

THE GABLE

— LONDON —

WHILE YOU PONDER

HONEY-&-MUSTARD-GLAZED SAUSAGES **6.75**

Juicy char-grilled Gloucester Old Spot sausages, tossed in a deliciously sticky wholegrain mustard & blossom honey glaze. 650 kcal

BREAD & OLIVES (VG) **3.75**

Fresh marinated olives, served with rustic bread, extra-virgin olive oil and balsamic vinegar from Modena. 511 kcal

STARTERS

HAM HOCK TERRINE **6.75**

Hearty ham hock & pea terrine, served with lightly toasted rustic bread, caramelised red onion chutney and a crunchy gherkin on the side. 444 kcal

FLASH-FRIED GARLIC KING PRAWNS **7.00**

Succulent king prawns, sautéed in garlic butter, lemon and sea salt, with lightly toasted rustic bread, drizzled in olive oil. 713 kcal

TOMATO BRUSCHETTA (VG) **6.00**

Ripe tomatoes, tangy red onion and crushed garlic on toasted rustic bread, finished with a drizzle of balsamic glaze, cracked black pepper and fresh basil leaves. 306 kcal

TOMATO & MOZZARELLA SALAD (V) **6.00**

Vibrant tomatoes and creamy mozzarella, seasoned with sea salt and cracked black pepper, finished with balsamic glaze and extra-virgin olive oil and garnished with freshly torn basil. 478 kcal

CRISPY CALAMARI **6.25**

Crisp golden fried calamari, lightly spiced, served with a citrusy lemon & chive mayonnaise and topped with tender green pea shoots and a lime slice for extra zing. 470 kcal

MAINS

10oz SIRLOIN **18.50**

Tender sirloin steak meticulously char-grilled to your liking, with crispy golden chips, beer-battered onion rings, juicy grilled tomato and flat mushroom. 1212 kcal

⊕ Add garlic king prawns +403 kcal or crispy calamari strips +153 kcal for 2.50

⊕ Add peppercorn & mushroom sauce (contains brandy) +163 kcal for 1.50

COD# & CHIPS **13.00**

Hand-battered flaky cod fillet, triple-cooked chunky chips and your choice of garden or mushy peas, with tartare sauce and zesty lemon on the side. 1209 kcal

Swap to mushy peas +36 kcal

⊕ Add white +265 kcal or malted bloomer bread +271 kcal and butter for 1.00

PAN-FRIED RED SNAPPER **14.50**

Crisp-skinned snapper with juicy garlic prawns, buttery leeks and roast baby potatoes. 805 kcal

BRITISH BEEF RIB STEAK BURGER **12.50**

Juicy char-grilled burger, topped with a melted cheese slice, honey-glazed bacon, tangy burger sauce and tomato ketchup, served in a toasted soft bun, packed with crisp iceberg lettuce and crunchy chopped onion and gherkin, with golden fries and sticky BBQ dipping sauce. 1098 kcal

BUTTERMILK-COATED FRIED CHICKEN BURGER **12.50**

Crispy chicken fillet, topped with a melted cheese slice, honey-glazed bacon and rich, silky mayonnaise, served in a toasted soft bun, packed with crisp iceberg lettuce and crunchy chopped onion and gherkin, with golden fries and sticky BBQ dipping sauce. 1599 kcal

CHICKEN SCHNITZEL **12.00**

Tender chicken breast, coated in crispy breadcrumbs, topped with a garlic & parsley glaze and served with chips and rocket leaves, freshly dressed in lemon & olive oil. 1519 kcal

GLOUCESTER OLD SPOT PORK SAUSAGE AND MASH **11.50**

Hearty char-grilled sausages, served with fluffy buttered mashed potato, glazed seasonal vegetables and a rich beef, red wine & onion gravy – comfort food at its best. 1030 kcal

TRUFFLE & ITALIAN HARD CHEESE GNOCCHI (V) **12.00**

Plump gnocchi, tossed with a warm salad of sweet slow-roasted tomato, crispy asparagus, baby spinach, almond pesto and toasted cashew nuts and finished with a drizzle of truffle-infused oil, shaved hard cheese and cracked black pepper. 749 kcal

