equally with hot milk and froth. 82 kcal

### LATTE 2.59

Espresso, with steamed milk. 61 kcal

### HOT CHOCOLATE 2.99

Topped with cream and a dusting of cocoa. 258 kcal

*See our drinks menu for our range of soft drinks and juices available*

*Adults need around 2000 kcal a day.*

(V) Suitable for vegetarians. (VG) Suitable for vegans. (VG-M) Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. (V-M) Made with veggie ingredients; however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area.

### Do you have any allergies?

Full allergen information is available for all dishes. Please ask a team member, before you order your food and drink, as menus do not list all ingredients. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are '100% free from' allergens, owing to cross-contamination, as we do not have specific allergen-free zones in our kitchens; therefore, it is not possible to fully guarantee allergen separation. Even if you have eaten a dish previously, please inform staff of any food allergies, before placing your order, so that every precaution may be taken in the kitchen to prevent cross-contamination. We cannot guarantee that any dishes are free from nut traces. #Fish and poultry dishes may contain bones and/or shell. All weights are approximate uncooked. Ingredients are based on standard product formulations, variations may occur, and calories stated are subject to change. Photography is for illustrative purposes only. All products and offers are subject to availability. Offer cannot be used in conjunction with any other offer or promotion. Management reserves the right to refuse custom and/or withdraw/change offers (without notice), at any time. For full menu terms and conditions see main menu. Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SJ