MEAT-LESS BURGER (VG) **12.50**

Moving Mountains® plant-based burger, topped with vegan grated mature Violife, vegan mayo and tomato ketchup and served in a toasted soft bun, packed with crisp iceberg lettuce and crunchy chopped onion and gherkin, plus nachos with guacamole and spicy salsa on the side. 996 kcal

CAESAR SALAD **8.50**

Carefully layered salad of crisp Cos lettuce, Caesar dressing and fresh spring onion, topped with crunchy garlic croûtons, delicate pea shoots and a boiled free-range egg. 822 kcal

⊕ Add grilled chicken breast +198 kcal for 2.50

ROASTED RED PEPPER & RED ONION

MAC BAKE (VG) **12.00**

Delicious red onion & red pepper macaroni bake, topped with sweet, slow-roasted tomato and a splash of decadent black truffle-infused oil and served with a fresh salad of avocado, tomato, soya bean and onion, with zesty lemon & olive oil dressing on the side. 726 kcal

SIDES

FRIES (V) **3.00**

405 kcal

SWEET POTATO FRIES (V) **4.00**

513 kcal

TRIPLE-COOKED CHUNKY CHIPS (V) **3.00**

420 kcal

BEER-BATTERED ONION RINGS (V-M) **3.00**

397 kcal

GLAZED SEASONAL VEGETABLES (V) **3.00**

Buttered roasted carrot, savoy cabbage, spinach and soya beans, with cracked black pepper. 144 kcal

HOUSE SALAD (VG) **3.00**

Freshly chopped salad of mixed leaves, red pepper, spring onion, tomato, cucumber, soya beans, avocado, slow-roasted tomato and crispy onion, dressed in zingy lemon & olive oil. 176 kcal

DELIGHTFUL DESSERTS

CLASSIC STICKY TOFFEE PUDDING (V) **5.50**

Irresistible warm sponge with lashings of homemade toffee sauce, topped with indulgent clotted cream & fudge ice cream and sprinkled with a granola & almond crumb. 982 kcal

CHOCOLATE BROWNIE (V) **5.50**

Mouth-watering tray-baked chocolate brownie, topped with a perfect scoop of Jude's Very Vanilla ice cream® and finished with rich Belgian chocolate sauce and crunchy granola crumbs with almond flakes. 796 kcal

BAKED CHEESECAKE (V) **5.50**

Sinfully delicious vanilla-flavour New York cheesecake. Rich, velvety topping on an oaty biscuit base, served with a scoop of vanilla ice cream and fresh strawberries. 447 kcal

CHOCOLATE-ORANGE TORTE (VG) **5.50**

Luscious brownie base topped with smooth chocolate-orange-style mousse and chocolate crumbs, served with Belgian chocolate sauce and vanilla non-dairy ice cream. 495 kcal

CHEESE PLATE (V) **6.50**

Blue Stilton®, Taw Valley mature Cheddar and Camembert, served with fresh grapes, crunchy celery, caramelised red onion chutney and crispy Carr's water biscuits. 840 kcal

Adults need around 2000 kcal a day.

DO YOU HAVE ANY ALLERGIES?

Full allergen information is available for all dishes. Please ask a team member before ordering food and drinks, as menus do not list all ingredients.

We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are '100% free from' allergens, owing to cross-contamination, as we do not have specific allergen-free zones in our kitchens; therefore, it is not possible to fully guarantee separation of allergens. Please inform a team member about any food allergies before ordering food, even if you have eaten a dish previously, so that every precaution can be taken in the kitchen to prevent cross-contamination. We cannot guarantee that any dishes are free from nut traces. All weights are approximate uncooked. Ingredients are based on standard product formulations, variations may occur, and calories stated are subject to change. All products and offers are subject to availability. Management reserves the right to refuse custom and/or withdraw/change offers (without notice), at any time. Prices include VAT, at the current rate. At Stonegate Pub Company, all tips earned by our hard-working team members, from delivering great customer service, are retained by them. As we process credit-card tips through our payroll, we are required to make statutory deductions. If a service charge is added to the bill, this is entirely discretionary and is paid to those team members providing the service. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (V) Suitable for vegetarians. (VG) Suitable for vegans. (V-M) Made with vegetarian ingredients; however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. *Fish and poultry dishes may contain bones. Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands, B90 4SJ